

Timescales for thermalization and many-body quantum chaos

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Quantum Science Generation 2025

ECT* Trento

05/05/2025



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Timescales for thermalization and many-body quantum chaos

Quantum Science Generation 2025

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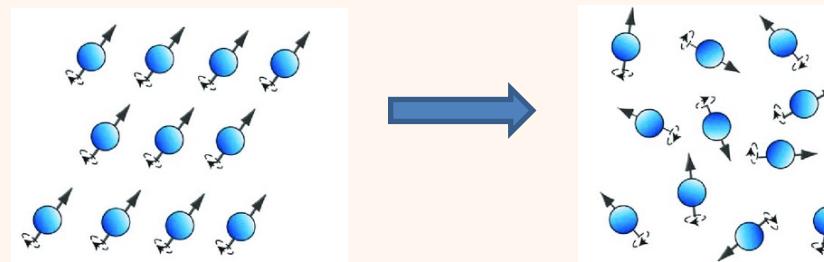
- **Many-body quantum chaos**
- **Dynamical manifestation of many-body quantum chaos**
- **Thermalization time**

Coherent Evolution in Experiments

NMR

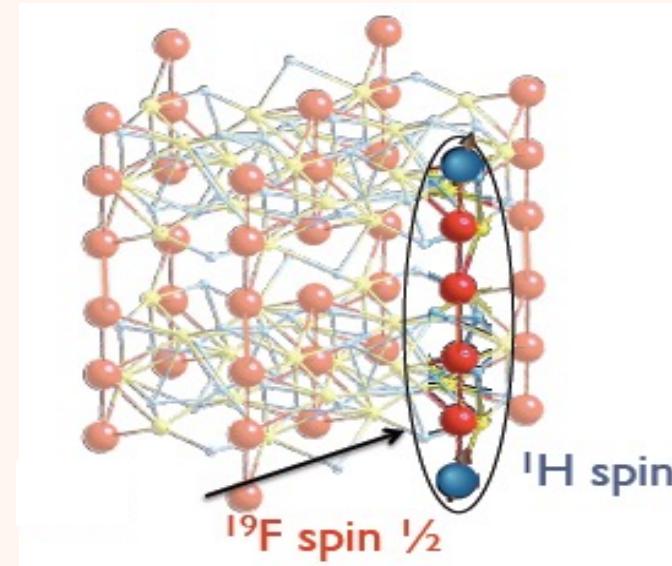
Solid state NMR: nuclear positions are fixed;
They are collectively addressed with magnetic pulses;
Very slow relaxation

Cory (Waterloo)
Cappellaro (MIT)
Ramanathan
(Dartmouth)



Fluorine spins-1/2 are arranged in linear chains.

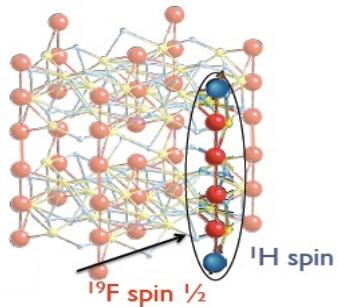
1D Spin-1/2 models



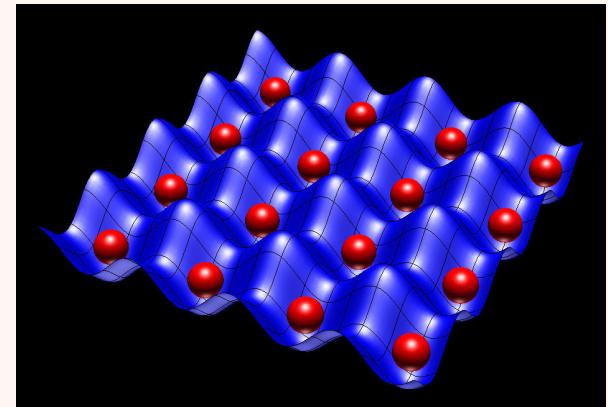
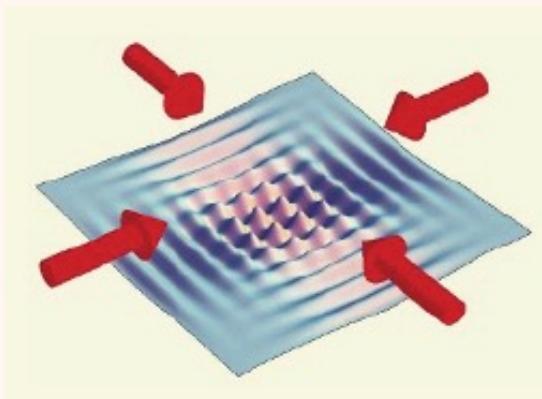
- Coherent evolution
- Pre-thermalization
- Many-body localization

Coherent Evolution in Experiments

NMR



Optical Lattices



Bloch (Max Planck)
Esslinger (ETH)

Greiner (Harvard)
Weiss (Penn State)

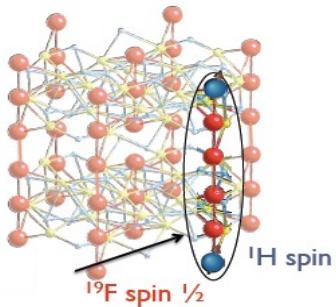
- highly controllable systems – interactions, level of disorder, 1,2,3D
- quasi-isolated -- study evolution for very long time

- Coherent evolution
- Pre-thermalization
- Many-body localization

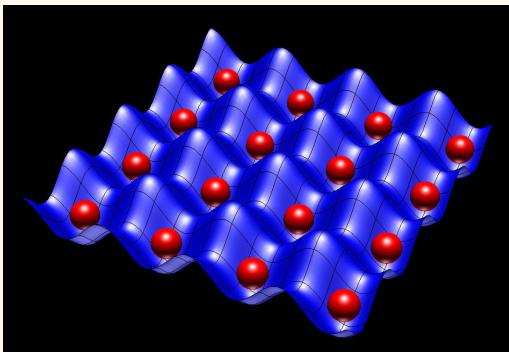
Spin models (s=1/2 Heisenberg/Ising)
Bose-Hubbard model

Coherent Evolution in Experiments

NMR



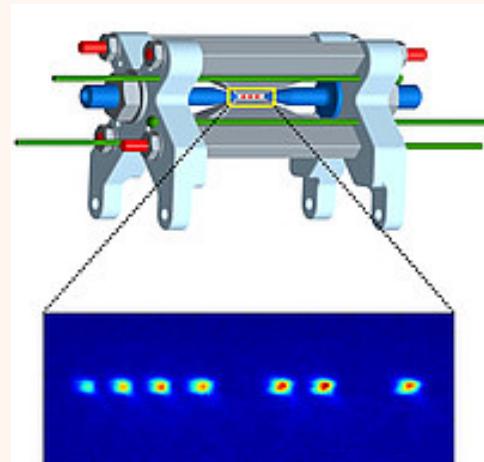
Optical Lattices



Ion Traps

Ions trapped via electric and magnetic fields.
Laser used to induce couplings.
Isolated from an external environment.

Long coherence times.
Long-range couplings.



Blatt (Innsbrück)

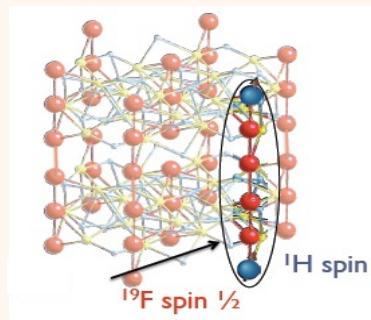
Monroe (Maryland)

- Coherent evolution
- Pre-thermalization
- Many-body localization

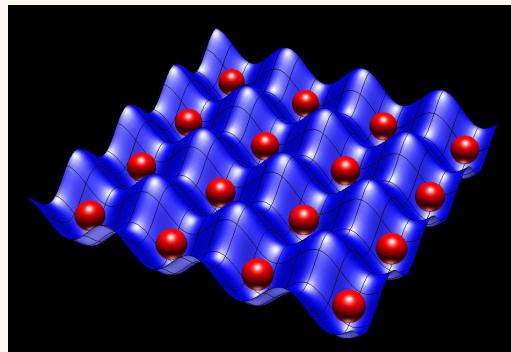
Spin-1/2 models

Complex Strongly Interacting Quantum Systems

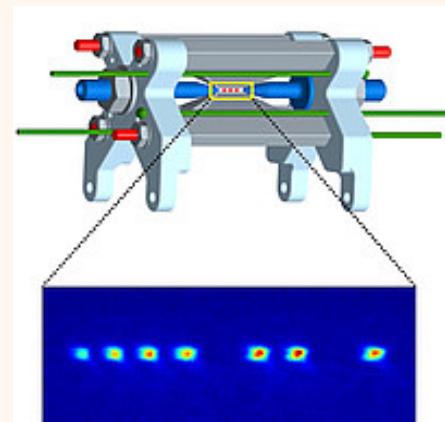
NMR



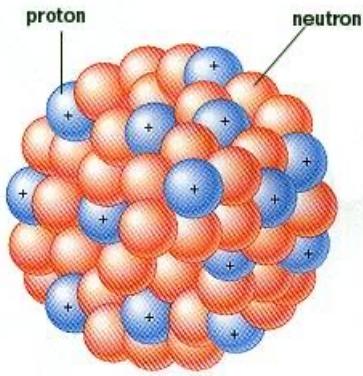
Optical Lattices



Ion Traps



The research focus at the centre is **Nuclear Physics** in a broad sense and related areas.



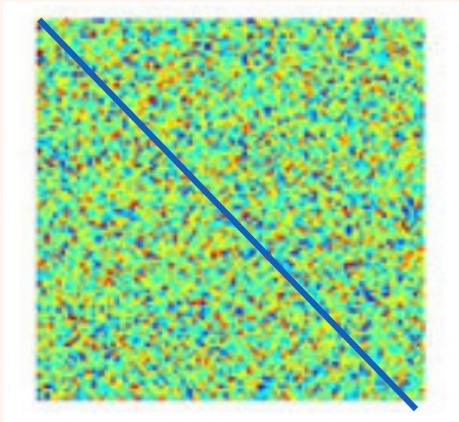
HISTORY

ECT* originated from the combined efforts of the European scientific community of **nuclear physicists**... according to the recommendations of the “community meeting” of October 1992, held at Orsay (France).

