

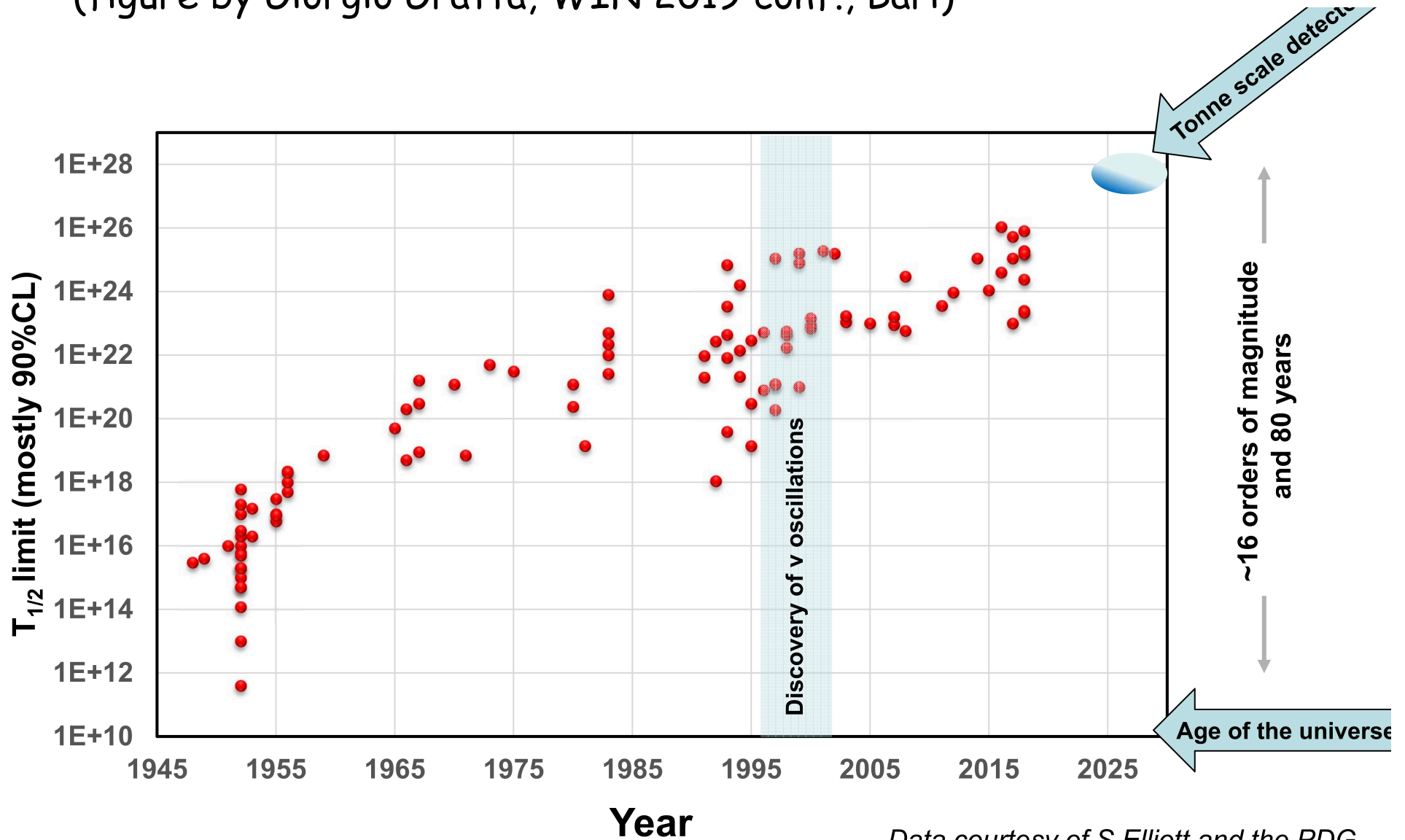
Introduction to $0\nu\beta\beta$ decay - Theory

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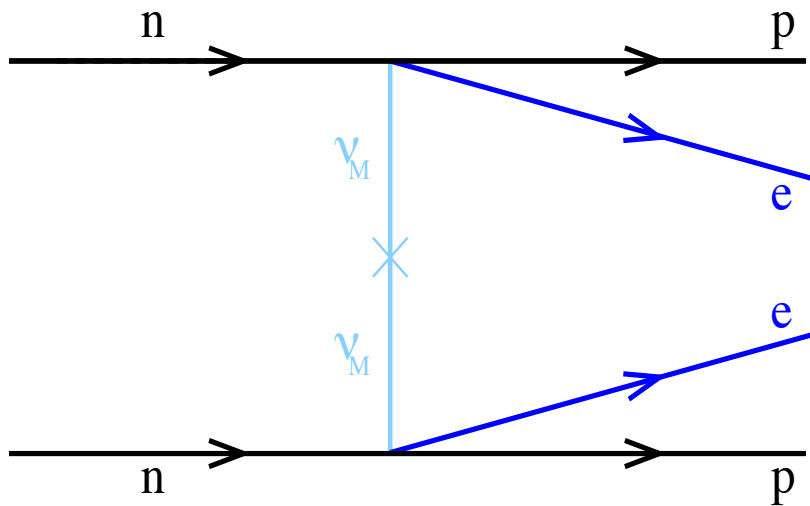
ECT, Trento, July 15, 2019

The history of $0\nu\beta\beta$ decay experiments in one slide

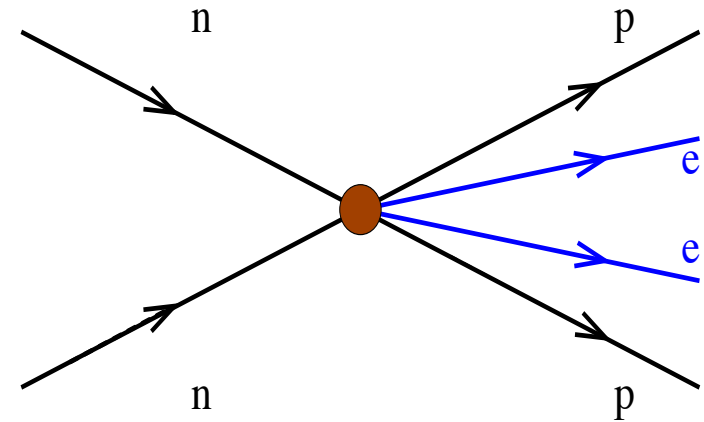
(figure by Giorgio Gratta, WIN 2019 conf., Bari)



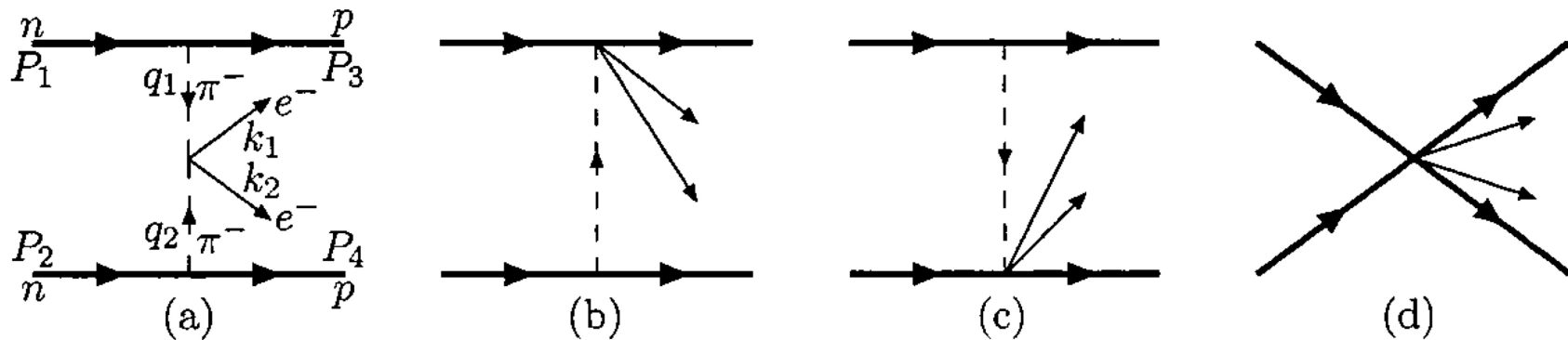
Data courtesy of S.Elliott and the PDG



A formal picture of the $0\nu\beta\beta$ decay. Since it is assumed that the exchanged Neutrino is light, the corresponding range is long. Neutrino mass here is associated with the **See-saw type I** mechanism and $m_\nu \sim v^2/M_N$, where M_N is the very heavy sterile neutrino mass.



Another possibility involves an exchange of some heavy, often new, particle. This is therefore effectively a contact four nucleon vertex. The physics of this type of lepton number violation is present in the **See-saw type II** or **type III** models.



EFT is often used when treating matrix elements of the short range operators. One can then express the various contributions as expansion in different powers of the parameter p/Λ_H , where $\Lambda_H = 4\pi f_\pi \sim 1 \text{ GeV}$.

Figure from Prezeau, Ramsey-Musolf and Vogel, Phys. Rev D **68**, 034016 (2003)

Calculated $M^{0\nu}$ by different methods (color coded)
 The spread of the $M^{0\nu}$ values for each nucleus is ~ 3 . On the other hand, there is relatively little variation from one nucleus to the next.
 (Remember the ``provocative'' paper by Bahcall, Muryama, and Pena-Garay (2003))

