

Seeded vacuum decay in cold atoms

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Based on [T. Billam, R. Gregory, FM, I. Moss, arXiv:1811.09169]

BEC with a false vacuum [*O. Fialko et al '16*] (see Ian Moss' talk)

Setup:

- ▶ Two-components BEC (atoms with two different spin states)
- ▶ Coupling through time-dependent radio-frequency field

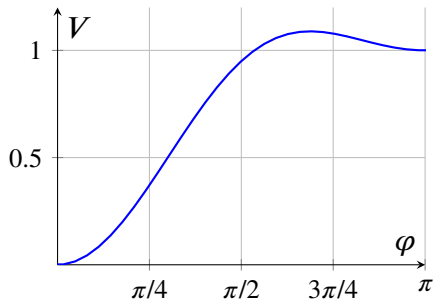
Hamiltonian:

$$\hat{H} = \sum_{\sigma=\pm 1} \left[\int \hat{\psi}_{\sigma}^{\dagger} \left(-\frac{\hbar^2 \nabla^2}{2m} - \mu \right) \hat{\psi}_{\sigma} d^d x + \frac{g}{2} \int \hat{\psi}_{\sigma}^{\dagger} \hat{\psi}_{\sigma}^{\dagger} \hat{\psi}_{\sigma} \hat{\psi}_{\sigma} d^d x \right. \\ \left. - v(t) \int \hat{\psi}_{\sigma}^{\dagger} \hat{\psi}_{1-\sigma} d^d x \right]$$

Canonical commutation relations

$$\left[\hat{\psi}_{\sigma}^{\dagger}(\vec{x}), \hat{\psi}_{\bar{\sigma}}(\vec{y}) \right] = \delta_{\sigma, \bar{\sigma}} \delta(\vec{x} - \vec{y})$$

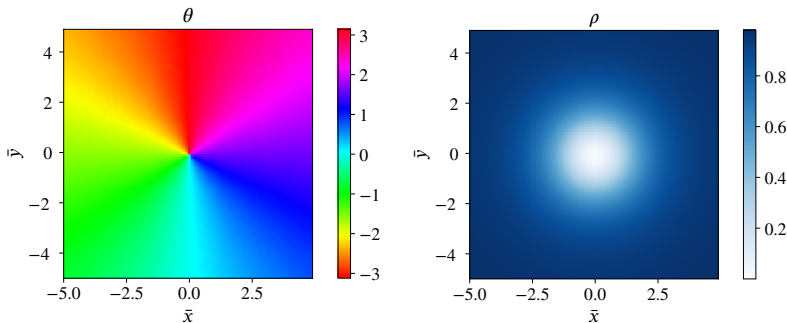
Testing vacuum decay with a nonrelativistic BEC (see Ian Moss' talk)



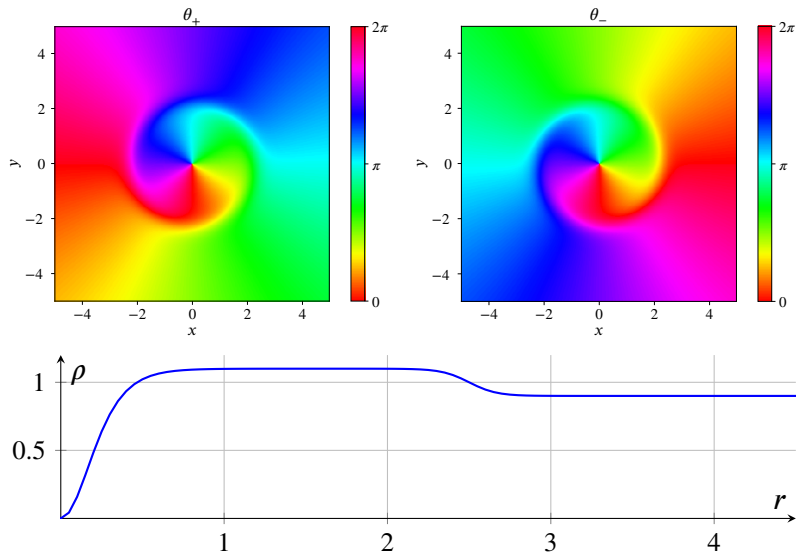
- ▶ System: two-component BEC with a time-dependent radio-frequency coupling
- ▶ Parameters chosen to have two minima \rightarrow true and false vacua
- ▶ Relativistic instanton approach to compute the decay rate