Full Random Matrices

- Matrices filled with random numbers: GOE (real and symmetric)

$$\langle H_{ij}^2 \rangle = \begin{cases} 1, & i = j \\ 1/2, & i \neq j. \end{cases}$$



RANDOM MATRICES: Wigner (1950s)
Study statistically the spectra of heavy nuclei
(atoms, molecules, quantum dots)

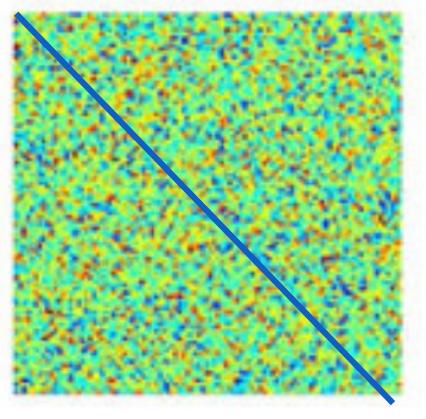
Full Random Matrices

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$$\langle H_{ij}^2 \rangle = \begin{cases} 1, & i = j \\ 1/2, & i \neq j. \end{cases}$$

$$H|\alpha\rangle = E_\alpha |\alpha\rangle$$

Random vectors



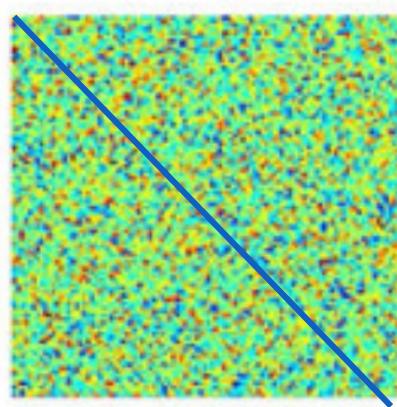
$$|\alpha\rangle = \begin{pmatrix} C^{(1)} \\ C^{(2)} \\ C^{(3)} \\ C^{(4)} \\ C^{(5)} \\ \dots \end{pmatrix}$$

Gaussian
random numbers
(normalization)

Full Random Matrices

- Matrices filled with random numbers: GOE

$$\langle H_{ij}^2 \rangle = \begin{cases} 1, & i = j \\ 1/2, & i \neq j. \end{cases}$$



$$H |\alpha\rangle = E_\alpha |\alpha\rangle$$

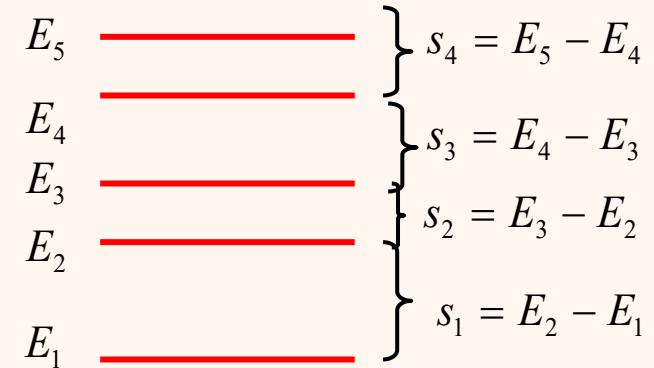
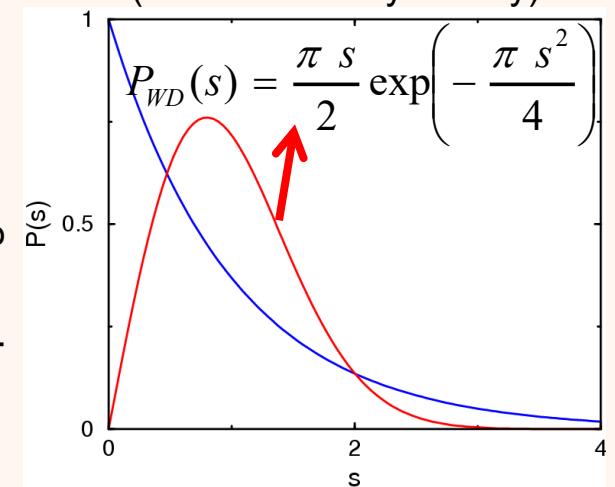
Random vectors

$$|\alpha\rangle = \begin{pmatrix} C^{(1)} \\ C^{(2)} \\ C^{(3)} \\ C^{(4)} \\ C^{(5)} \\ \dots \end{pmatrix}$$

Gaussian
random numbers
(normalization)

Level repulsion
Rigid spectrum

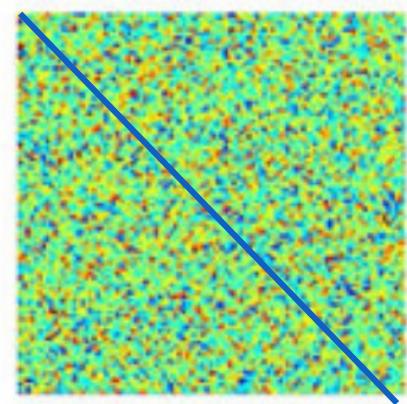
Wigner-Dyson distribution
(time reversal symmetry)



Full Random Matrices

- Matrices filled with random numbers: GOE

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$$H |\alpha\rangle = E_\alpha |\alpha\rangle$$

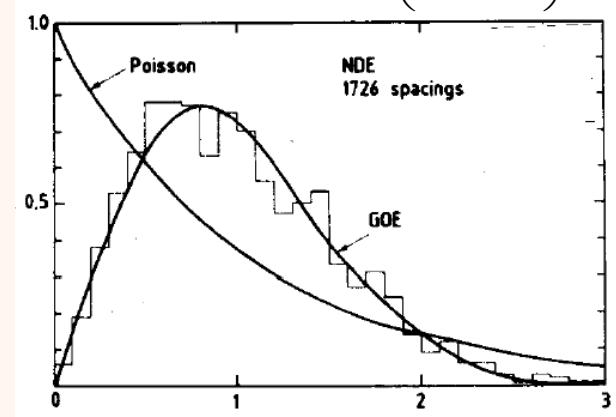
Random vectors

$$|\alpha\rangle = \begin{pmatrix} C^{(1)} \\ C^{(2)} \\ C^{(3)} \\ C^{(4)} \\ C^{(5)} \\ \dots \end{pmatrix}$$

Gaussian
random numbers
(normalization)

Level repulsion; Rigid spectrum

$$P_{WD}(s) = \frac{\pi}{2} s \exp\left(-\frac{\pi s^2}{4}\right)$$



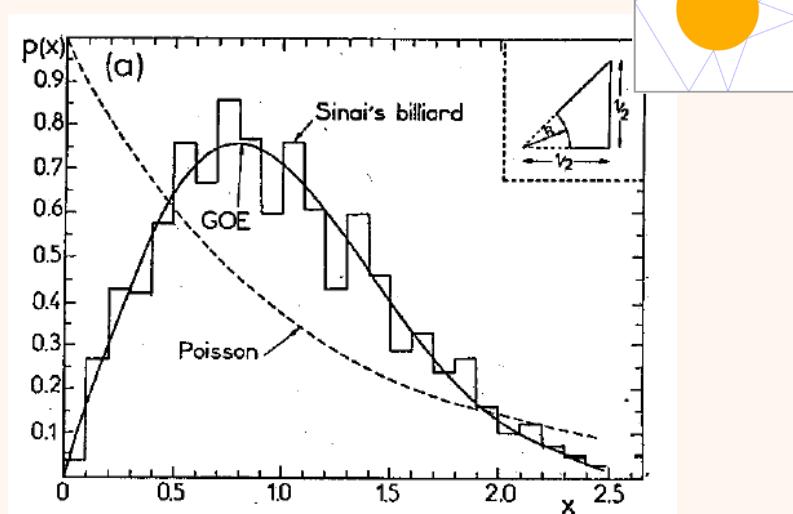
Bohigas, Haq and Pandey
(1983)
*Nuclear Data for Science and
Technology*

$$\left. \begin{array}{c} E_5 \\ E_4 \\ E_3 \\ E_2 \\ E_1 \end{array} \right\} \quad \left. \begin{array}{l} S_4 = E_5 - E_4 \\ S_3 = E_4 - E_3 \\ S_2 = E_3 - E_2 \\ S_1 = E_2 - E_1 \end{array} \right\}$$

Level Spacing Distribution and Chaos

The nearest neighbor spacing distribution versus s for the **quantum Sinai billiard**.

The histogram comprises about 1000 consecutive eigenvalues.



Level Statistics vs Classical chaos

Quantum chaos

=

signatures of classical chaos found in the quantum domain

Correspondence well established for systems with few degrees of freedom

*) G. Casati, F. Valz-Gris, and I. Guarneri, On the connection between quantization of nonintegrable systems and statistical theory of spectra,

Lett. Nuovo Cimento 28, 279 (1980).

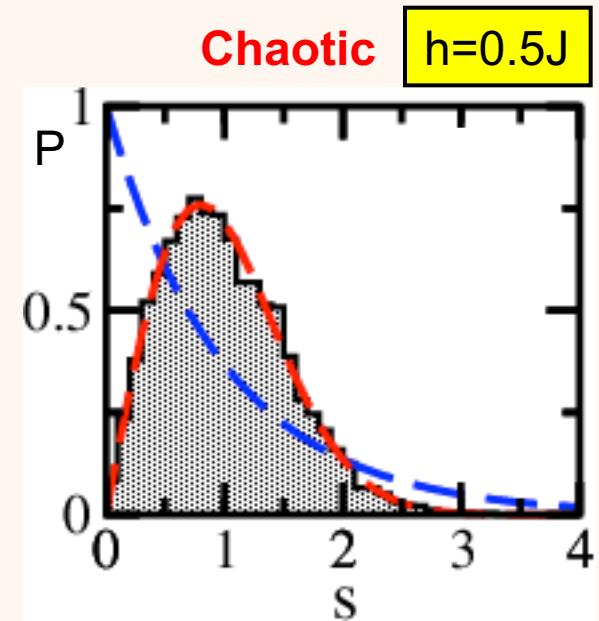
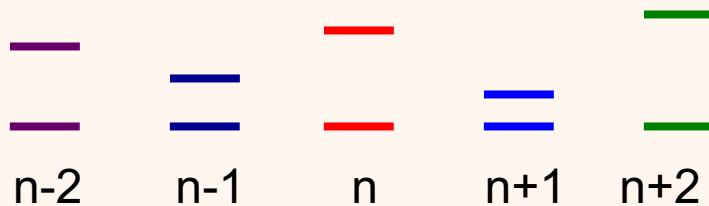
*) O. Bohigas, M. J. Giannoni, and C. Schmit, Characterization of Chaotic Quantum Spectra and Universality of Level Fluctuation Laws,

Phys. Rev. Lett. 52, 1 (1984).