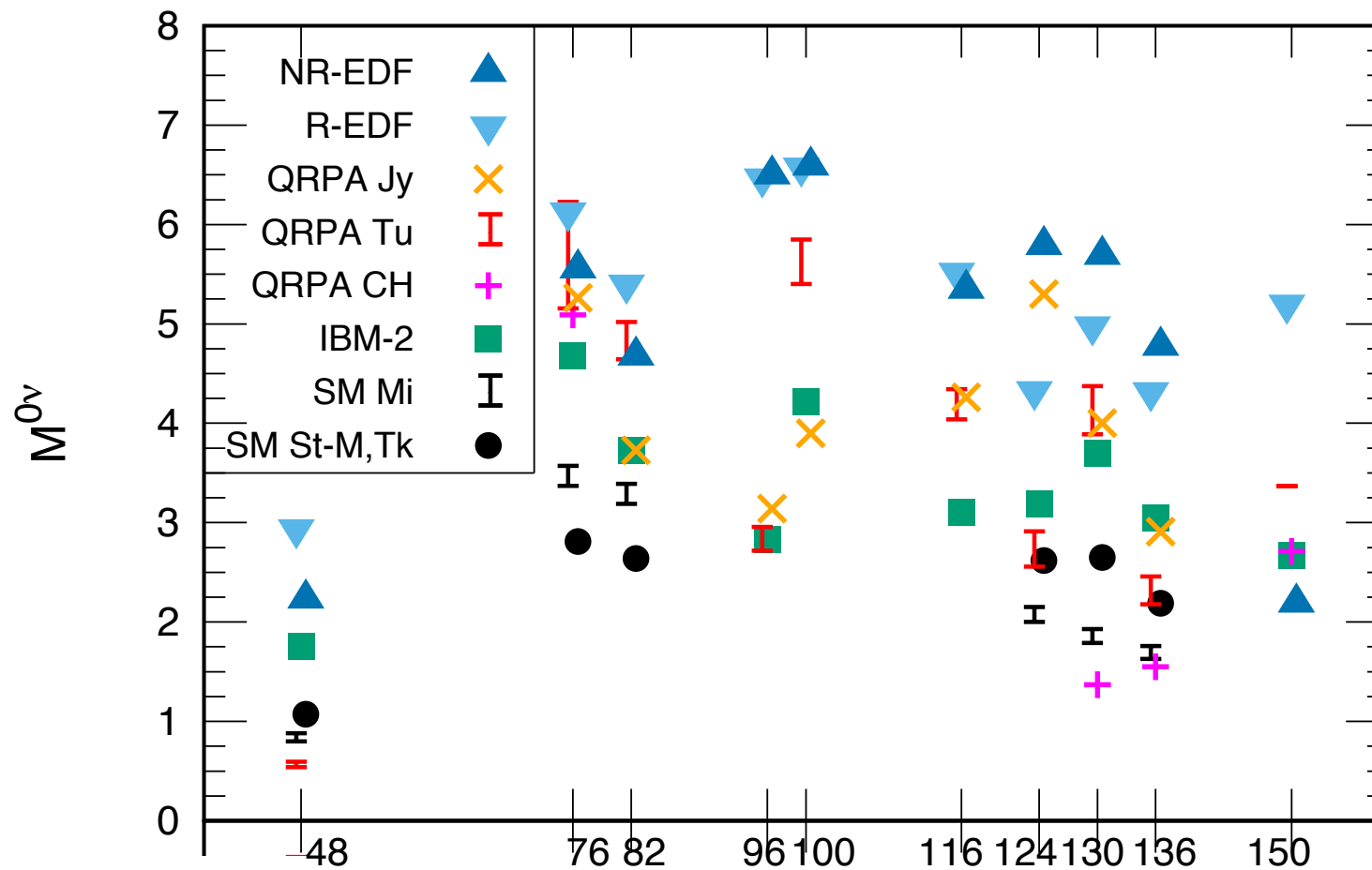


Figure from review by Engel and Menendez (2017)

Quite generally the double beta decay nuclear matrix element consists of three parts:

$$M^{0\nu} = M_{\text{GT}}^{0\nu} - \frac{M_F^{0\nu}}{g_A^2} + M_T^{0\nu} \equiv M_{\text{GT}}^{0\nu}(1 + \chi_F + \chi_T),$$

The Gamow-Teller part $M_{\text{GT}}^{0\nu}$ is the dominant one. When treated in the closure approximation it is

$$M_{\text{GT}}^{0\nu} = \langle f | \sum_{lk} \sigma_l \cdot \sigma_k \tau_l^+ \tau_k^+ H(r_{lk}, \bar{E}) | i \rangle,$$

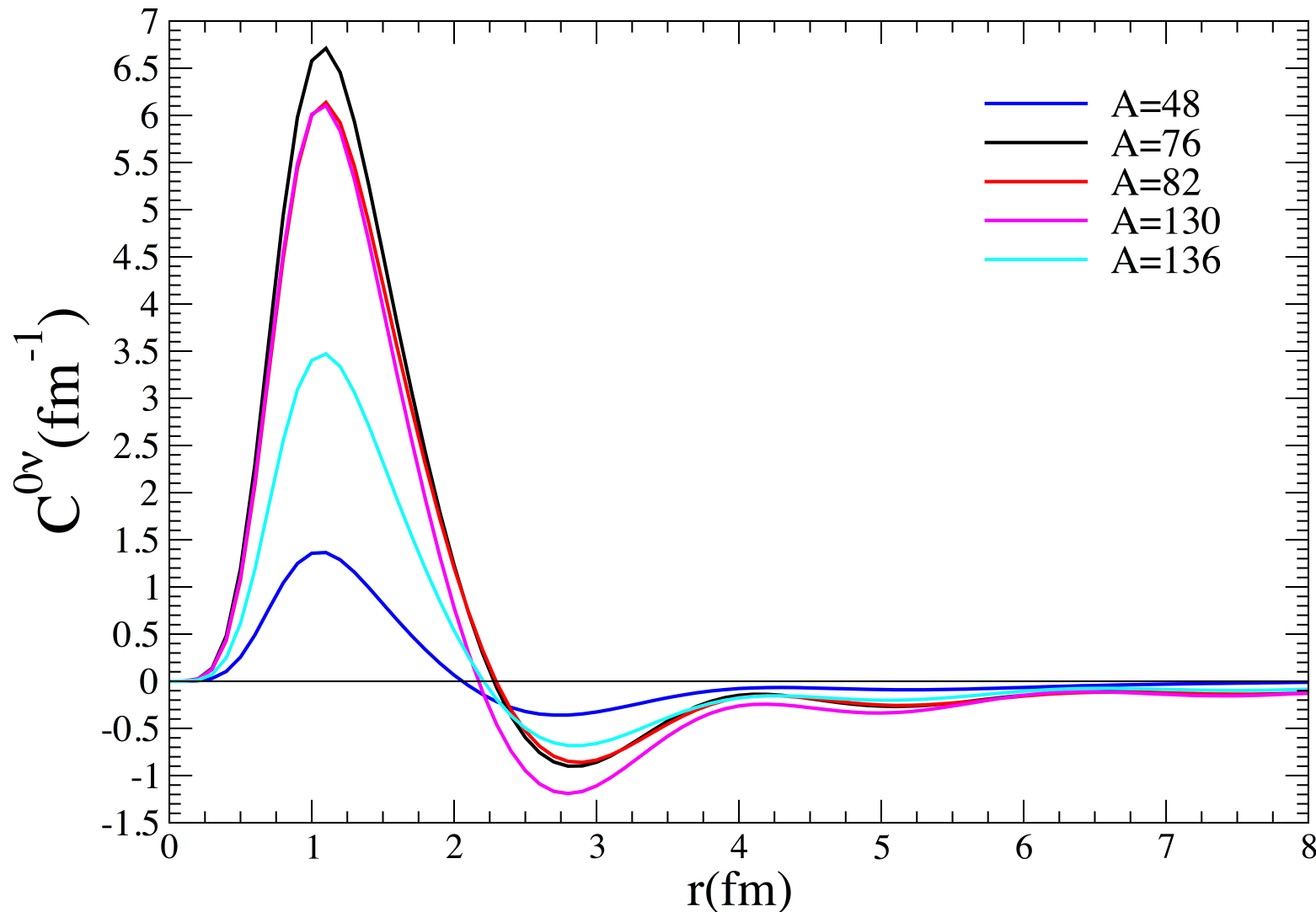
How does the matrix element $M_{\text{GT}}^{0\nu}$ depend on the distance between the two neutrons that are transformed into two protons? This is determined by the function $C_{\text{GT}}^{0\nu}(r)$

$$C_{\text{GT}}^{0\nu}(r) = \langle f | \sum_{lk} \sigma_l \cdot \sigma_k \tau_l^+ \tau_k^+ \delta(r - r_{lk}) H(r_{lk}, \bar{E}) | i \rangle,$$

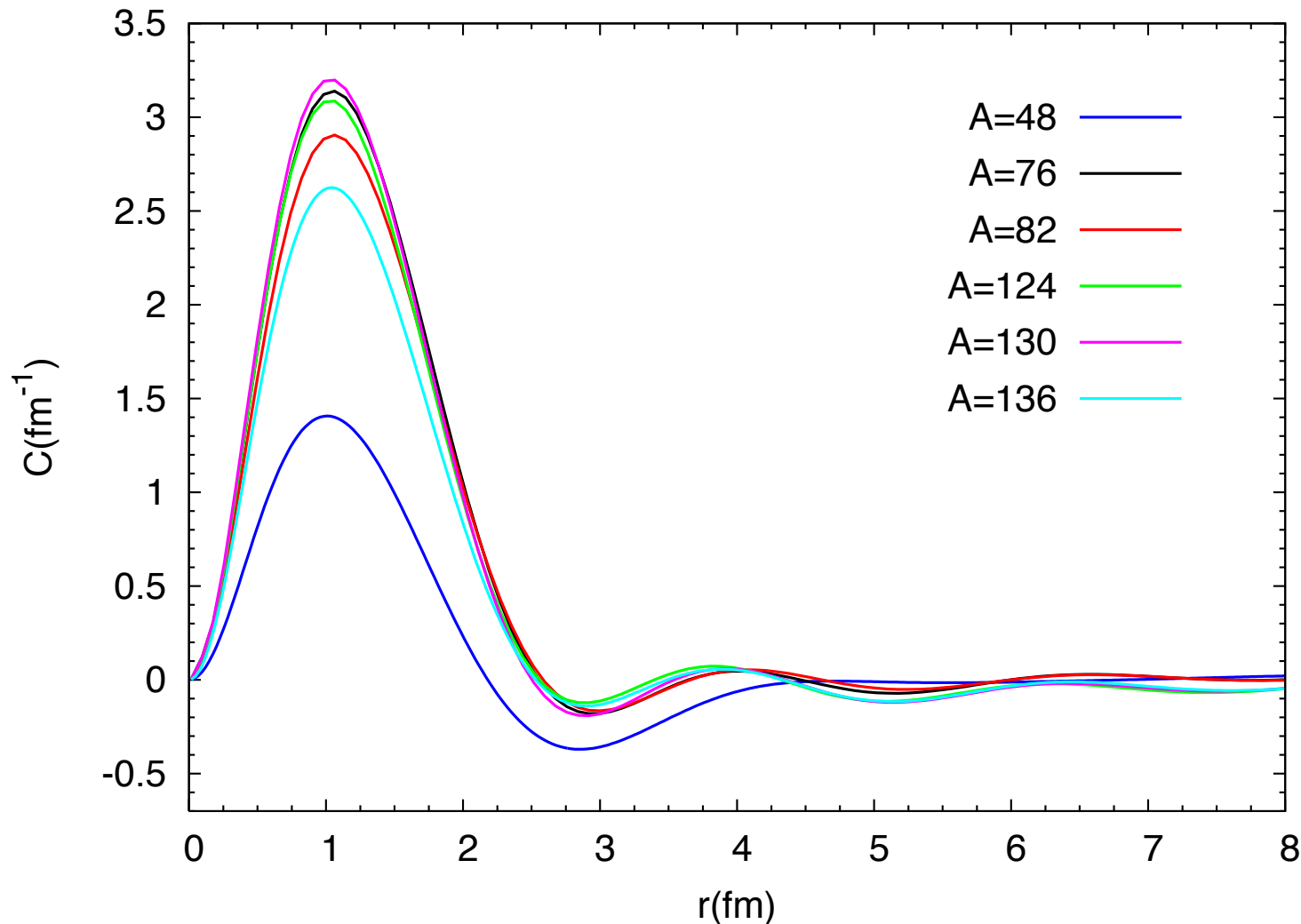
It is normalized by the obvious relation $M_{\text{GT}}^{0\nu} = \int_0^\infty C_{\text{GT}}^{0\nu}(r) dr$,

Thus, if we could somehow determine $C(r)$ we could simply obtain $M^{0\nu}$.

Function $C^{0\nu}(r)$ evaluated in QRPA in the "standard scenario".
Note the peak at $\sim 1\text{fm}$. There is little contribution from $r > 2-3\text{ fm}$.
The functions for different nuclei look very similar, essentially universal.
The magnitude of $M^{0\nu}$ is determined basically by the height of the peak.