Seeded vacuum decay: motivation

- ▶ $\Gamma \propto e^{-S_E/\hbar} \Rightarrow$ very small decay rate in general
- ▶ relativistic case: a defect can efficiently catalyze the decay [*R. Gregory, I. Moss, B. Withers '13*], [*N. Oshita, M. Yamada, M. Yamaguchi '19*]
→ similar effect in the analogue model?
- ▶ test of this idea: compute the decay rate with a vortex



Instanton with vortex: qualitative picture



Adding a vortex

Two new difficulties:

- ▶ $\rho_+, \rho_- \rightarrow 0$ in the vortex core \Rightarrow Need to include density fluctuations
- ▶ Largest effects expected for small bubbles \Rightarrow Need to include higher-order terms in $\partial_r \varphi$

Back to the full field equations

$$\begin{cases} \frac{\hbar^2}{2m} \nabla^2 \psi_i + i \hbar \partial_t \psi_i - \frac{\partial V}{\partial \bar{\psi}_i} = 0 \\ \frac{\hbar^2}{2m} \nabla^2 \bar{\psi}_i + i \hbar \partial_t \bar{\psi}_i - \frac{\partial V}{\partial \psi_i} = 0 \end{cases}$$

+ Wick rotation \rightarrow look for instanton solutions?

Nonrelativistic case: naive Wick rotation

Let us try the usual Wick rotation $t \rightarrow \tau = it$:

Field equations in real time:

$$\begin{cases} i\hbar\partial_t\psi_i = -\frac{\hbar^2}{2m}\nabla^2\psi_i + \frac{\partial V}{\partial\psi_i} \\ -i\hbar\partial_t\bar{\psi}_i = -\frac{\hbar^2}{2m}\nabla^2\bar{\psi}_i + \frac{\partial V}{\partial\bar{\psi}_i} \end{cases}$$

Field equations in Euclidean time:

$$\begin{cases} -\hbar\partial_\tau\psi_i = -\frac{\hbar^2}{2m}\nabla^2\psi_i + \frac{\partial V}{\partial\psi_i} \\ \hbar\partial_\tau\bar{\psi}_i = -\frac{\hbar^2}{2m}\nabla^2\bar{\psi}_i + \frac{\partial V}{\partial\bar{\psi}_i} \end{cases}$$

→ Equations in Euclidean time consistent only if $\partial_\tau\psi_i = 0 \rightarrow$ no nontrivial instanton

Generalized Wick rotation

Idea: deform the integration contour into a wider region of complex function space where $\bar{\psi}_i$ is not the complex-conjugate of ψ_i

2D two-components BEC with a vortex:

$$\psi_i = \rho_m^{1/2} (1 \pm \epsilon \sigma) e^{\pm i \varphi/2 + i n \theta}$$

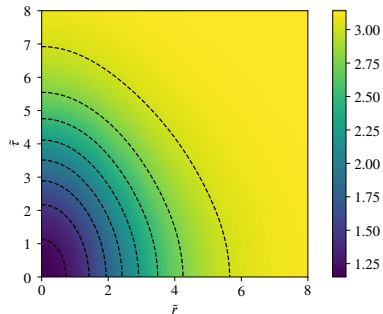
$$\bar{\psi}_i = \rho_m^{1/2} (1 \pm \epsilon \sigma) e^{\mp i \varphi/2 - i n \theta}$$

ϵ : parameter describing the coupling between the fields

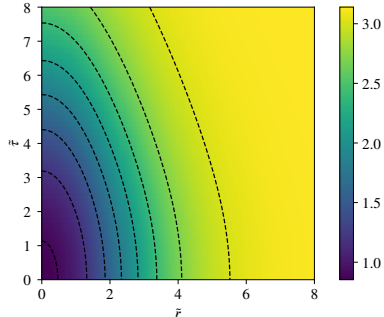
n : winding number

Leading order in ϵ : $\sigma \in i\mathbb{R} \rightarrow \bar{\psi}_i \neq \psi_i^*$