Physical Model

1D spin-1/2 system with nearest-neighbor couplings and onsite disorder

$$H = \sum_{n=1}^L \frac{h_n}{2} \sigma_n^z + \sum_{n=1}^L \frac{J}{4} [\sigma_n^z \sigma_{n+1}^z + (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y)]$$



Many-body quantum chaos: interaction between particles

Thermalization vs Quantum Chaos

Full Random Matrices vs Physical Models

Thermalization

$$\langle O(t) \rangle = \langle \Psi(t) | O | \Psi(t) \rangle = \sum_{\alpha \neq \beta} C_{\beta}^{ini*} C_{\alpha}^{ini} e^{i(E_{\beta} - E_{\alpha})t} O_{\beta\alpha} + \sum_{\alpha} |C_{\alpha}^{ini}|^2 O_{\alpha\alpha}$$

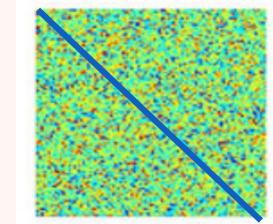
$$|\Psi(t)\rangle = \sum_{\alpha} e^{-iE_{\alpha}t} |\alpha\rangle \quad O_{\beta\alpha} = \langle \beta | O | \alpha \rangle$$

$$H|\alpha\rangle = E_{\alpha}|\alpha\rangle$$

$$H_0$$
$$\begin{bmatrix} & 0 \\ 0 & \end{bmatrix}$$



$$H = H_0 + V$$



$$H_0|n\rangle = \epsilon_n|n\rangle$$

$$|\Psi(0)\rangle = |n_0\rangle$$

$$|\Psi(t)\rangle = e^{-iHt}|\Psi(0)\rangle$$

Thermalization

$$\langle O(t) \rangle = \langle \Psi(t) | O | \Psi(t) \rangle = \sum_{\alpha \neq \beta} C_{\beta}^{ini*} C_{\alpha}^{ini} e^{i(E_{\beta} - E_{\alpha})t} O_{\beta\alpha} + \sum_{\alpha} |C_{\alpha}^{ini}|^2 O_{\alpha\alpha}$$

$$\langle |C_{\alpha}|^2 \rangle = \frac{1}{D} \quad O_{\beta\alpha} = \langle \beta | O | \alpha \rangle$$

$$H|\alpha\rangle = E_{\alpha}|\alpha\rangle$$

$$|\alpha\rangle = \begin{pmatrix} C_{\alpha}^1 \\ C_{\alpha}^2 \\ C_{\alpha}^3 \\ C_{\alpha}^4 \\ C_{\alpha}^5 \\ \dots \end{pmatrix} \quad \xrightarrow{\hspace{1cm}} \quad |\Psi(0)\rangle = \begin{pmatrix} C_1^{ini} \\ C_2^{ini} \\ C_3^{ini} \\ C_4^{ini} \\ C_5^{ini} \\ \dots \end{pmatrix}$$

Thermalization

Rigid spectrum

$$\langle O(t) \rangle = \langle \Psi(t) | O | \Psi(t) \rangle = \sum_{\alpha \neq \beta} C_{\beta}^{ini*} C_{\alpha}^{ini} e^{i(E_{\beta} - E_{\alpha})t} O_{\beta\alpha} + \sum_{\alpha} |C_{\alpha}^{ini}|^2 O_{\alpha\alpha}$$

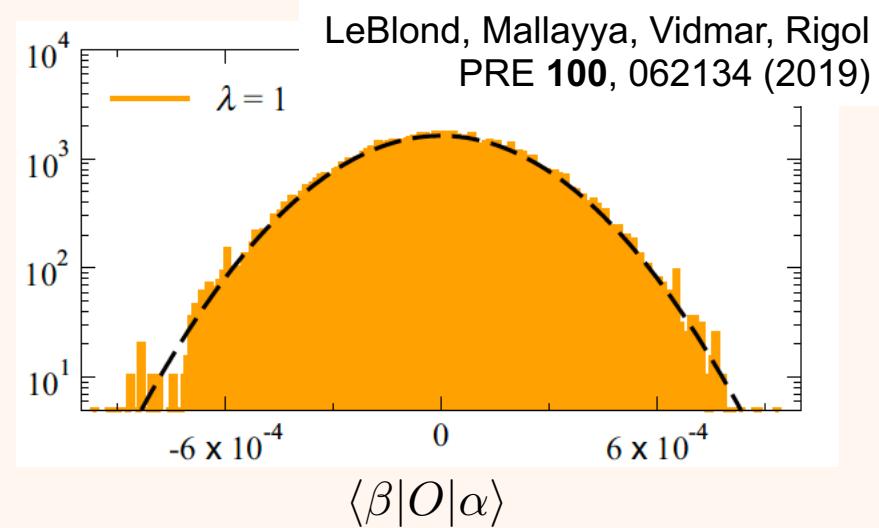
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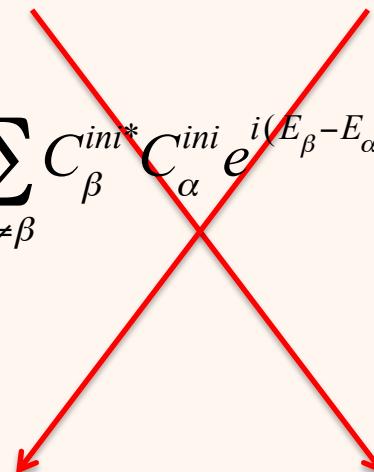
Beugeling, Moessner, Haque
PRE **91**, 012144 (2015)
(Gaussian distribution)

Off-diagonal ETH



Thermalization

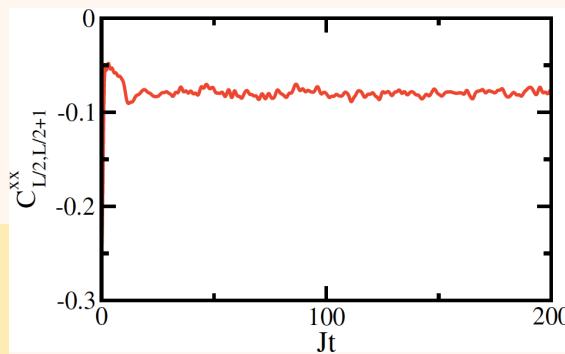
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$$O_{\alpha\alpha} = \langle \alpha | O | \alpha \rangle$$

Equilibration:

Size of the fluctuations
PRE **88**, 032913 (2013)
SciPostPhys**15**, 244 (2023)



Thermalization

$$\langle O(t) \rangle = \langle \Psi(t) | O | \Psi(t) \rangle = \sum_{\alpha \neq \beta} C_{\beta}^{ini*} C_{\alpha}^{ini} e^{i(E_{\beta} - E_{\alpha})t} O_{\beta\alpha} + \sum_{\alpha} |C_{\alpha}^{ini}|^2 O_{\alpha\alpha}$$

X

Infinite time average

$\overline{\langle O(t) \rangle} \equiv \sum_{\alpha} |C_{\alpha}^{ini}|^2 O_{\alpha\alpha} \xleftarrow{=?} O_{micro} \equiv \frac{1}{N_{E_0, \Delta E}} \sum_{\alpha, |E_0 - E_{\alpha}| < \Delta E} O_{\alpha\alpha}$

Thermodynamic average

depends on the initial conditions

depends only on the energy

$\langle \alpha | O | \alpha \rangle$

$|\alpha\rangle = \begin{pmatrix} C_{\alpha}^1 \\ C_{\alpha}^2 \\ C_{\alpha}^3 \\ C_{\alpha}^4 \\ C_{\alpha}^5 \\ \dots \end{pmatrix}$

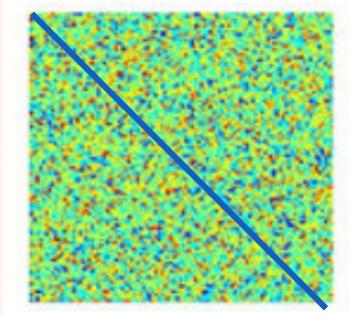
Normalized random vectors

ETH: the expectation values $O_{\alpha\alpha}$ of few-body observables do not fluctuate for eigenstates close in energy

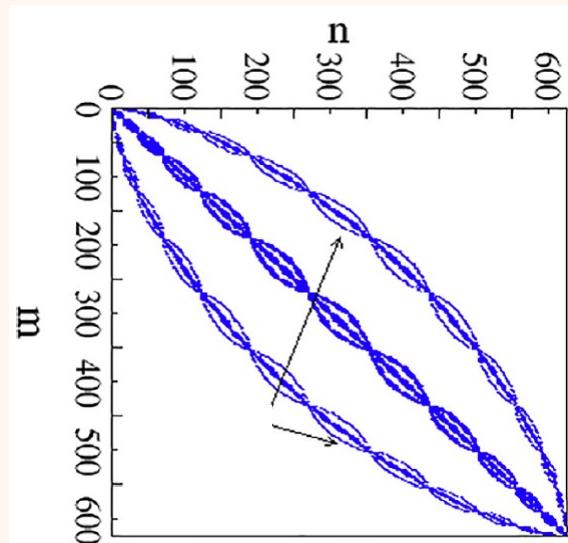
Random Matrices vs Physical Systems

GOE (real and symmetric)

$$\langle H_{ij}^2 \rangle = \begin{cases} 1, & i = j \\ 1/2, & i \neq j. \end{cases}$$



Physical
many-body quantum systems



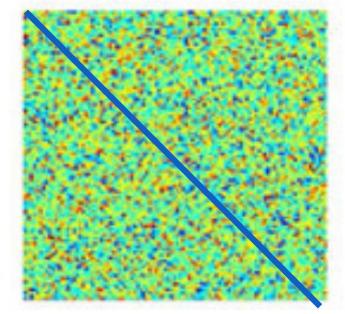
$$\langle \uparrow \downarrow \uparrow \downarrow | H | \uparrow \downarrow \downarrow \uparrow \rangle = J_{34}$$

$$\langle \downarrow \uparrow \uparrow \downarrow | H | \downarrow \uparrow \downarrow \uparrow \rangle = J_{34}$$

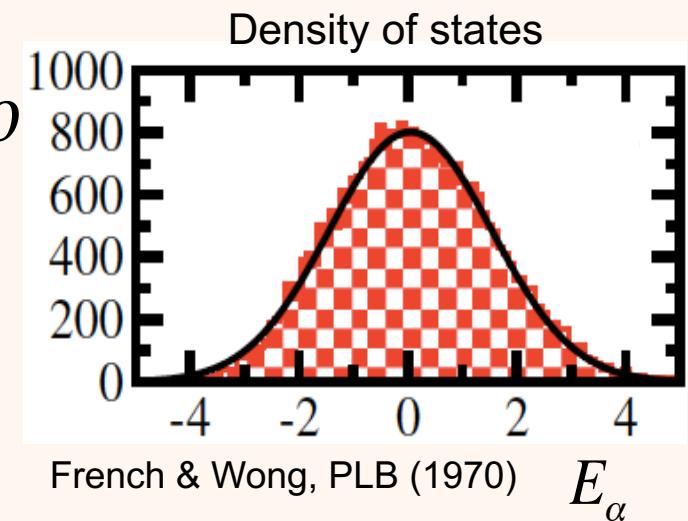
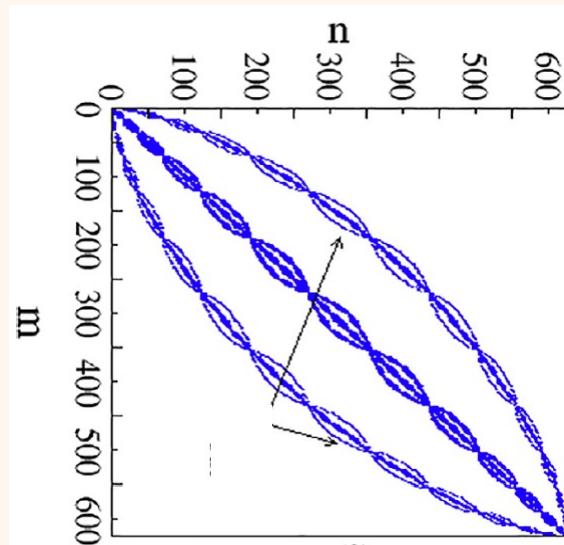
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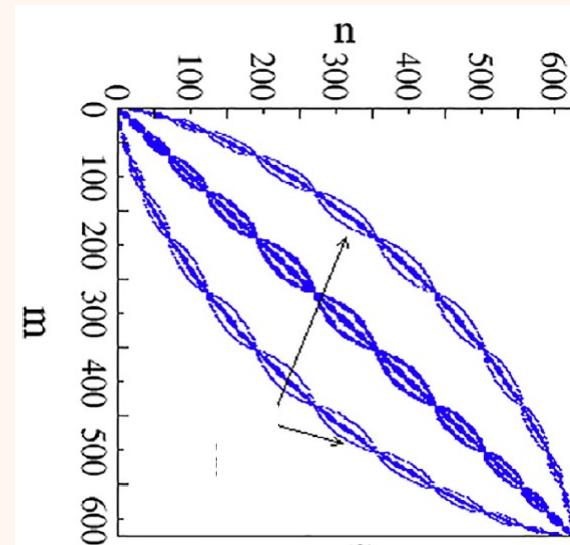
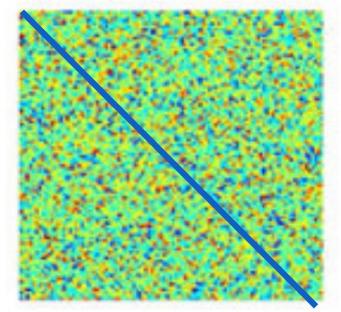
Physical
many-body quantum systems