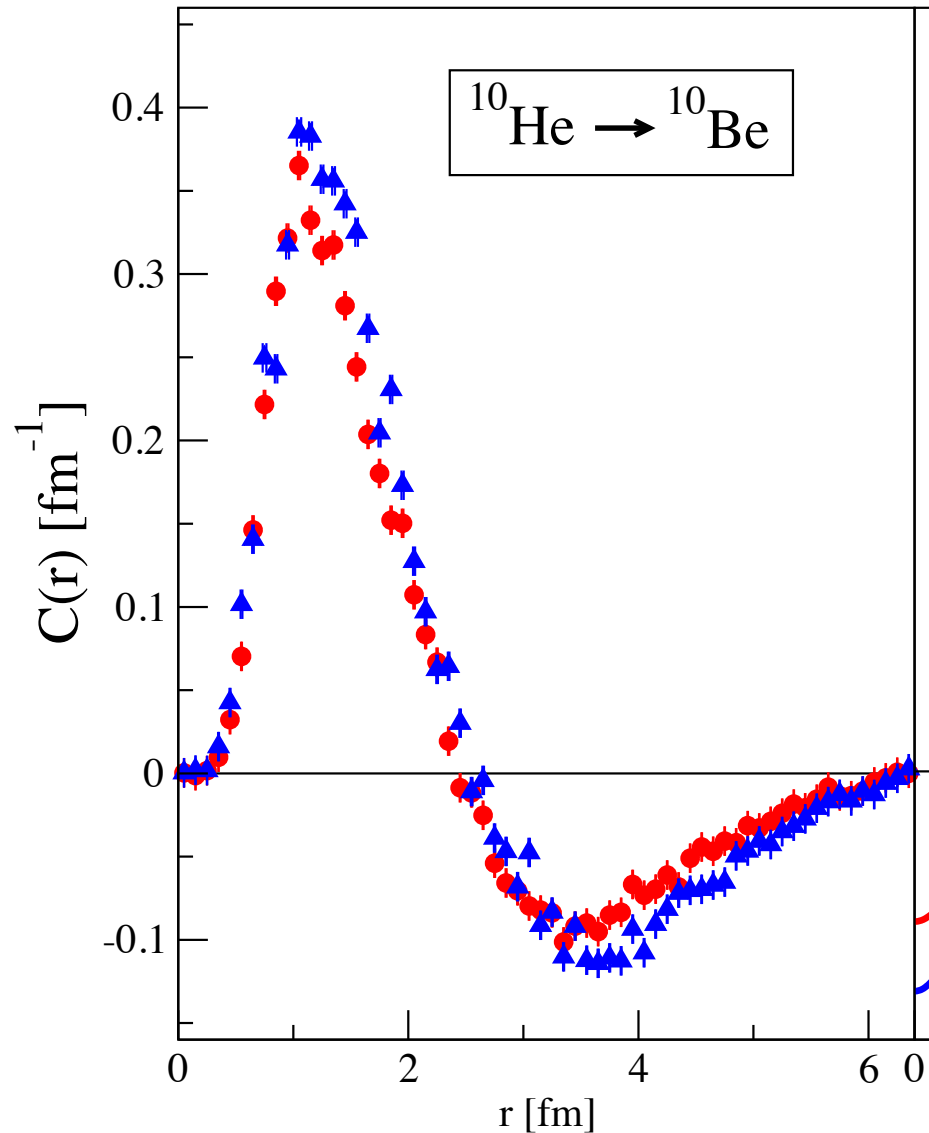


Now $C(r)$ evaluated in the nuclear shell model. All relevant features look the same as in QRPA despite the very different way the equations of motion are formulated and solved. The peak heights are, naturally, different given the different values of the matrix elements in NSM and QRPA.



From Menendez
et al, Nucl. Phys.
A818, 130 (2009)

$C(r)$ for the hypothetical $0\nu\beta\beta$ decay of ^{10}He .



The calculation was performed using the *ab initio* variational Monte-Carlo method. So most of the approximations inherent in NSM or QRPA are avoided. Yet the $C(r)$ function looks, at least qualitatively, very similar to the results shown before.

We can conclude, therefore, that the shape of $C(r)$ is “universal”, independent of the way the nuclear wave functions are evaluated, thus it is very likely “correct”.

Lets consider once more the GT m.e. for $0\nu\beta\beta$

$$M_{GT}^{0\nu} = \langle f | \sum_{lk} \sigma_l \cdot \sigma_k \tau_l^+ \tau_k^+ H(r_{lk}, \bar{E}) | i \rangle,$$

If we remove from the operator the neutrino potential $H(r,E)$ we obtain the matrix element of the double GT operator connecting the ground states of the initial and final nuclei. The same operator would be responsible for the $2\nu\beta\beta$ decay if it would be OK to treat it in the closure approximation. It is also a component of the ``double GT'' strength function for the initial nucleus $|i\rangle$.

$$M_{cl}^{2\nu} \equiv \langle f | \sum_{lk} \sigma_l \cdot \sigma_k \tau_l^+ \tau_k^+ | i \rangle,$$

In reality, the closure approximation is not good for the $2\nu\beta\beta$ decay, but we can still consider the corresponding value if we somehow can guess the correct average energy denominator.

The correct expression for $M^{2\nu}$ includes energy denominators

$$M^{2\nu} = \sum_m \frac{\langle f || \sigma \tau^+ || m \rangle \langle m || \sigma \tau^+ || i \rangle}{E_m - (M_i + M_f)/2},$$

We can define the radial function $C_{cl}^{2\nu}(r)$ for the $M_{cl}^{2\nu}$ same way as for the genuine $M^{0\nu}$ matrix element, thus

$$C_{cl}^{2\nu}(r) = \langle f | \sum_{lk} \sigma_l \cdot \sigma_k \delta(r - r_{lk}) \tau_l^+ \tau_k^+ | i \rangle,$$

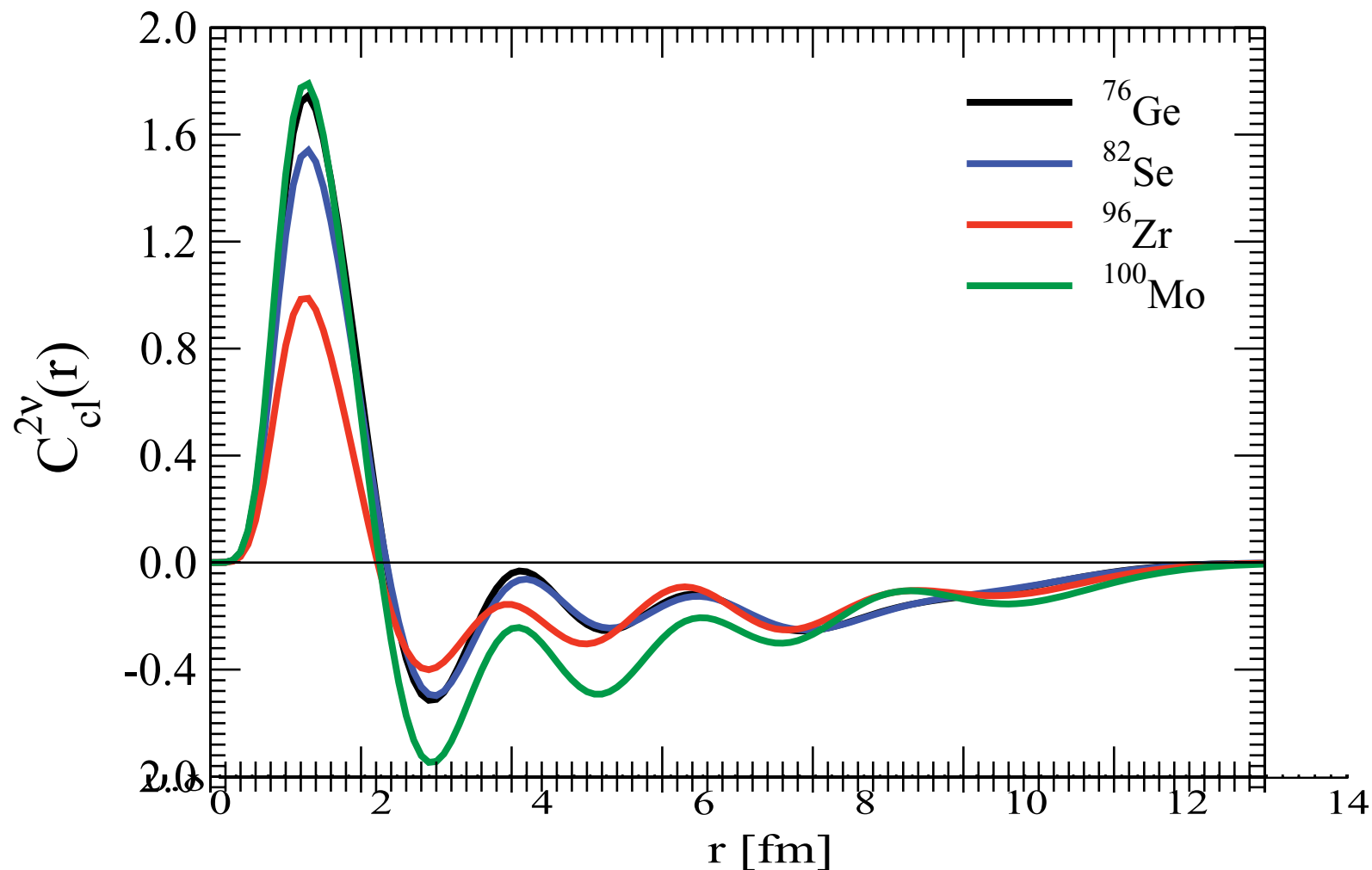
$$M_{cl}^{2\nu} = \int_0^\infty C_{cl}^{2\nu}(r) dr.$$