Two examples of solutions

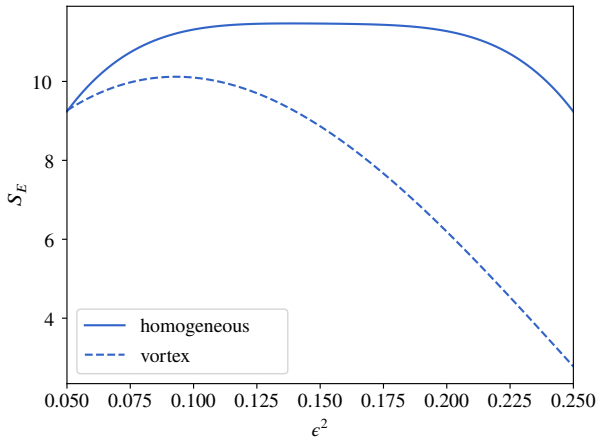


$$\Delta \tilde{S}_E \approx 19.3$$



$$\Delta \tilde{S}_E \approx 13.8$$

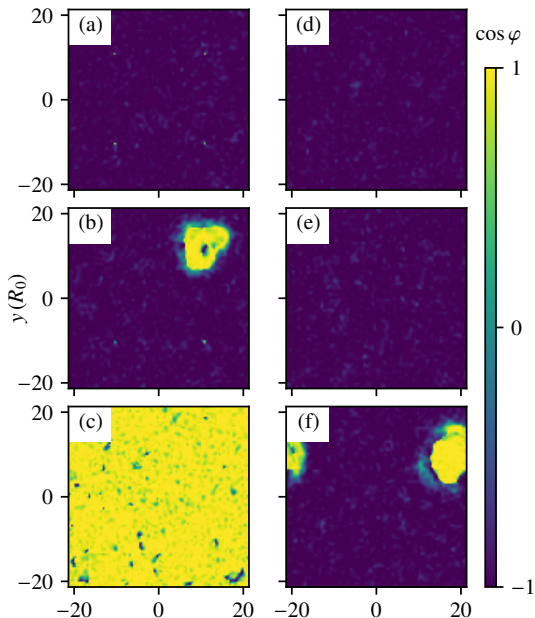
Results for the decay rate



Truncated Wigner approach

- ▶ Idea: Perform many classical simulations with random initial conditions mimicking the statistics of the false vacuum
- ▶ Similar to the approach of [*Braden et al. '18*], [*Braden et al. '19*]
- ▶ Two set-ups: periodic vortex array and circular trap

Numerical results: periodic array of vortices

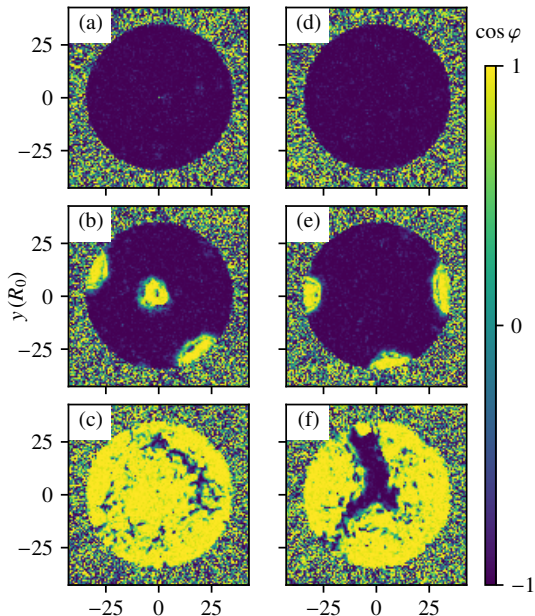


▶ with vortices →
bubbles form (nearly)
always around one
vortex

▶ without vortices →
nucleation happens
significantly later

run

Numerical results: circular trap



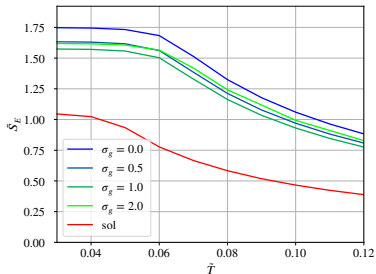
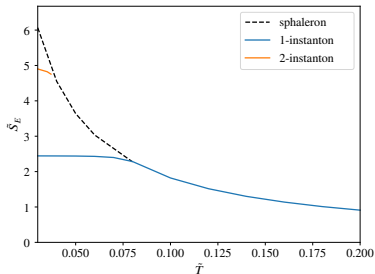
▶ no vortex → bubbles form (nearly) exclusively on the walls

▶ with vortex → the vortex can nucleate a bubble

run

Thermal case (work in progress)

1D case, comparison of the Euclidean actions in the homogeneous case, with a potential defect, and with a soliton



How exactly is this related to *relativistic* vacuum decay?

Experimentally realistic model?

Thank you for your attention!