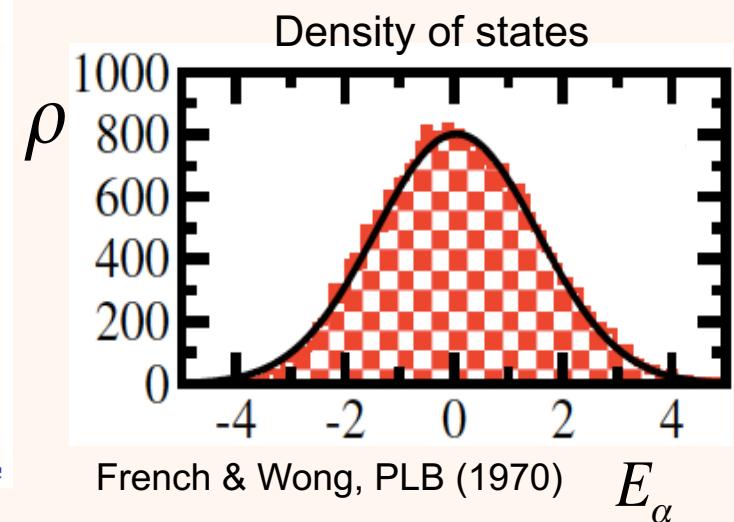
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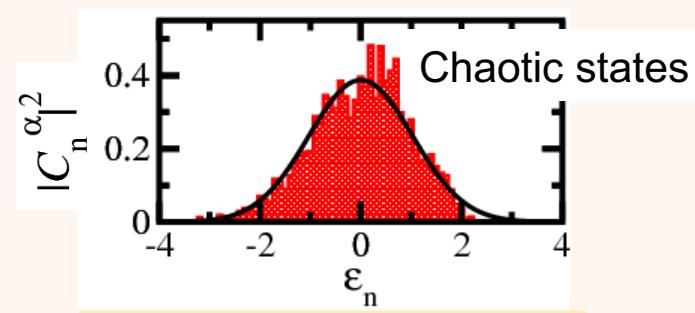
Physical
many-body quantum systems



French & Wong, PLB (1970)

Thermalization in realistic systems happens
away from the edges of the spectrum and for
few-body observables

New developments:
deep thermalization; non-abelian ETH.



LFS, Borgonovi, Izrailev
PRE 85, 036209 (2012)

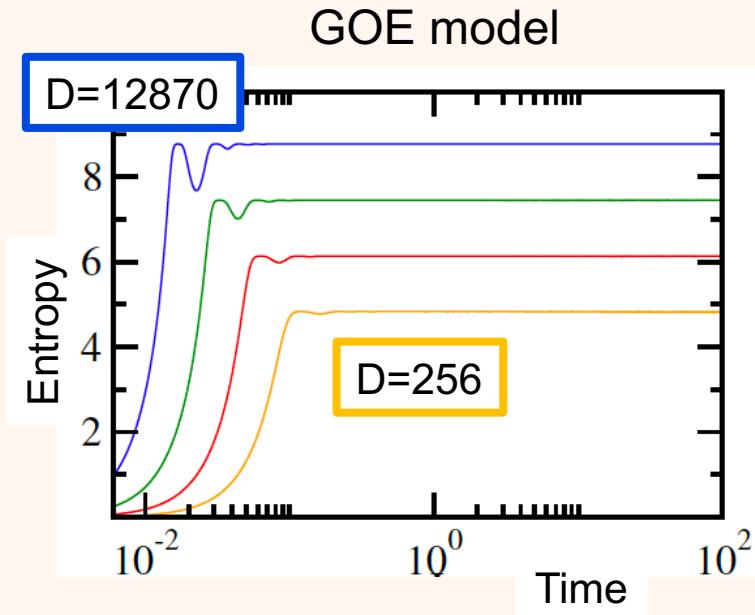
Timescales and Thermalization

Full Random Matrices vs Physical Models

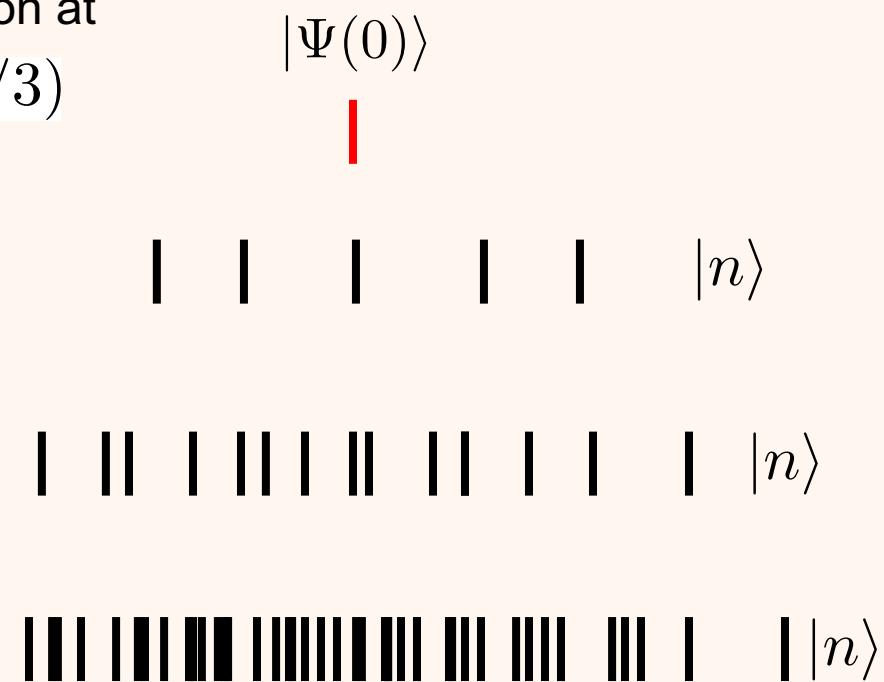
Timescales: GOE

“Participation” entropy: $-\ln\left(\sum_n |\langle n|\Psi(t)\rangle|^4\right)$

$$H_0|n\rangle = \epsilon_n|n\rangle$$
$$H = H_0 + V$$



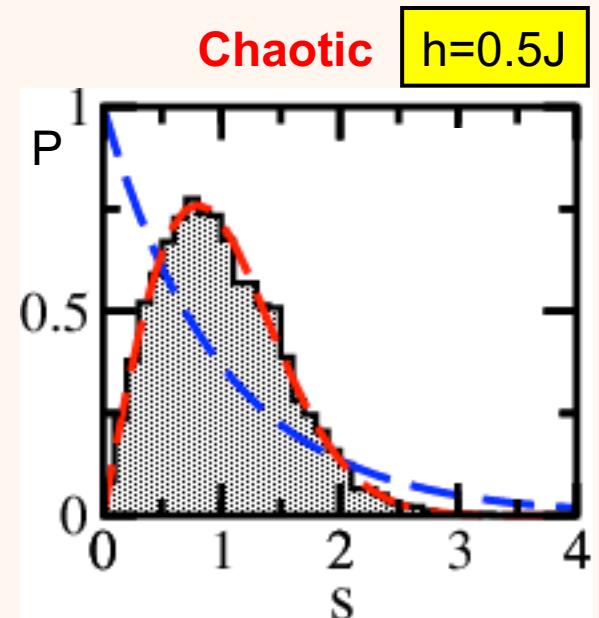
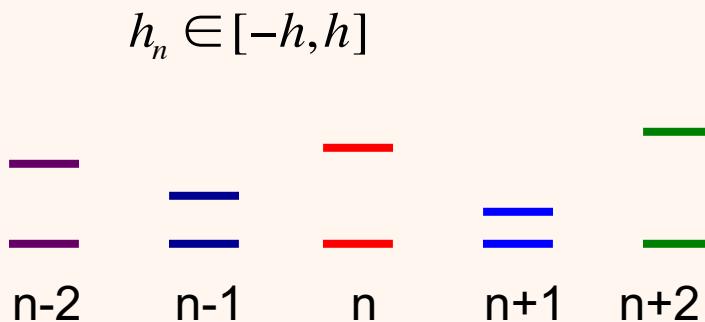
Saturation at
 $\ln(D/3)$



Physical Model

1D spin-1/2 system with nearest-neighbor couplings and onsite disorder

$$H = \sum_{n=1}^L \frac{h_n}{2} \sigma_n^z + \sum_{n=1}^L \frac{J}{4} [\sigma_n^z \sigma_{n+1}^z + (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y)]$$