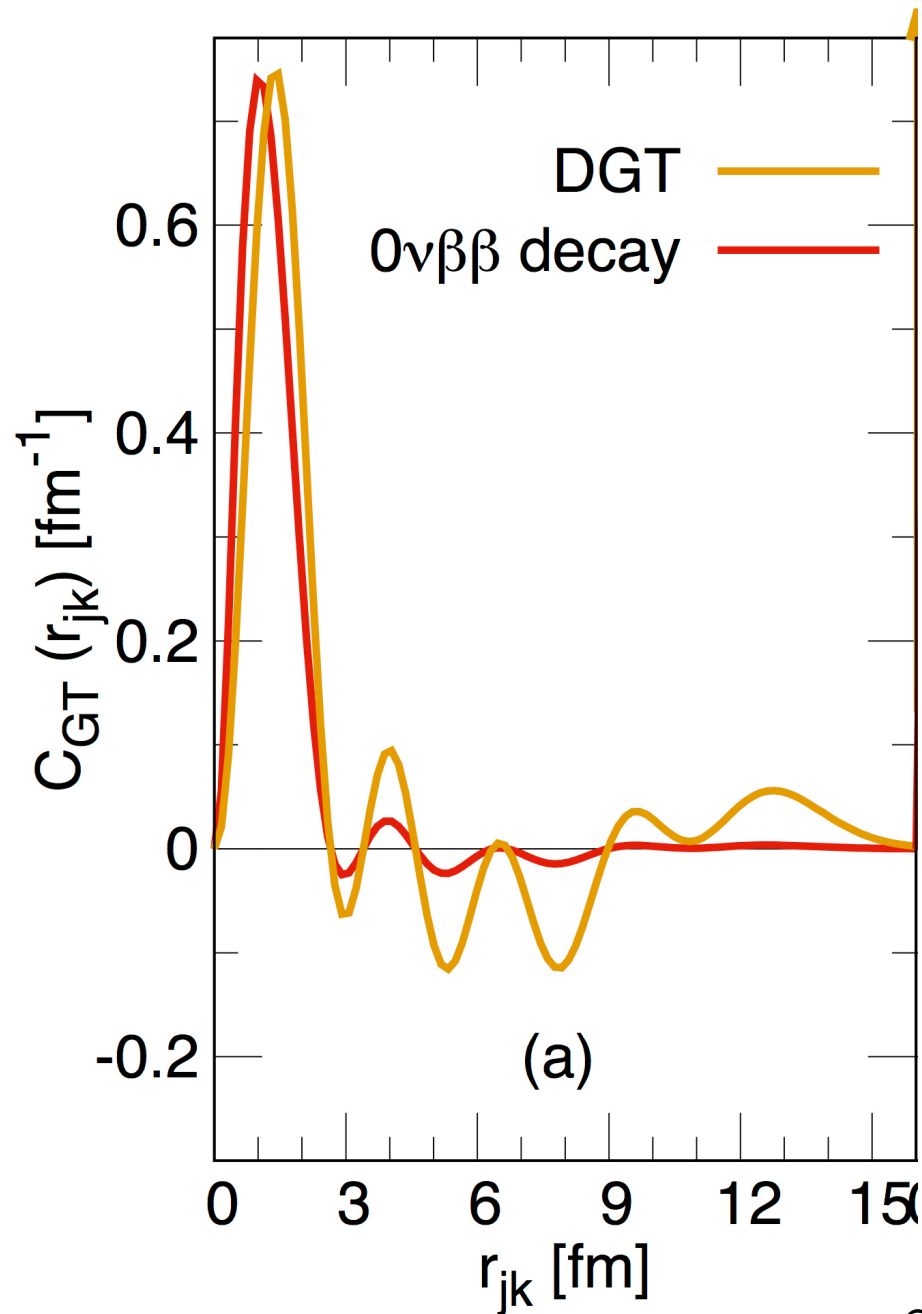
It is now clear that, at least formally, the following equality holds:

$$C^{0\nu}(r) = H(r, E_0) C_{cl}^{2\nu}(r), \text{ while } M_{GT}^{0\nu} = \int_0^\infty C_{GT}^{0\nu}(r) dr,$$

So, if we can somehow determine the function $C_{cl}^{2\nu}(r)$ we will be able to determine $C^{0\nu}(r)$ and thus also the ultimate goal, the $M^{0\nu}$. And, moreover, this is so for **any neutrino potential**. Thus, evaluation of $M^{0\nu}$ is reduced to a simple integral, provided any one of the functions $C(r)$ is known. All of such $M^{0\nu}_i$ are then consistent and easily evaluated.

Here are the functions $C_{cl}^{2\nu}(r)$ evaluated with QRPA for several nuclei. The peak at small r is essentially compensated by the substantial tail at larger r , thus $M_{GTcl}^{2\nu}$ is very small. Besides, the $C_{cl}^{2\nu}(r)$ depends strongly on the nuclear parameters used, thus it is rather uncertain, particularly its tail at $r > 2\text{fm}$.



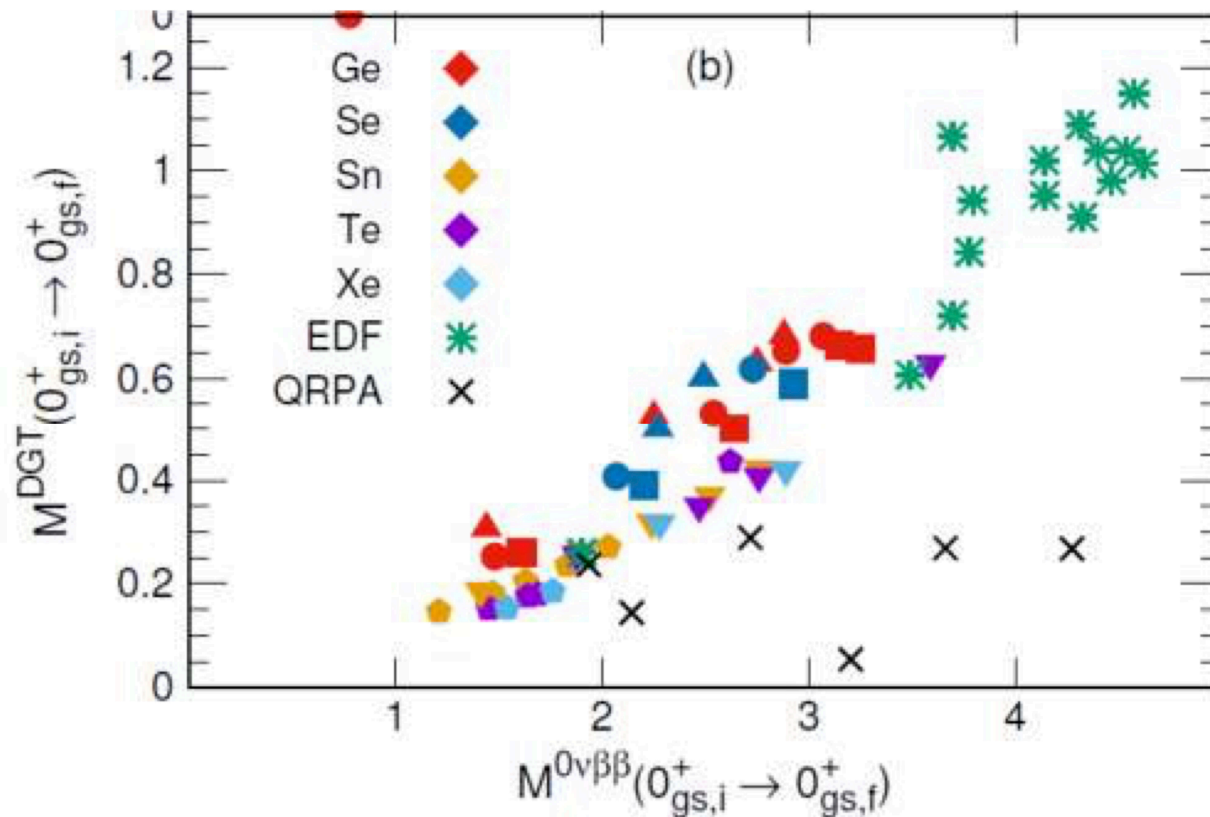


For comparison, the $C(r)$ function for ^{136}Xe evaluated in the NSM by Shimizu et al. The yellow line corresponds to the $C^{2\nu}_{cl}(r)$. It is somewhat similar to the corresponding QRPA curve. However, differences are expected due to the absence of the giant GT state in the NSM in this case.

In particular, the area under the tail at $r > 2$ fm is less and does not compensate for the peak area.

There is a fundamental difference between the $M_{cl}^{2\nu}$ evaluated in the NSM and QRPA. The NSM results are substantially larger than the QRPA ones. The figure is from Shimizu et al, Phys. Rev. Lett. **120**, 142502(2018), we believe now, see Simkovic et al., Phys. Rev. **C98**, 064325 (2018), that the ``natural'' value of $M_{cl}^{2\nu}$ should be $M_{cl}^{2\nu} = 0$.

So, who is right?



$^{74-82}\text{Ge}$, $^{74,76}\text{Se}$, $^{124-132}\text{Sn}$,
 $^{128-130}\text{Te}$, $^{134,136}\text{Xe}$

SM: shell model
 GCN2850, jj44b,
 JUN45,
 GCN5082,QX

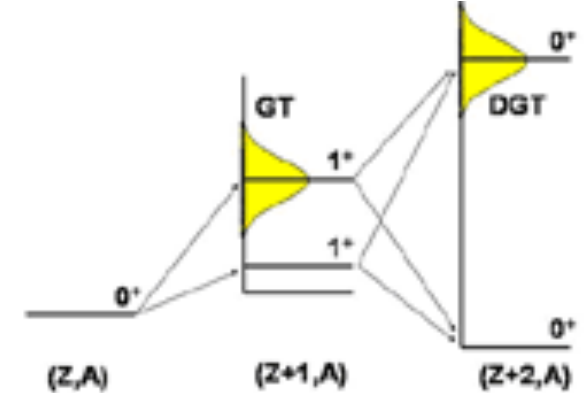
EDF: Gogny+GCM
 Rodriguez *et al.*,
 PLB719 174 (2013)

QRPA: AV18+G-matrix
 F. Simkovic *et al.*,
 PRC83, 015502 (2011).

$M_{GT}^{2\nu}$ and $M_{GT-cl}^{2\nu}$ can be, in principle, experimentally determined

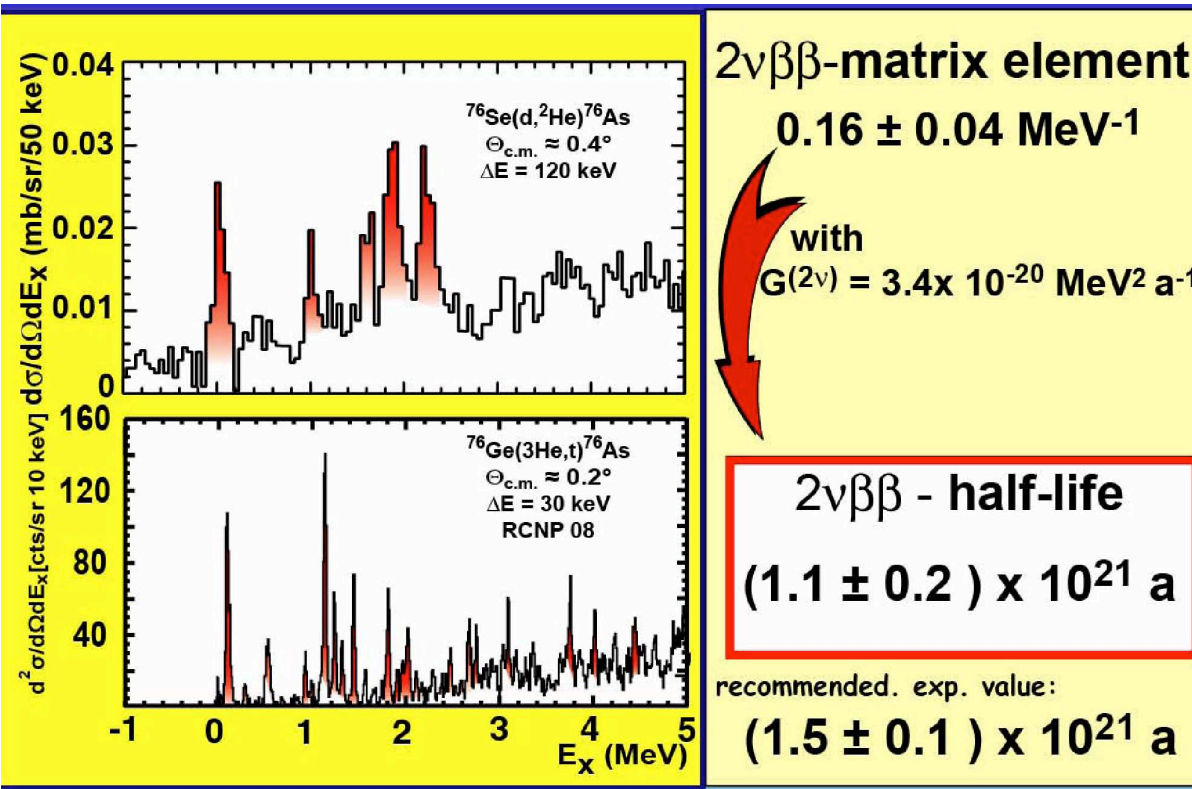
Cross sections of $(t, {}^3\text{He})$ and $(d, {}^2\text{He})$ reactions give $B(GT^\pm)$ for β^+ and β^- ; products of the amplitudes $(B(GT)^{1/2})$ entering the numerator of $M_{GT}^{2\nu}$

$$M_{GT}^{2\nu} = \sum_m \frac{M_{GT}^{(+)}(m) M_{GT}^{(-)}(m)}{Q_{\beta\beta}/2 + m_e + E_x(1_m^+) - E_0}$$

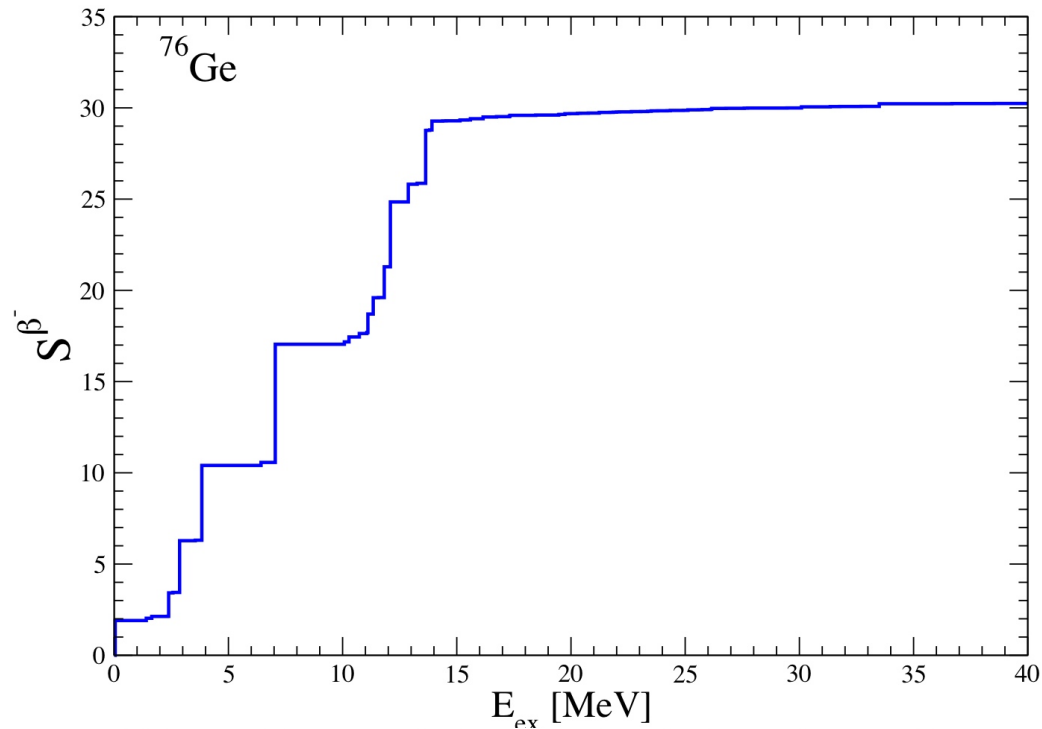


The β^- strength is dominated by the giant GT resonance. However, the β^+ strength is concentrated at low energy, little (but unknown) strength to the giant.

Closure $2\nu\beta\beta$ -decay
NME

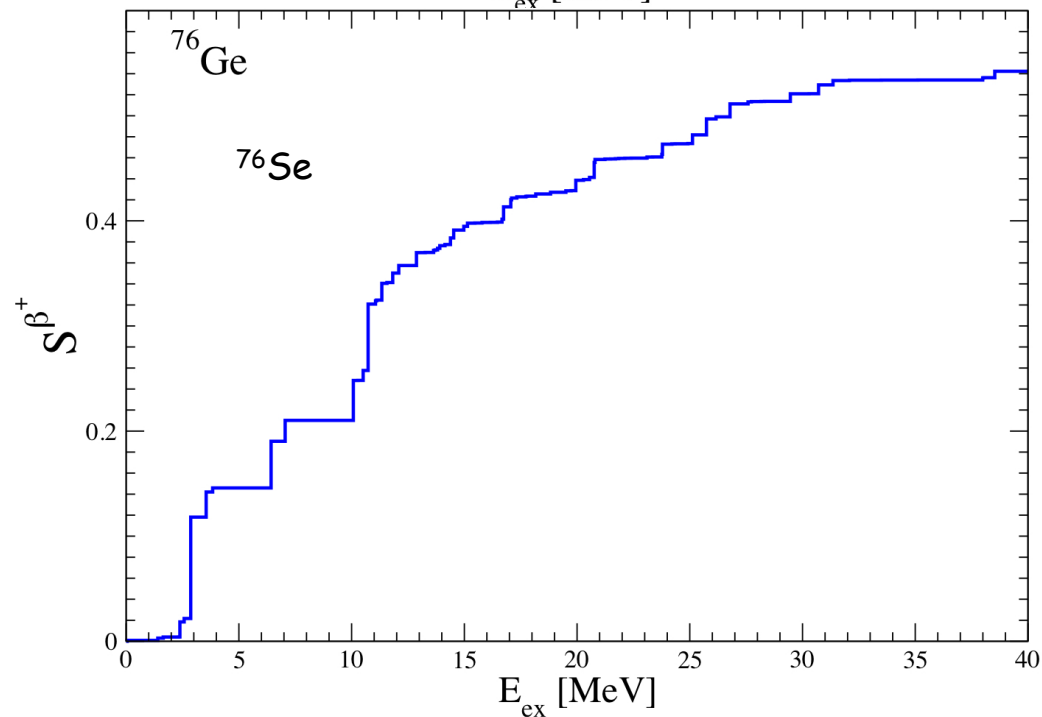


$$M_{GT-cl}^{2\nu} = \sum_m M_{GT}^{(+)}(m) M_{GT}^{(-)}(m)$$



The β^- and β^+ strength function calculated in SRQRPA. Note the different scales in the two Panels. In the β^- case one can clearly see the giant GT state. Also, the strength saturates at ~ 15 MeV.

On the other hand, the much smaller β^+ strength, unlike the usual claims, gets also a substantial contribution from relatively high excitation energies.



Whether this high-lying β^+ strength exists or not is the crucial question.

$M_{GT}^{2\nu}$ and $M_{GT-cl}^{2\nu}$ evaluated in QRPA as functions of the excitation energy

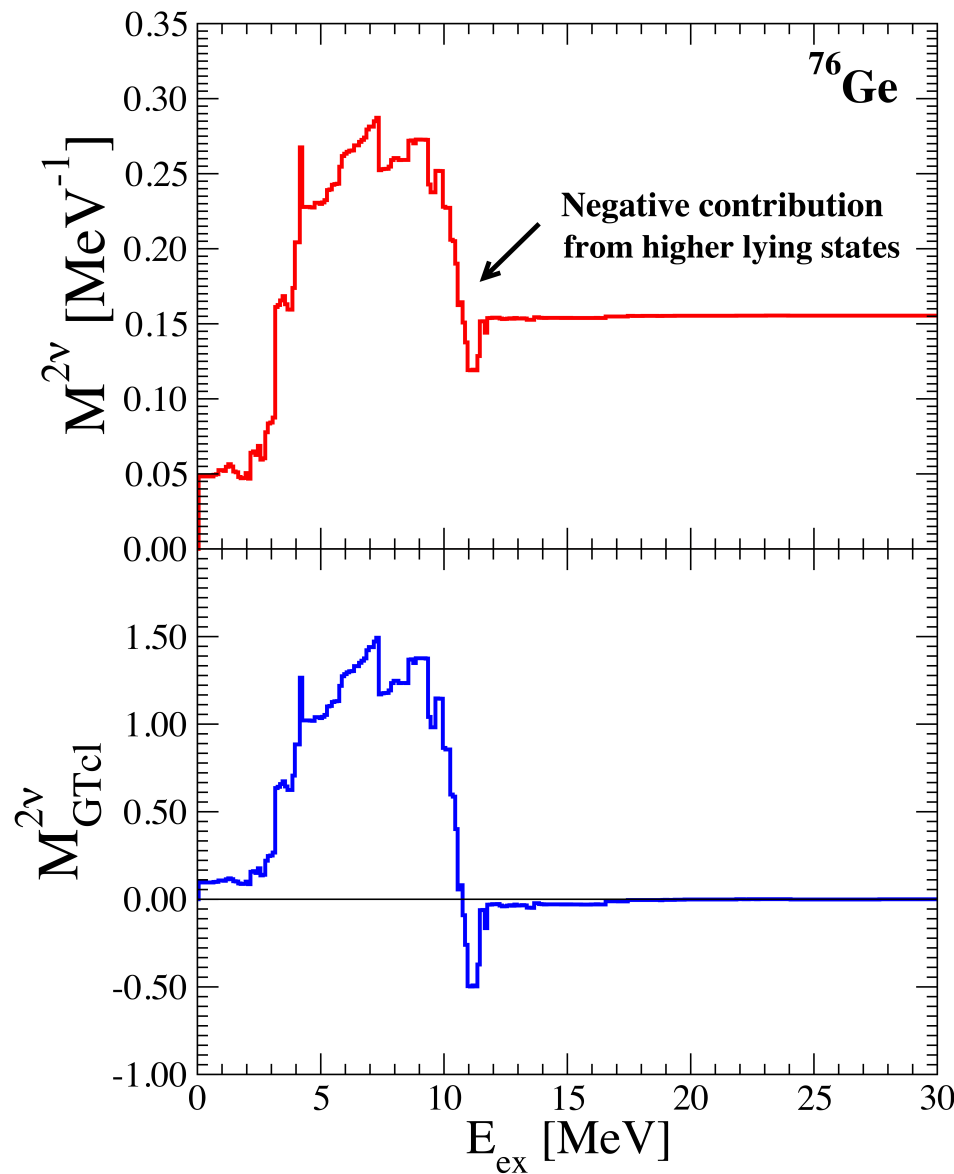
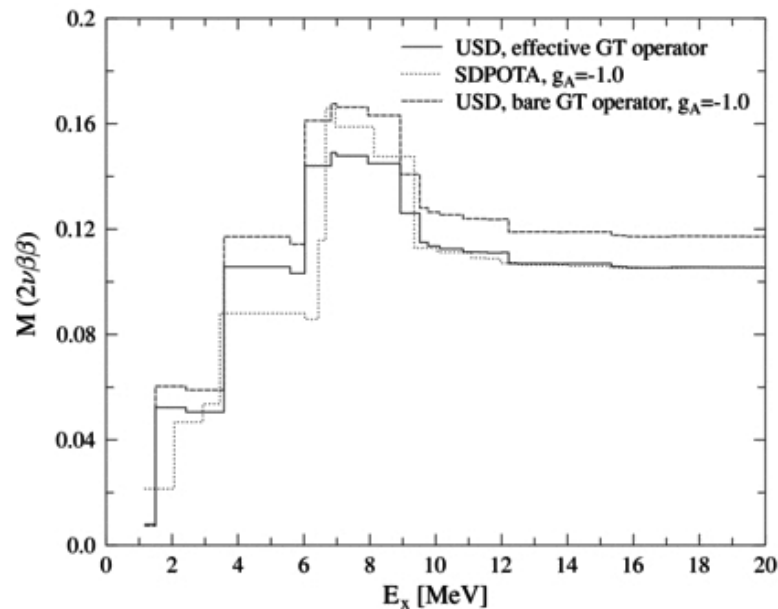
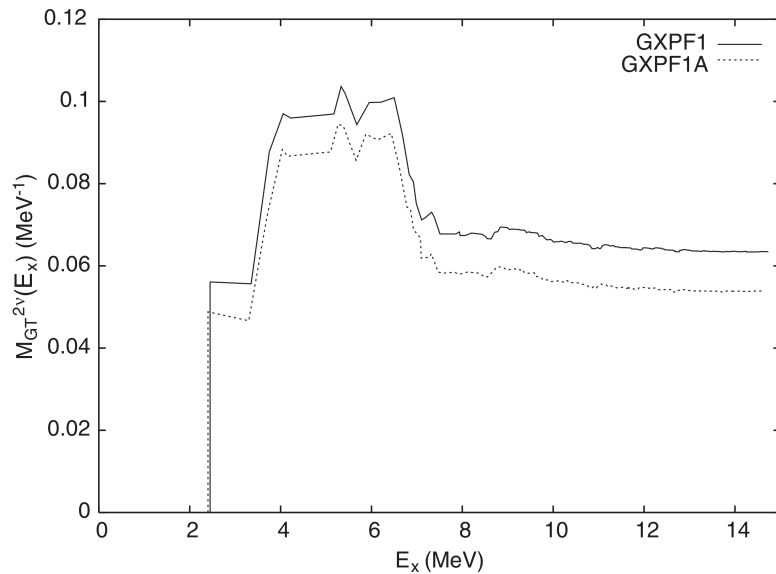