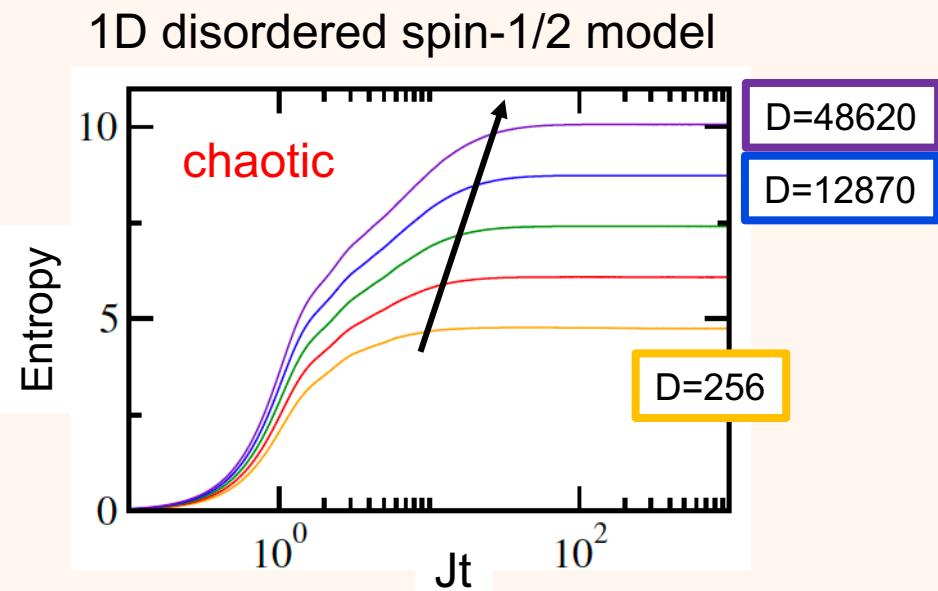
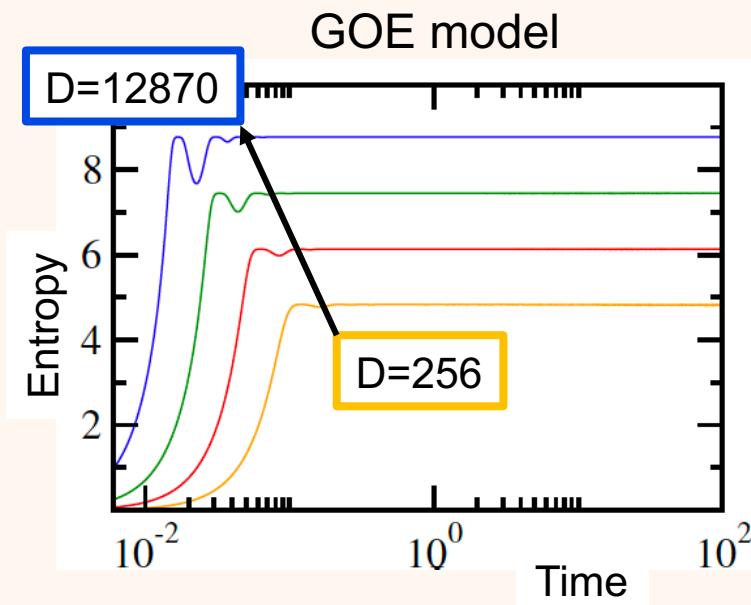


Initial states with energy in the middle of the spectrum

$$\Psi(0) = \uparrow \downarrow \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow \uparrow$$

Timescales: GOE vs Physical Model

“Participation” entropy: $-\ln\left(\sum_n |\langle n|\Psi(t)\rangle|^4\right)$

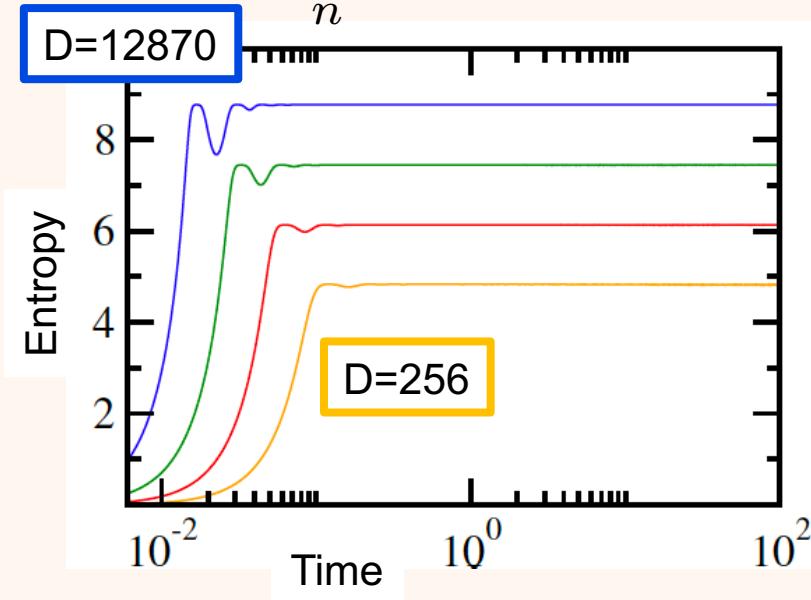


$$t^* \propto L^\gamma$$

Timescales: GOE

“Participation” Entropy:

$$-\ln\left(\sum_n |\langle n|\Psi(t)\rangle|^4\right)$$



Survival Probability:

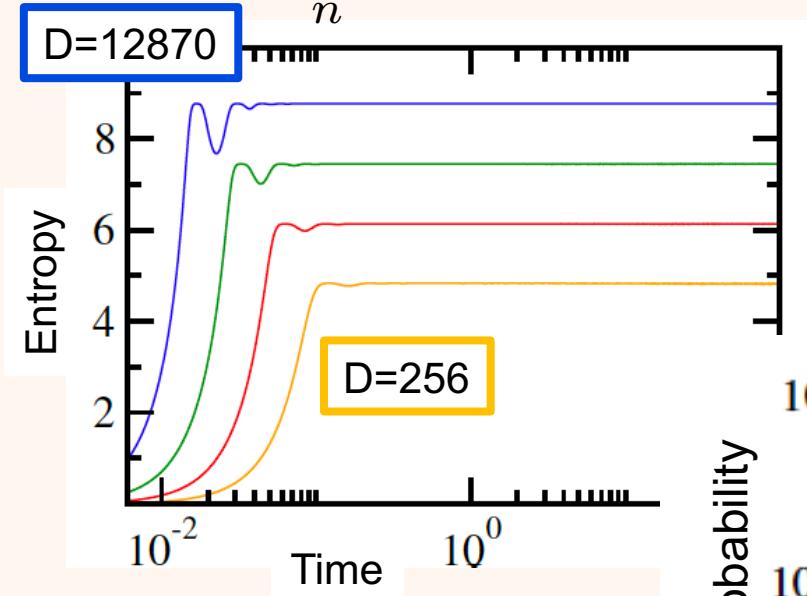
$$|\langle \Psi(0) | \Psi(t) \rangle|^2$$

$$\frac{1 - \overline{SP}}{D - 1} \left[D \frac{\mathcal{J}_1^2(2\Gamma t)}{(\Gamma t)^2} - b_2 \left(\frac{\Gamma t}{2D} \right) \right] + \overline{SP}$$

Timescales: GOE

"Participation" Entropy:

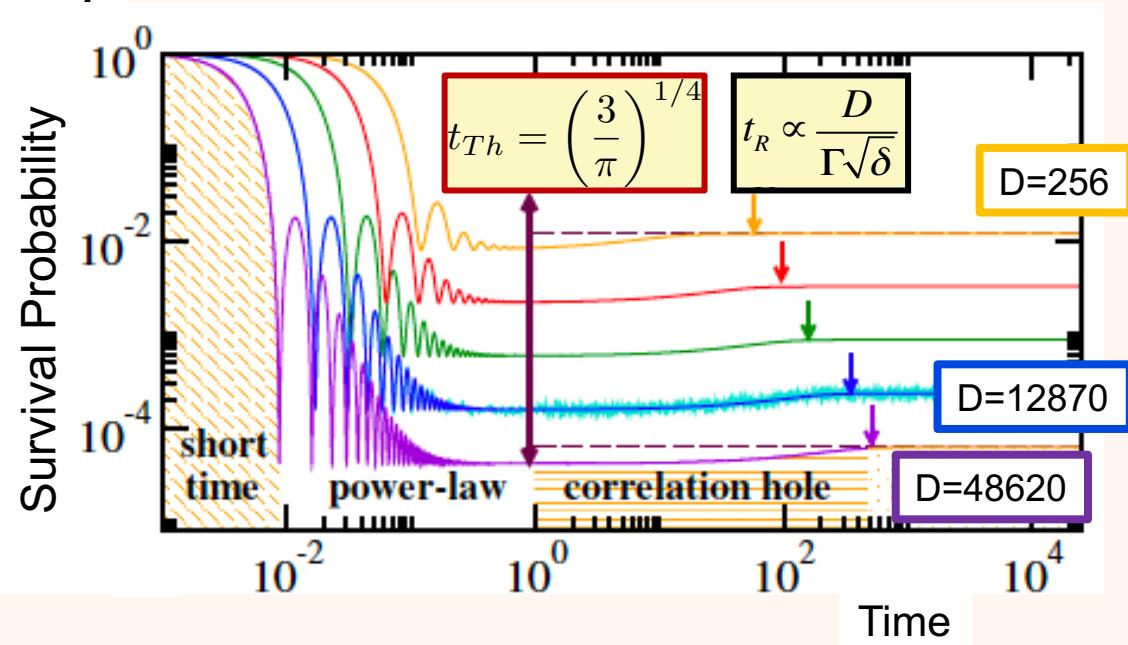
$$-\ln\left(\sum_n |\langle n|\Psi(t)\rangle|^4\right)$$



Survival Probability:

$$|\langle \Psi(0)|\Psi(t)\rangle|^2$$

$$\frac{1 - \overline{SP}}{D - 1} \left[D \frac{\mathcal{J}_1^2(2\Gamma t)}{(\Gamma t)^2} - b_2 \left(\frac{\Gamma t}{2D} \right) \right] + \overline{SP}$$



Correlation Hole

Dynamical manifestation of quantum chaos

Survival Probability and Spectral Form Factor

Survival Probability:

$$\left| \langle \Psi(0) | \Psi(t) \rangle \right|^2$$

$$\Psi(0) = \uparrow \downarrow \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow \uparrow$$

$$\langle SP(t) \rangle = \left\langle \sum_{\alpha, \beta} |C_{\alpha}^{ini}|^2 |C_{\beta}^{ini}|^2 e^{-i(E_{\alpha} - E_{\beta})t} \right\rangle$$

$$C_{\alpha}^{ini} = \langle \alpha | \Psi(0) \rangle$$

Quench dynamics
(cold atoms, ion traps)

Spectral form factor

$$\text{SFF}(t) = \frac{1}{D^2} \left\langle \sum_{\alpha, \beta} e^{i(E_{\alpha} - E_{\beta})t} \right\rangle$$

Survival Probability and Spectral Form Factor

Survival Probability:

$$\left| \langle \Psi(0) | \Psi(t) \rangle \right|^2$$

$$\Psi(0) = \uparrow \downarrow \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow \uparrow$$

$$\langle SP(t) \rangle = \left\langle \sum_{\alpha, \beta} |C_{\alpha}^{ini}|^2 |C_{\beta}^{ini}|^2 e^{-i(E_{\alpha} - E_{\beta})t} \right\rangle$$

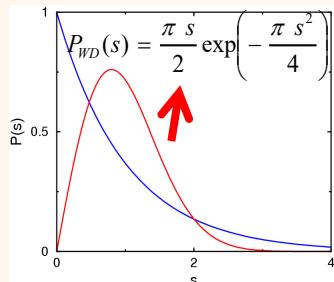
$$C_{\alpha}^{ini} = \langle \alpha | \Psi(0) \rangle$$

Quench dynamics
(cold atoms, ion traps)

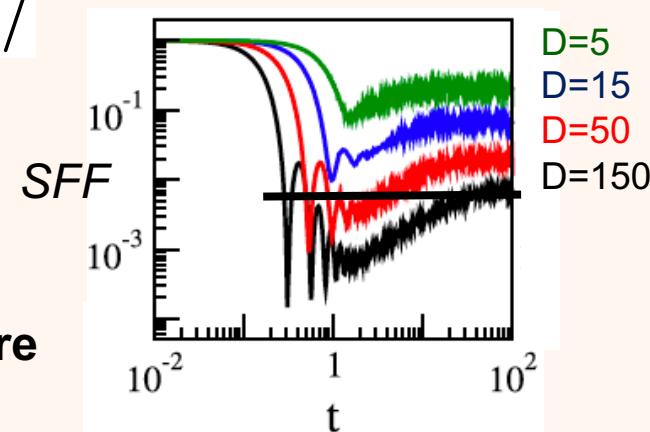
Spectral form factor

$$SFF(t) = \frac{1}{D^2} \left\langle \sum_{\alpha, \beta} e^{i(E_{\alpha} - E_{\beta})t} \right\rangle$$

Fourier transform of the
two-point spectral correlation function



Signature of spectral correlations:
Slope-dip-ramp-plateau structure



Correlation Hole

VOLUME 56, NUMBER 23

PHYSICAL REVIEW LETTERS

9 JUNE 1986

Fourier Transform: A Tool to Measure Statistical Level Properties in Very Complex Spectra

Luc Leviandier, Maurice Lombardi, Rémi Jost, and Jean Paul Pique

Laboratoire de Spectrométrie Physique, Université Scientifique et Médicale de Grenoble, 38402 Saint Martin d'Hères, France, and Service National des Champs Intenses, Centre National de la Recherche Scientifique, 38042 Grenoble Cedex, France
(Received 27 November 1985)

Chemical Physics 146 (1990) 21–38
North-Holland

Correlations in anticrossing spectra and scattering theory. Analytical aspects

T. Guhr and H.A. Weidenmüller

Max-Planck-Institut für Kernphysik, 6900 Heidelberg, FRG

Received 12 December 1989

Experimental results of anticrossing spectroscopy in molecules, in particular the correlation hole, are discussed in a theoretical model. The laser measurements are modelled in terms of the scattering matrix formalism originally developed for compound nucleus scattering. Random matrix theory is used in the framework of this model. The correlation hole is analytically derived for small singlet-triplet coupling. In the case of the data on methylglyoxal this limit is realistic if the spectrum is indeed a superposition of several pure sequences as one can conclude from the analysis of the measurements.

PHYSICAL REVIEW A

VOLUME 46, NUMBER 8

15 OCTOBER 1992

Spectral autocorrelation function in the statistical theory of energy levels

Y. Alhassid

Center for Theoretical Physics, Sloane Physics Laboratory, Yale University, New Haven, Connecticut
and the A.W. Wright Nuclear Structure Laboratory, Yale University, New Haven, Connecticut

R. D. Levine

The Fritz Haber Research Center for Molecular Dynamics, The Hebrew University, Jerusalem 919
(Received 11 October 1991; revised manuscript received 5 May 1992)

VOLUME 58, NUMBER 5

PHYSICAL REVIEW LETTERS

2 FEBRUARY 1987

Chaos and Dynamics on 0.5–300-ps Time Scales in Vibrationally Excited Acetylene: Fourier Transform of Stimulated-Emission Pumping Spectrum

J. P. Pique,^(a) Y. Chen, R. W. Field, and J. L. Kinsey

Department of Chemistry and George Harrison Spectroscopy Laboratory, Massachusetts Institute of Technology, Cambridge, Massachusetts 02139
(Received 27 October 1986)

PHYSICAL REVIEW E, VOLUME 65, 026214

Signatures of the correlation hole in total and partial cross sections

T. Gorin* and T. H. Seligman

Centro de Ciencias Fisicas, University of Mexico (UNAM), CP 62210 Cuernavaca, Mexico
(Received 3 August 2001; published 24 January 2002)

In a complex scattering system with few open channels, say a quantum dot with leads, the correlation properties of the poles of the scattering matrix are most directly related to the internal dynamics of the system. We may ask how to extract these properties from an analysis of cross sections. In general this is very difficult, if we leave the domain of isolated resonances. We propose to consider the cross correlation function of two different elastic or total cross sections. For these we can show numerically and to some extent also analytically a significant dependence on the correlations between the scattering poles. The difference between uncorrelated and strongly correlated poles is clearly visible, even for strongly overlapping resonances.

J. Phys. A: Math. Theor. 46 (2013) 275303 (12pp)

doi:10.1088/1751-8113/46/27/275303

Fidelity under isospectral perturbations: a random matrix study

F Leyvraz^{1,2}, A García¹, H Kohler³ and T H Seligman^{1,2}

PHYSICAL REVIEW LETTERS

2 SEPTEMBER 1991

Time-Dependent Manifestations of Quantum Chaos

Joshua Wilkie and Paul Brumer

Chemical Physics Theory Group, Department of Chemistry, University of Toronto, Toronto, Ontario, Canada M5S 1A1
(Received 11 April 1991)

Correlation Hole

VOLUME 56, NUMBER 23

PHYSICAL REVIEW LETTERS

9 JUNE 1986

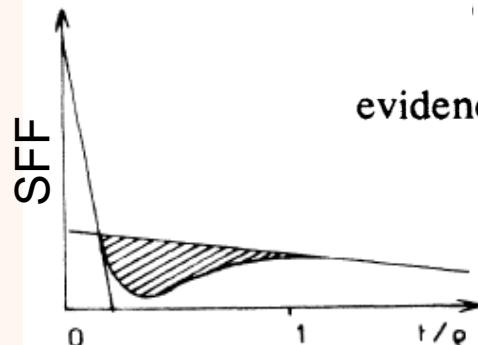
Fourier Transform: A Tool to Measure Statistical Level Properties in Very Complex Spectra

Luc Leviandier, Maurice Lombardi, Rémi Jost, and Jean Paul Pique

Laboratoire de Spectrométrie Physique, Université Scientifique et Médicale de Grenoble, 38402 Saint Martin d'Hères, France, and Service National des Champs Intenses, Centre National de la Recherche Scientifique, 38042 Grenoble Cedex, France

(Received 27 November 1985)

We show that the Fourier transform of very complex spectra gives a sound measurement of long-range statistical properties of levels even in cases of badly resolved, poorly correlated spectra. Examples of nuclear energy levels, highly excited acetylene vibrational levels, and singlet-triplet anticrossing spectra in methylglyoxal are displayed.

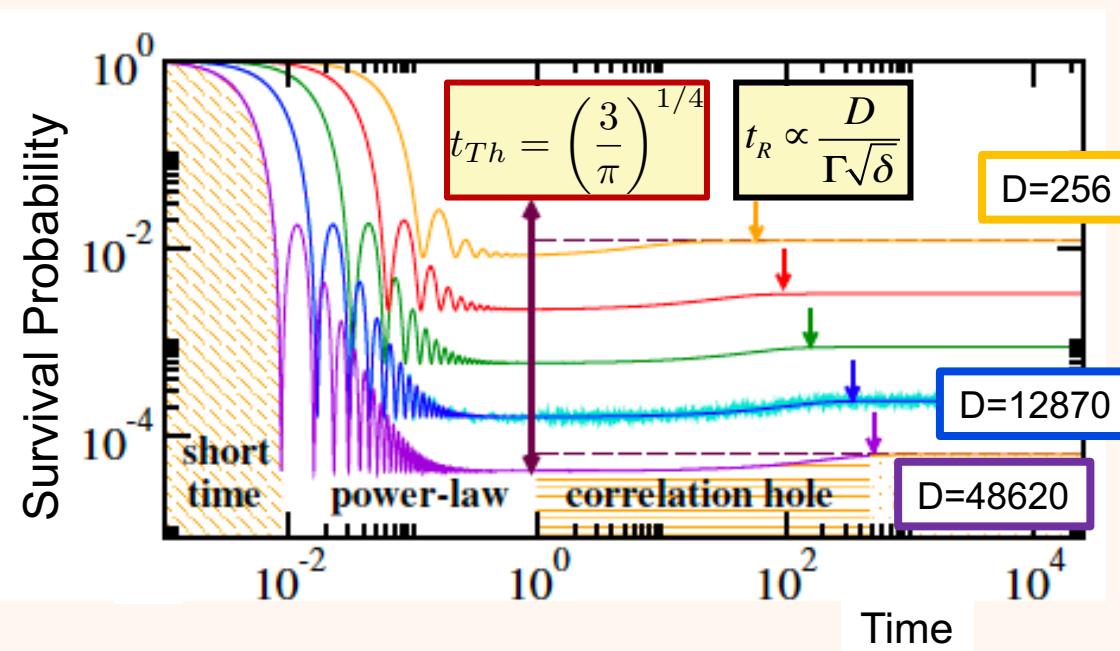


The presence of level correlation is thus evidenced by a "correlation hole"

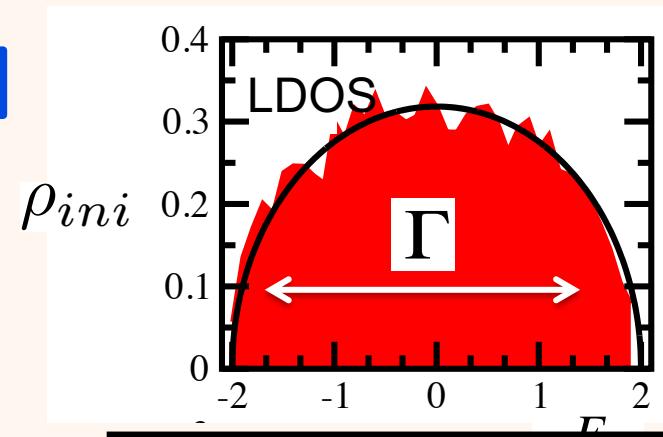
Survival Probability: GOE

$$|\langle \Psi(0) | \Psi(t) \rangle|^2$$

$$\frac{1 - \overline{SP}}{D - 1} \left[D \frac{\mathcal{J}_1^2(2\Gamma t)}{(\Gamma t)^2} - b_2 \left(\frac{\Gamma t}{2D} \right) \right] + \overline{SP}$$



2-level form factor

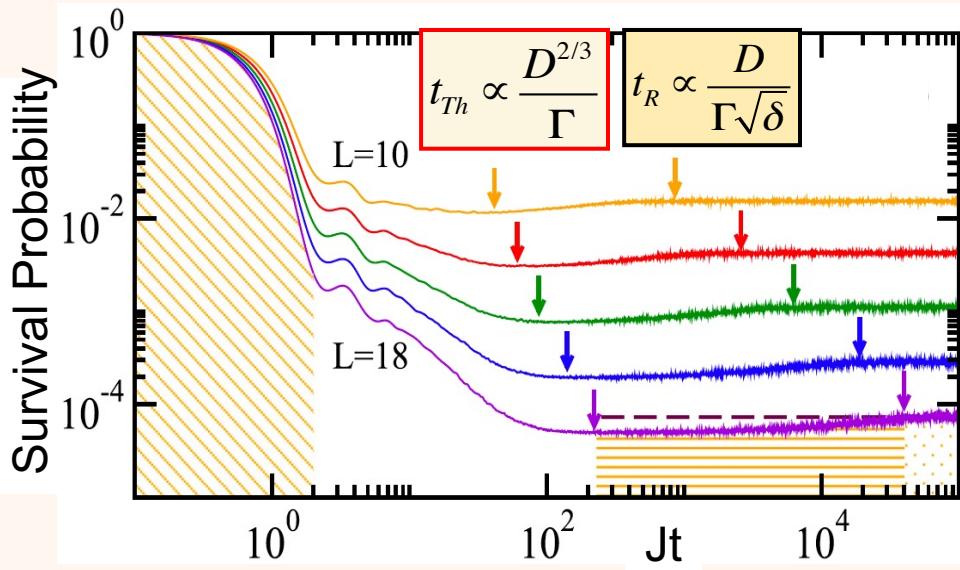


PRB 97, 060303 (R) (2018)
PRB 99, 174313 (2019)