Illustration of the difficulties. In the upper panel are the contributions to the $M^{2\nu}$ from states up to E . Even though the correct value is reached (by design), it is also crossed at lower energies, followed by a drop at ~ 10 MeV.

In the lower panel the same calculation is done for $M_{GT-cl}^{2\nu}$. In this case the high energy drop is much larger because it is not reduced by the energy denominator present in the true $M^{2\nu}$.

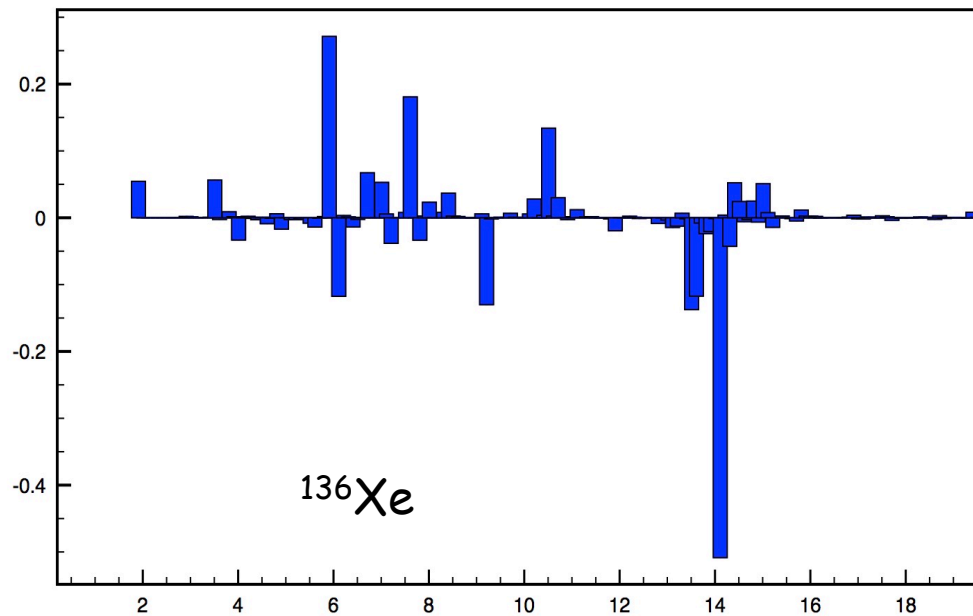
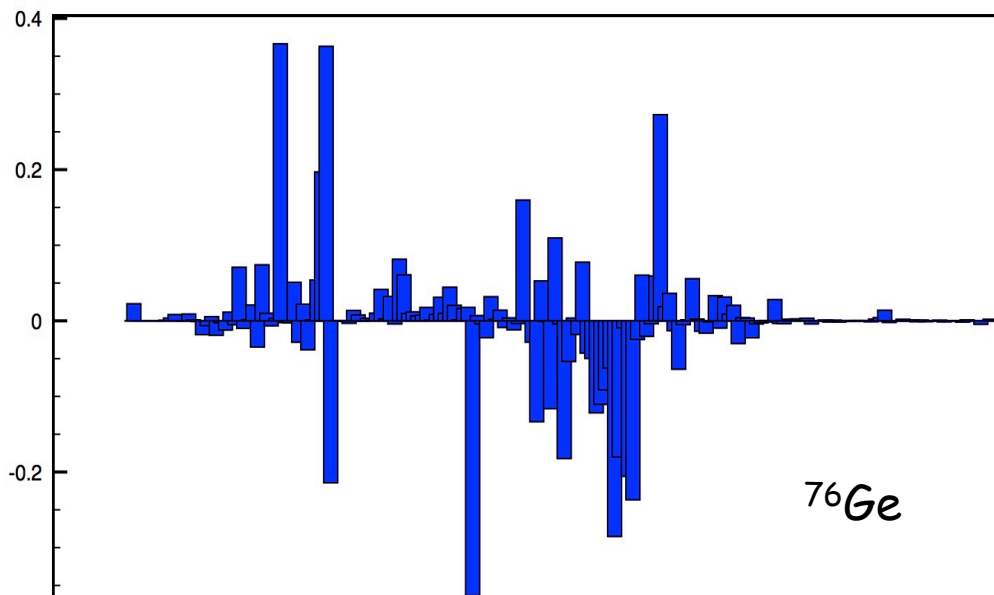
While the states up to ~ 5 MeV can be studied experimentally, the ~ 10 MeV can not. It is not clear whether they exist or not.



This feature, i.e. first an increase of $M^{2\nu}$ followed by decrease at higher energies appears to be present in other nuclear models as well. Here are the shell model results for $M^{2\nu}$ in ^{48}Ca (upper panel, Horoi et al, Phys. Rev.C75,034303(2007)) and in the model case of ^{36}Ar (lower panel, Kortelainen and Suhonen, J. Phys. G **30**, 2003 (2004)).

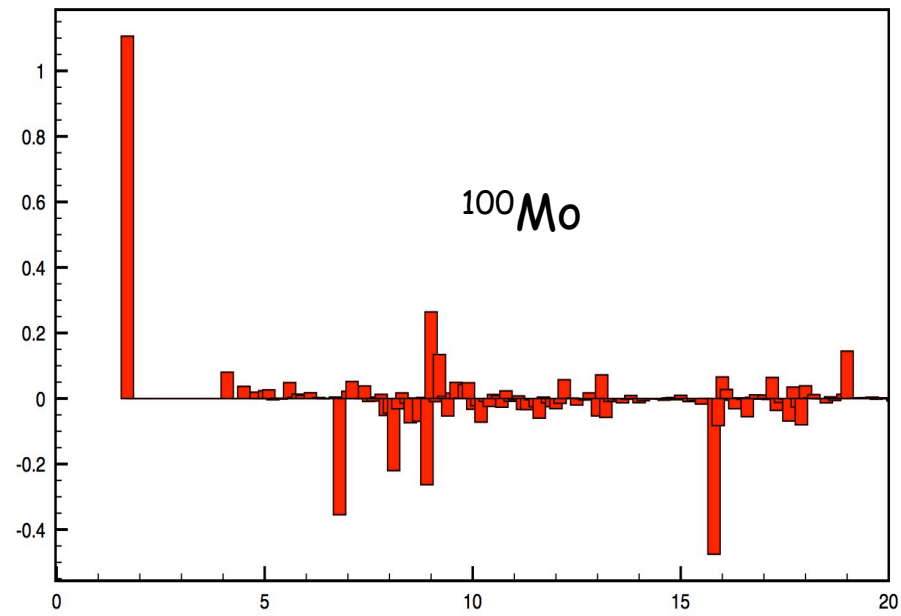
The drop at ~ 10 MeV is again visible, perhaps it is less apparent that in the heavier nuclei treated by QRPA.

Nevertheless, the inherent uncertainty in $M^{2\nu}_{cl}$ is substantial.



Energy denominators (MeV)

Distribution of the numerators, $\langle f || \sigma \tau^+ || n \rangle \langle n || \sigma \tau^+ || i \rangle$ evaluated in QRPA, for the indicated $2\nu\beta\beta$ decays. In ^{100}Mo the ground 1^+ state of ^{100}Tc dominates, but there are significant positive and negative contributions at 5-15 MeV. For ^{136}Xe and ^{76}Ge there are significant, although mutually cancelling, contributions at ~ 10 MeV, at energy of the giant GT state.



Energy denominators (MeV)

Is there a way to test whether the sum in $M^{2\nu}$ is saturated at $E_m \sim 5$ MeV, where is experimental value of $M^{2\nu}$ is usually first reached, or whether it contains significant positive and negative contributions at ~ 10 MeV?

$$M^{2\nu} = \sum_m \frac{\langle f || \sigma \tau^+ || m \rangle \langle m || \sigma \tau^+ || i \rangle}{E_m - (M_i + M_f)/2}$$

This can be, perhaps, achieved by considering in detail the two and single electron spectra of the $2\nu\beta\beta$ decay.

Testing the convergence with respect of the intermediate nucleus
1⁺ spectrum of the 2νββ matrix elements :
(see Simkovic et al, Phys. Rev. C97, 034315 (2018))

The $M^{2\nu}$ in fact depends on the electron and neutrino energies

$$M_{GT}^{K,L} = \sum_m M_m (E_m - (E_i + E_f)/2) / [(E_m - (E_i + E_f)/2)^2 - \varepsilon_{K,L}^2]$$

with the numerators $M_m = \langle f || \sigma \tau^+ || m \rangle \langle m || \sigma \tau^+ || i \rangle$

Here $\varepsilon_{K,L}$ depend on the final electron and neutrino energies:

$$2\varepsilon_K = E_{e2} + E_{\nu2} - E_{e1} - E_{\nu1}, \quad 2\varepsilon_L = E_{e1} + E_{\nu2} - E_{e2} - E_{\nu1}$$

The standard (quite good) approximation is to take $\varepsilon_K = \varepsilon_L = 0$.

With this approximation the rate depends separately on the phase space integral and on the nuclear matrix element.

Lets, instead, expand in $\varepsilon_{K,L}/(E_n - (E_i+E_f)/2) \ll 1$, and keeping just the first order term. There are now two matrix elements M_1, M_3 and two phase space integrals.

M_1 has the standard energy denominator $(E_n - (E_i+E_f)/2)$ while M_3 has its third power $(E_n - (E_i+E_f)/2)^3$, so it converges much faster as a function of E_n .