Survival Probability: Physical Model

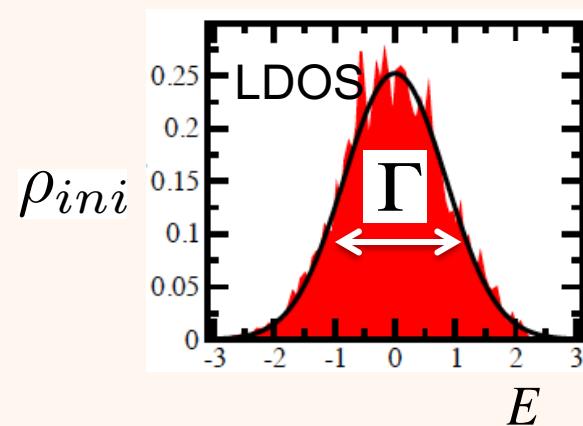
$$\Psi(0) = \uparrow \downarrow \downarrow \uparrow \downarrow \uparrow \downarrow \uparrow \uparrow$$

$$|\langle \Psi(0) | \Psi(t) \rangle|^2$$



$$\frac{1 - \overline{SP}}{(D - 1)} \left[\frac{De^{-\Gamma^2 t^2}}{\mathcal{N}^2} \mathcal{F}(t) - b_2 \left(\frac{\Gamma t}{\sqrt{2\pi D}} \right) \right] + \overline{SP}$$

$$\mathcal{F}(t) = \left| \operatorname{erf} \left(\frac{E_{\max} + it\Gamma^2}{\sqrt{2}\Gamma} \right) - \operatorname{erf} \left(\frac{E_{\min} + it\Gamma^2}{\sqrt{2}\Gamma} \right) \right|^2$$



$$H = \sum_{n=1}^L \frac{h_n}{2} \sigma_n^z + \sum_{n=1}^L \frac{J}{4} [\sigma_n^z \sigma_{n+1}^z + (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y)]$$

PRB **97**, 060303 (R) (2018)
PRB **99**, 174313 (2019)

Correlation Hole: Advantages/Disadvantages

ADVANTAGES:

Short- and long-range correlation
Emerges despite symmetries

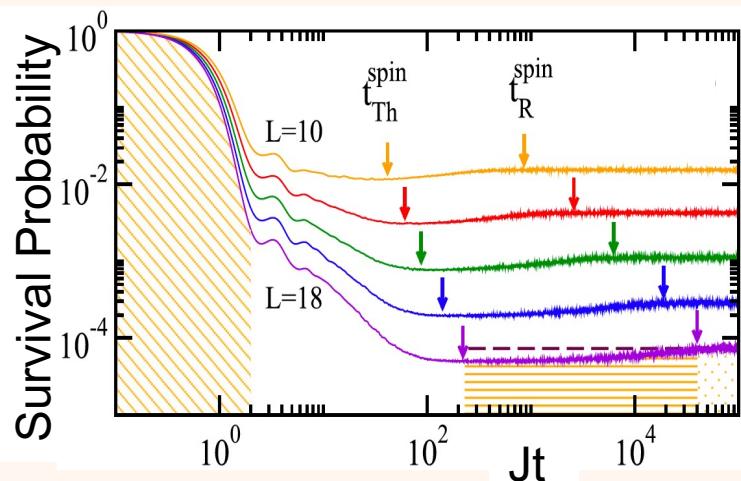
Dynamical quantity

DISADVANTAGES:

Long-times

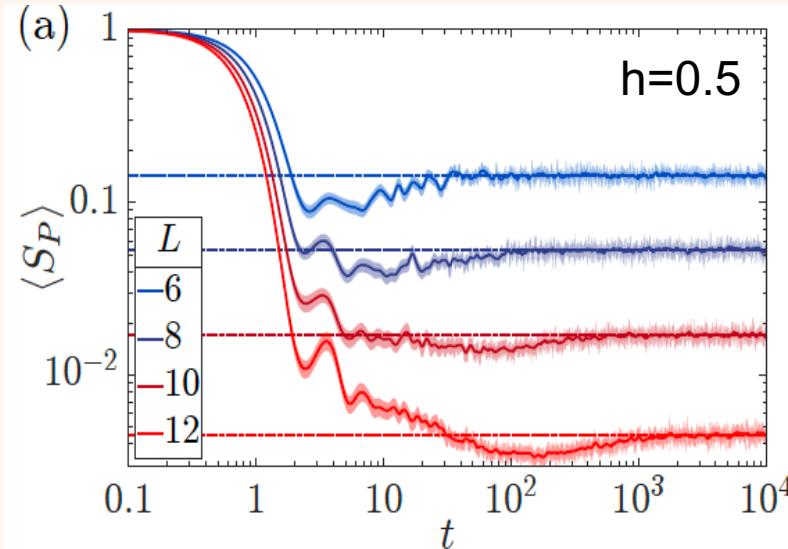
Non-local quantity

Non-self-averaging

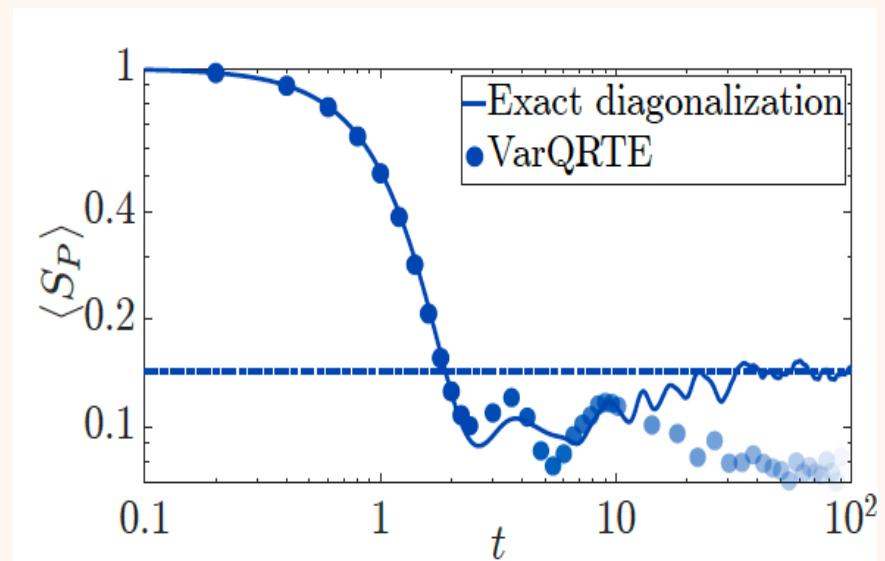


Experimental Detection of the Correlation Hole

Small Systems



$$|\langle \Psi(0) | \Psi(t) \rangle|^2$$

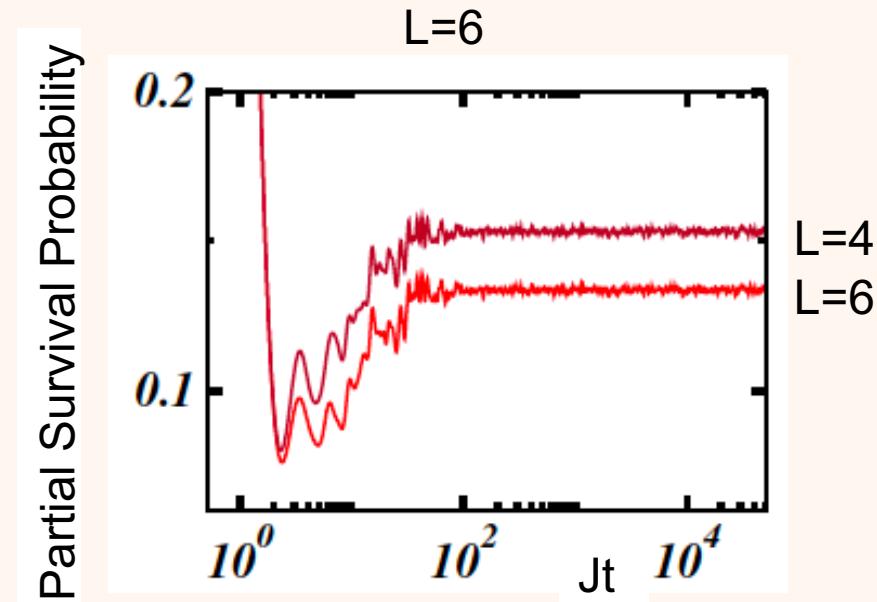
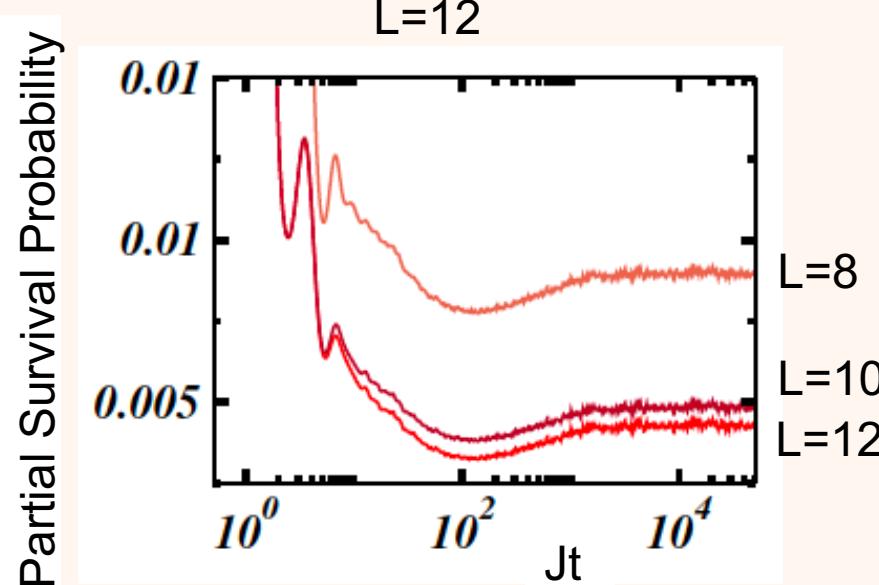


Proposal for many-body quantum chaos detection
PRR 7, 013181 (2025)

Quasi-local Observable

Partial
Survival Probability

$$S_P^{(2,4)}(t) = \left| \langle \uparrow \boxed{\downarrow \uparrow} \downarrow | e^{-iHt} | \uparrow \boxed{\downarrow \uparrow} \downarrow \rangle \right|^2 + \left| \langle \downarrow \boxed{\downarrow \uparrow} \uparrow | e^{-iHt} | \uparrow \boxed{\downarrow \uparrow} \downarrow \rangle \right|^2$$