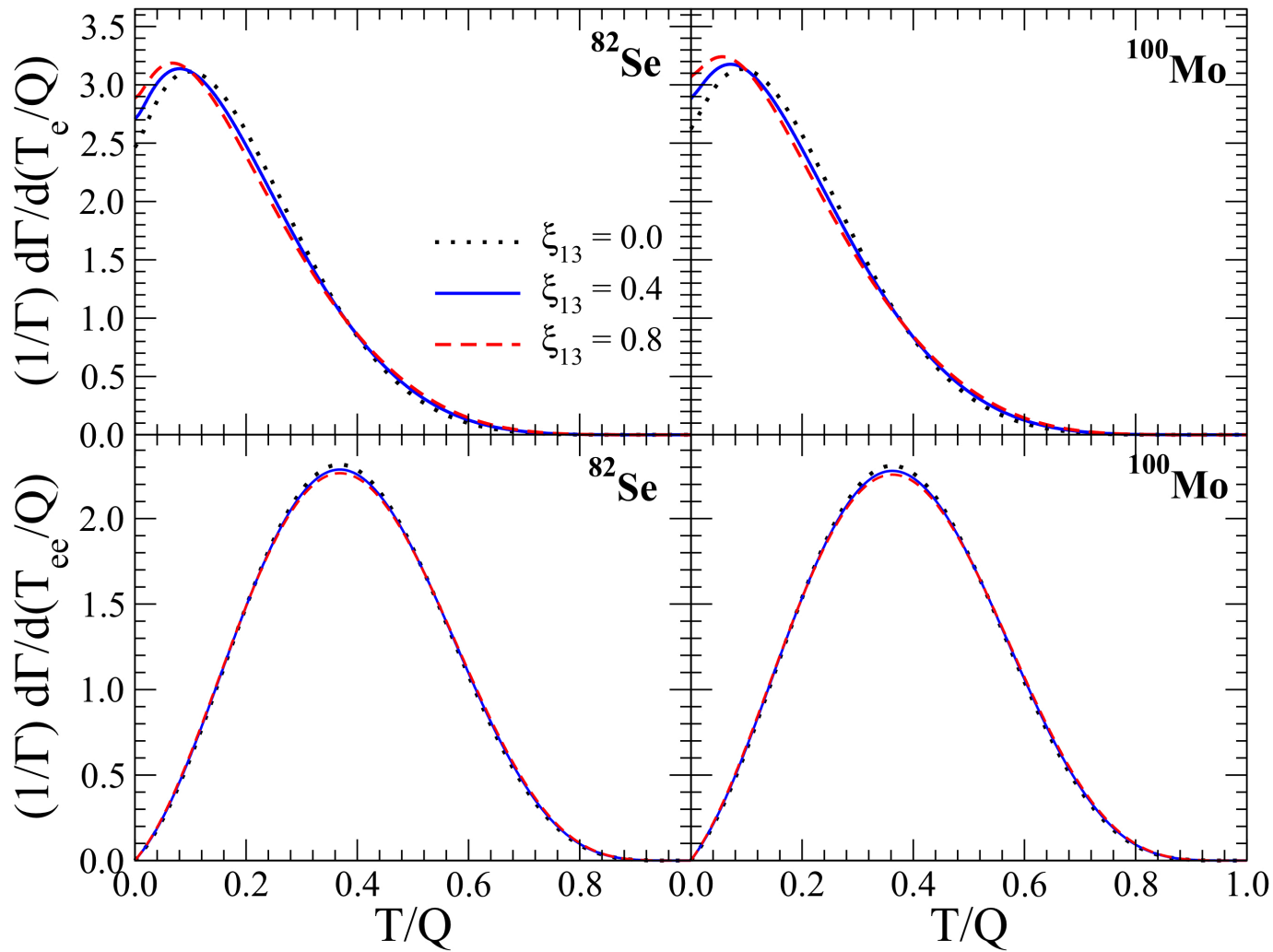
The single and full electron spectra depend (slightly) on the dimensionless ratio $\xi_{31}^{2\nu} = 4m_e^2 M_3/M_1$. If $\xi_{31}^{2\nu}$ could be determined experimentally it would tell us how fast the sum over " n " converges.

The halflife $T_{1/2}$ is now

$$1/T_{1/2}^{2\nu} = g_A^4 (M^{2\nu})^2 (G_0 + \xi_{31}^{2\nu} G_2)$$

Where the second term represents a small (a few %) correction.

Illustration of the effects (tiny) of different ξ_{31} values on the single electron (upper panels) and two electron spectra (lower panels). The effect depends only on the ξ_{31} values, not on the individual matrix elements.



$\Xi_{31}^{2\nu}$ is constrained from the $2\nu\beta\beta$ two-electron spectrum of ^{136}Xe in the KamLAND-Zen experiment (Gando et al, 1901.03871). The fit gives $\Xi_{31}^{2\nu} = -0.26^{+0.31}_{-0.26}$ that agrees with both NSM and QRPA.

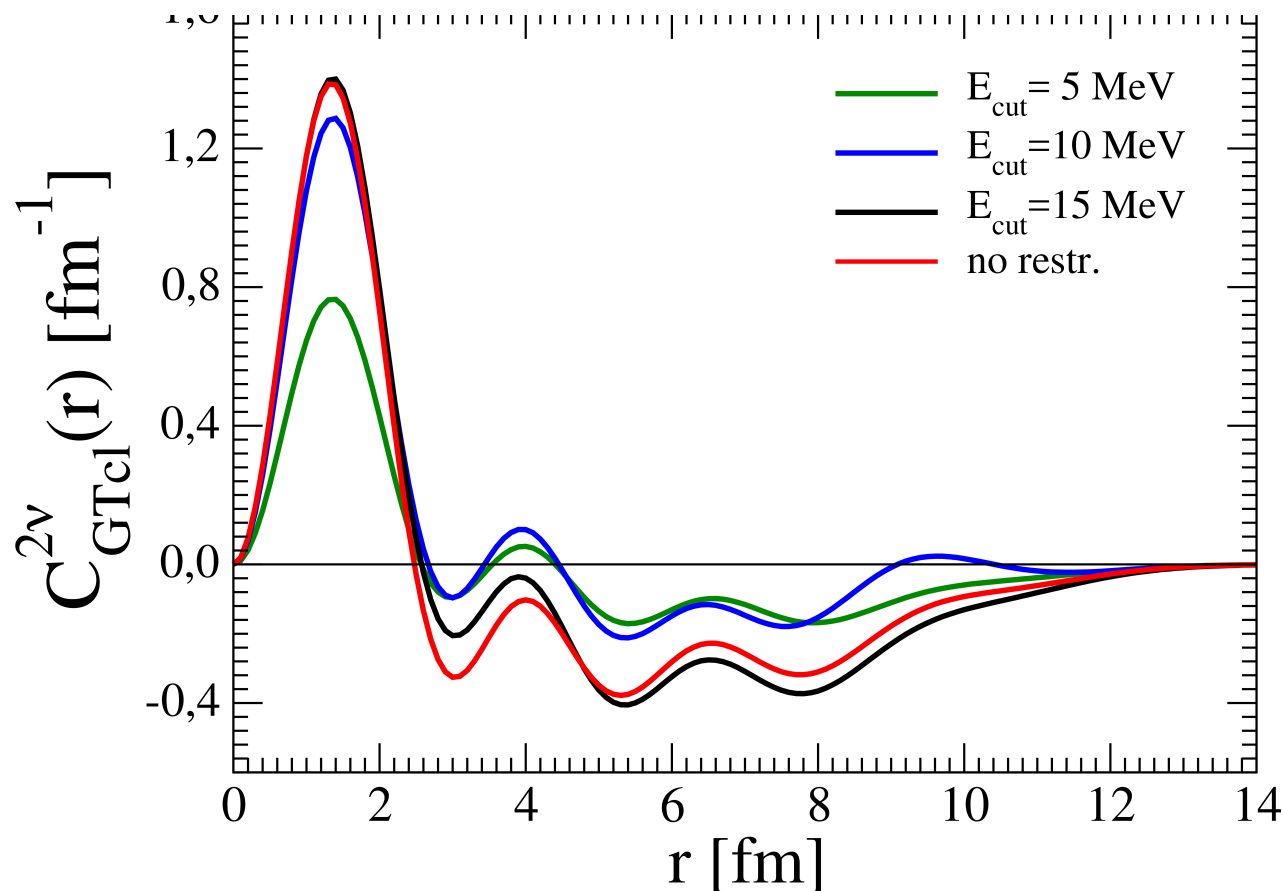
It appears that NEMO (^{100}Mo) and CUORE (^{130}Te) are also trying to determine $\Xi_{31}^{2\nu}$ from their data.

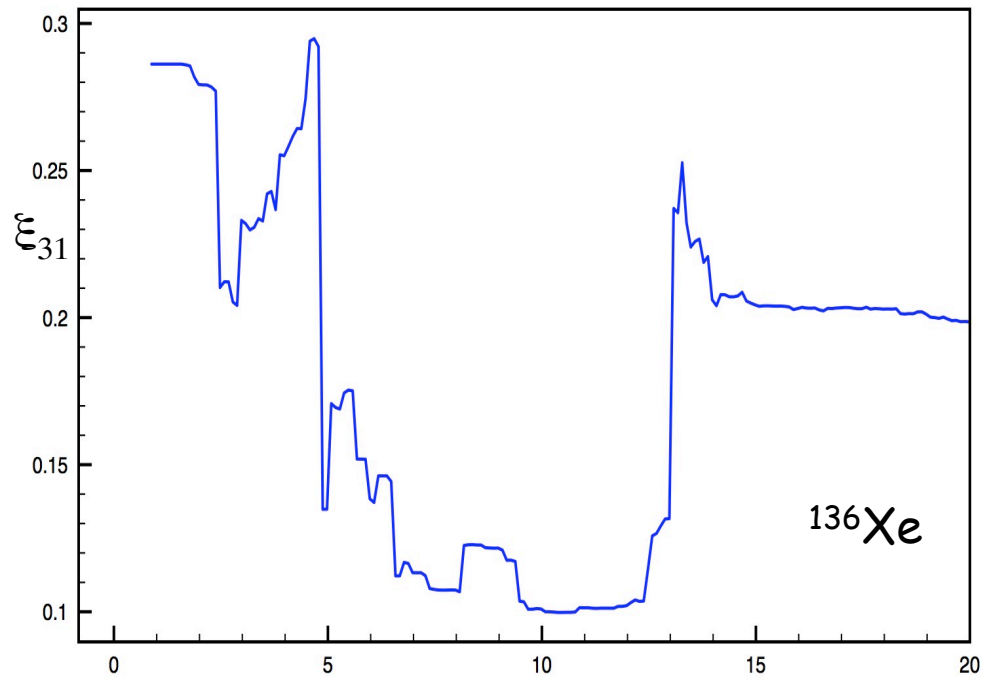
Note that if only one (or several close states adding with the same sign) contribute, then $|\Xi_{31}^{2\nu}| = 4m_e^2/\Delta E^2$. Deviation from that value would mean that high-lying states contribute to M_1 .

Conclusions:

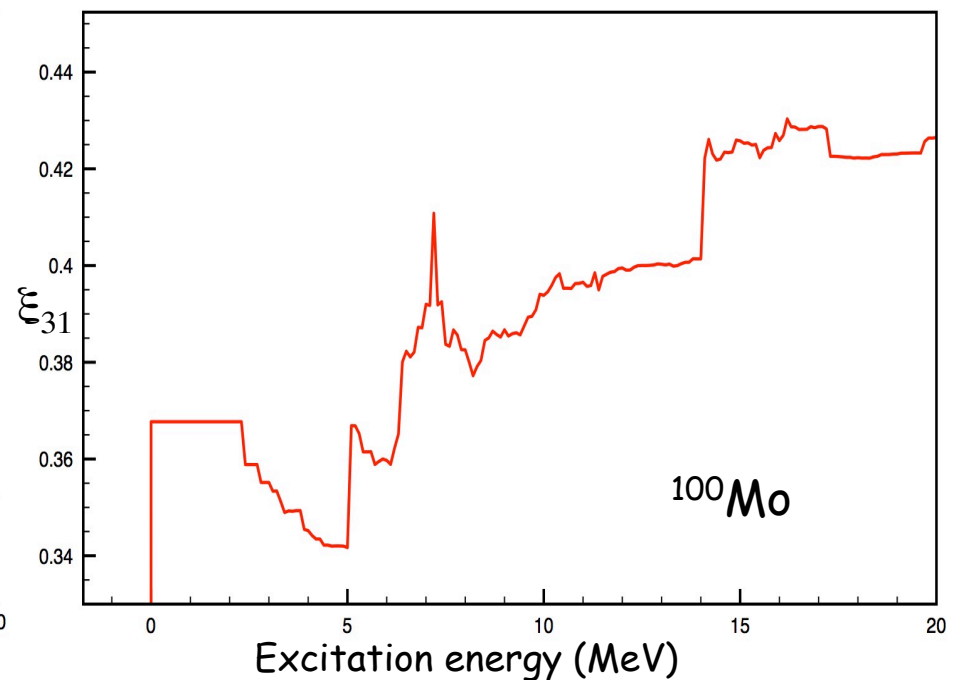
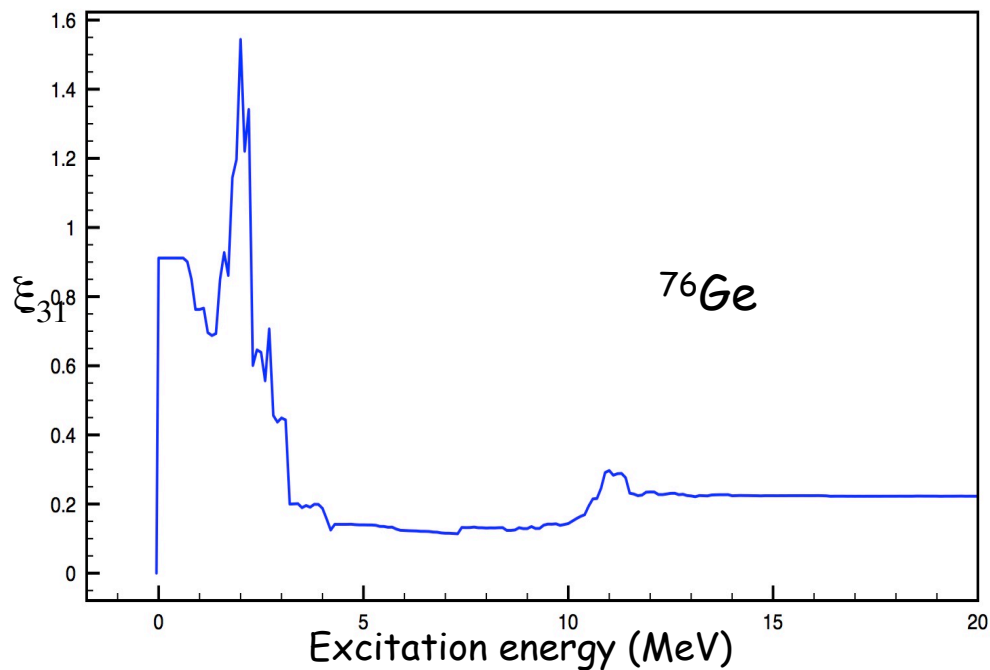
- 1) Determination of the magnitude of $M_{cl}^{2\nu}$ is important, but challenging
- 2) The issue is whether the virtual intermediate states at 5-10 MeV contribute (or not) to the $M_{cl}^{2\nu}$ and $M^{2\nu}$.
- 3) It is suggested that a detailed determination of the shape of two and single electron spectra of $2\nu\beta\beta$ decay, interesting by itself, might help in resolving the problem.

When evaluating $M_{cl}^{2\nu}$, and the function $C_{cl}^{2\nu}(r)$ it is crucial to include all intermediate states. The depth of the tail, and hence the magnitude of the $M_{cl}^{2\nu}$ sensitively depends on the possible energy cutoff.
(The figure is for the ^{76}Ge decay, evaluated in QRPA)

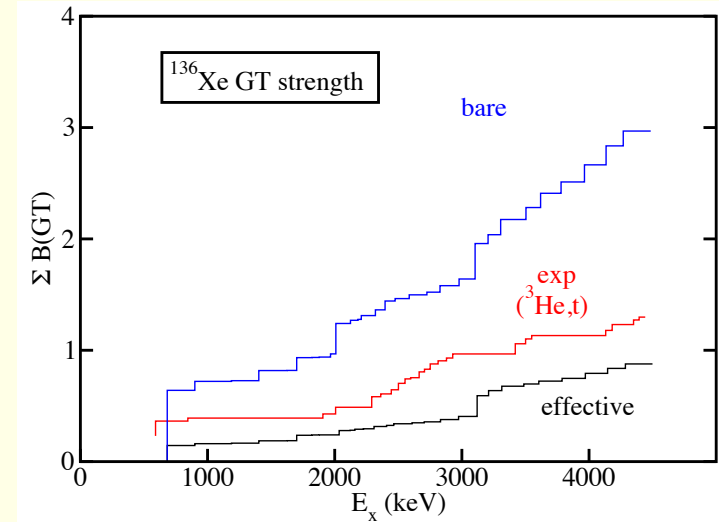
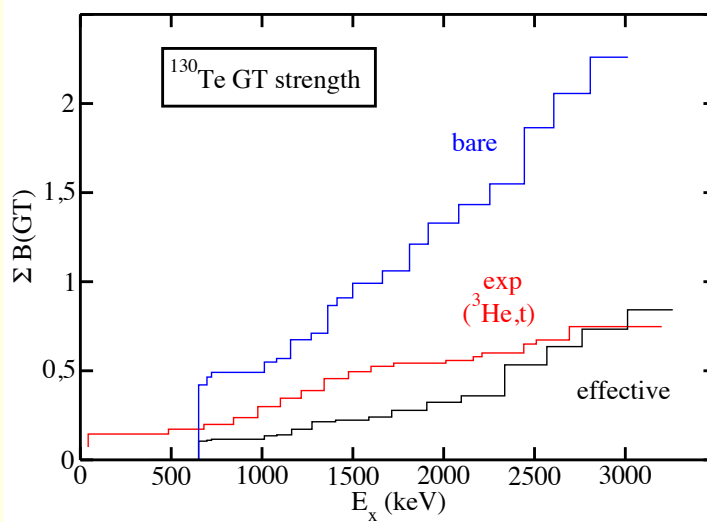
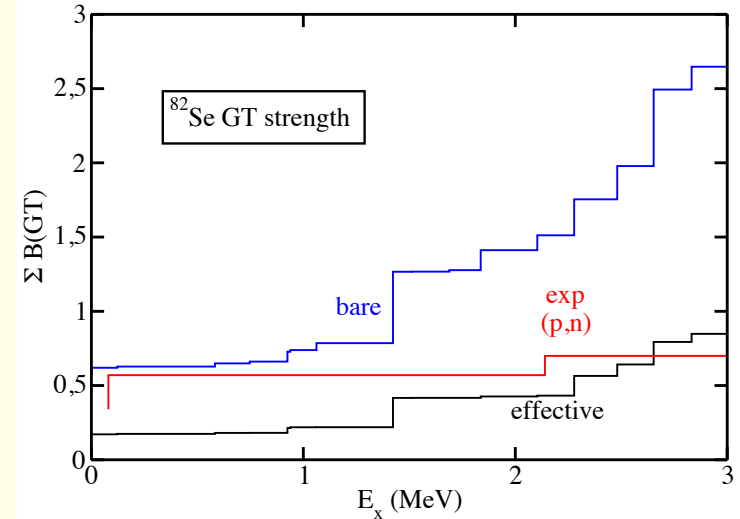
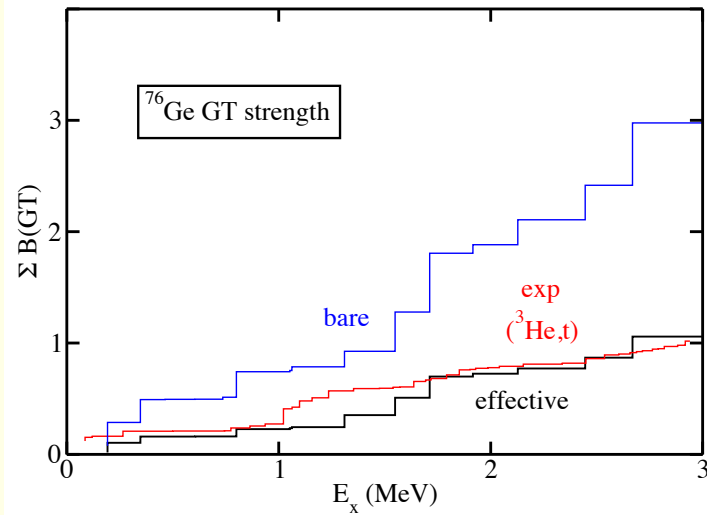




Calculated ξ_{31} values (in QRPA) as a function of the excitation energy. Clearly, the asymptotic values and the values at cut-off energy at, say 5 MeV, differ by more than 10%. Thus, 10% exp. determination of ξ_{31} would be able to decide who is right.



Calculated and measured GT strength, Corragio et al, talk at INT-2018



However, the total GT strength (using the Ikeda sum rule and neglecting the β^+) is ^{76}Ge (36), ^{82}Se (42), ^{130}Te (78), ^{136}Xe (84). Thus, only a tiny fraction of the total GT strength is displayed.

The assumption that the “natural” value of $M_{cl}^{2v} = 0$ is based on expressing the matrix element in the LS coupling scheme.

In that case the closure Fermi and GT matrix element are related, and so are the corresponding $C(r)$ functions:

$$M_{GT, S=0}^{2v} = -3 M_{F, S=0}^{2v}, \text{ and } M_{GT, S=1}^{2v} = M_{F, S=1}^{2v}$$

Our numerical evaluation in QRPA suggests that $M_{GT, S=1}^{2v}$ and $M_{F, S=1}^{2v}$ are not only very small by themselves but, that the corresponding $C(r)^{S=1}$ functions are negligibly small at all r values.

Since M_F^{2v} must vanish if isospin is conserved, $M_{F, S=0}^{2v}$ must also vanish provided $M_{F, S=1}^{2v}$ is negligible. Hence $M_{GT, cl}^{2v}$ should vanish as well.

That requirement represents partial restoration of the $SU(4)$ symmetry just as $M_{F, cl}^{2v} = 0$ is following from the isospin symmetry restoration.