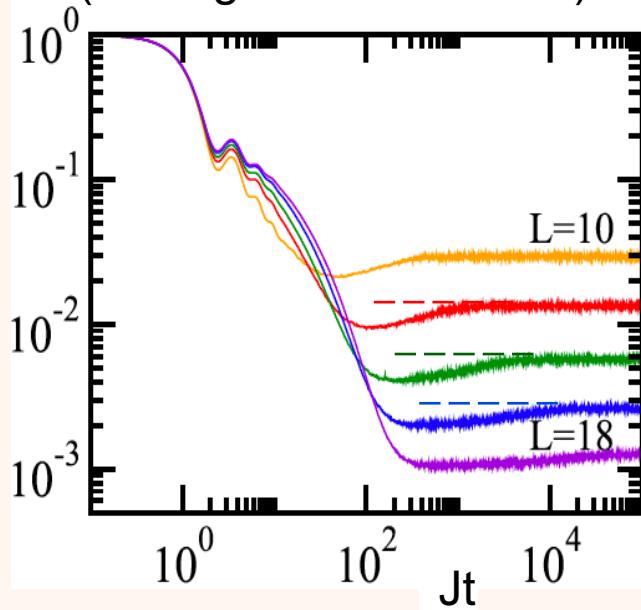


Local Observable

Spin Autocorrelation Function:

$$\frac{1}{L} \sum_{k=1}^L \langle \Psi(0) | \hat{\sigma}_k^z \hat{\sigma}_k^z(t) | \Psi(0) \rangle$$

Spin Autocorrelation Function
(averaged over all sites)



PRB 97, 060303 (R) (2018)

PRB 104, 085117 (2021)

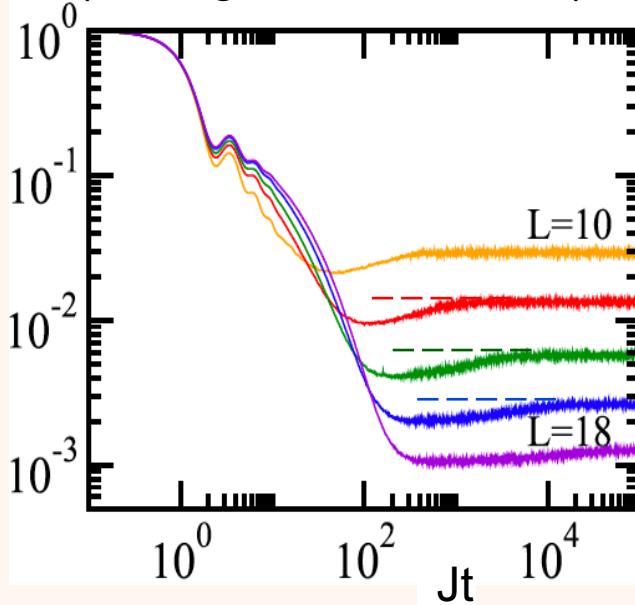
PRR 7, 013181 (2025)

Local Observable

Spin Autocorrelation Function:

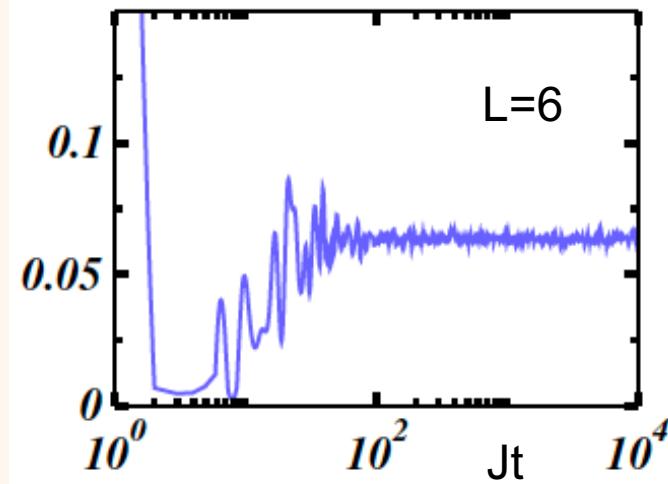
$$\frac{1}{L} \sum_{k=1}^L \langle \Psi(0) | \hat{\sigma}_k^z \hat{\sigma}_k^z(t) | \Psi(0) \rangle$$

Spin Autocorrelation Function
(averaged over all sites)



*Detection of many-body quantum chaos
with a single site.*

Spin Autocorrelation Function
(for a **single site**)



Self-Averaging

A quantity O is self-averaging when its relative variance goes to zero as the system size increases

$$\mathcal{R}_O(t) = \frac{\sigma_O^2(t)}{\langle O(t) \rangle^2} = \frac{\langle O^2(t) \rangle - \langle O(t) \rangle^2}{\langle O(t) \rangle^2}$$

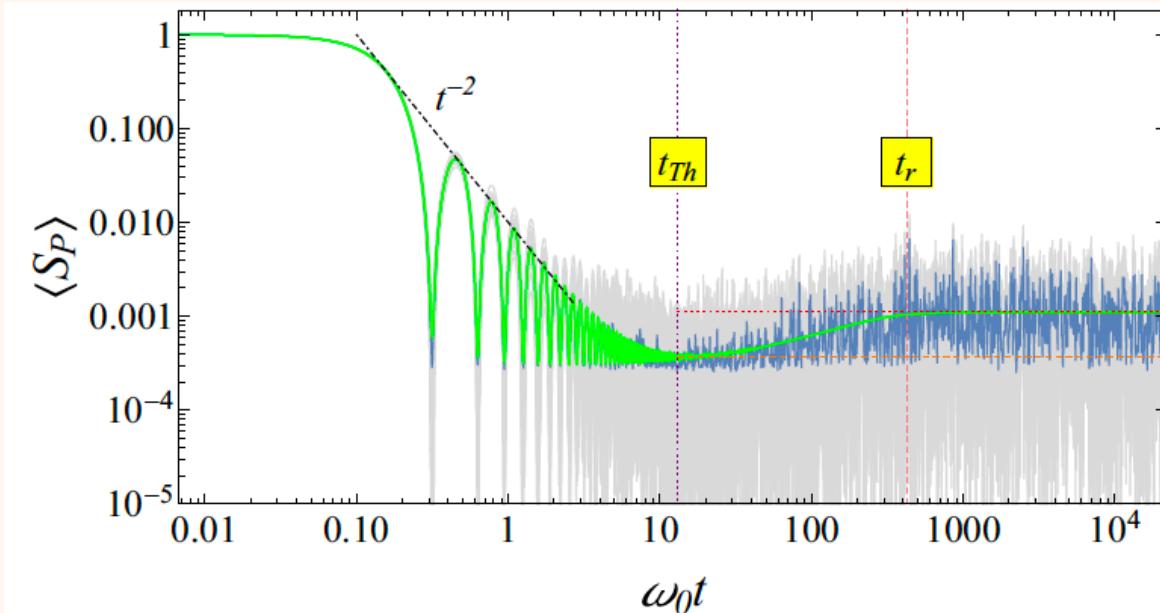
By increasing the system size, one can **reduce** the number of samples used in

- experiments
- statistical analysis.

If the system exhibits self-averaging, its physical properties are independent of the specific realization.

PRR **3**, L032030 (2021)
PRE **102**, 062126 (2020)
PRB **102**, 094310 (2020)
PRB **101**, 174312 (2020)

Lack of Self-Averaging



Dicke model
PRE 100, 012218 (2019)

N. Argaman, F.-M. Dittes, E. Doron, J. P. Keating, A. Yu. Kitaev, M. Sieber, and U. Smilansky,
Correlations in the Actions of Periodic Orbits Derived from Quantum Chaos,
[Phys. Rev. Lett. 71, 4326 \(1993\)](#)

B. Eckhardt and J. Main, Semiclassical Form Factor of Matrix Element Fluctuations,
[Phys. Rev. Lett. 75, 2300 \(1995\)](#)

R. E. Prange, The Spectral form Factor is Not Self-Averaging,
[Phys. Rev. Lett. 78, 2280 \(1997\)](#)

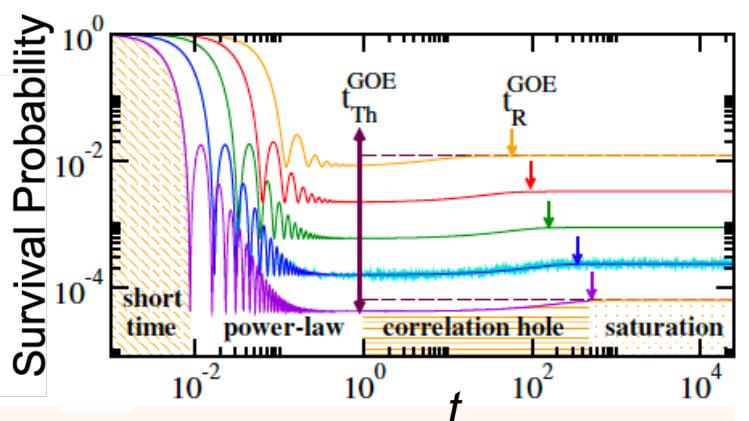
P. Braun and F. Haake, Self-averaging characteristics of spectral fluctuations,
[J. Phys. A 48, 135101 \(2015\)](#)

Analytical with GOE:
SP and SFF are
nowhere self-averaging

[PRB 101, 174312 \(2020\)](#)

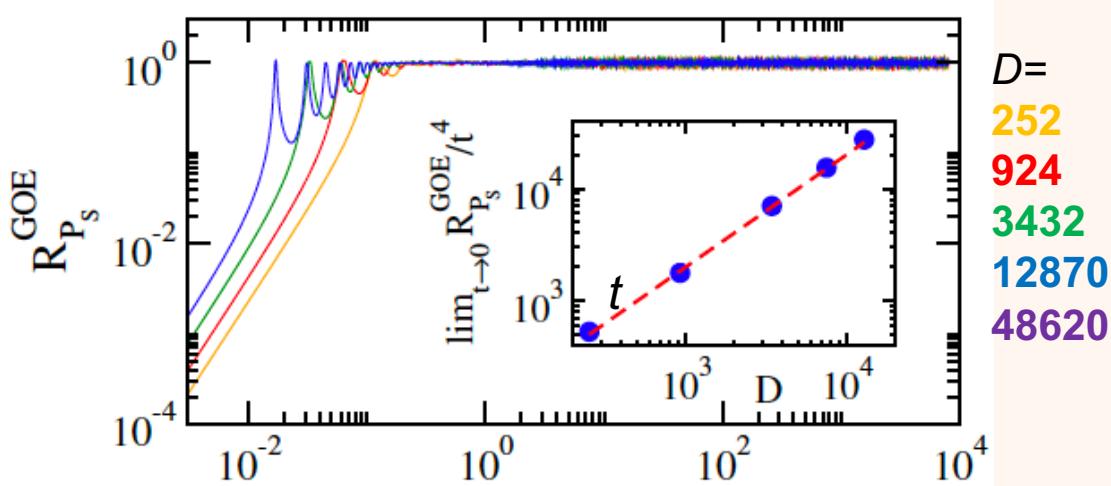
Lack of Self-Averaging: Analytical Results

$$SP(t) = \left| \langle \Psi(0) | e^{-iHt} | \Psi(0) \rangle \right|^2$$

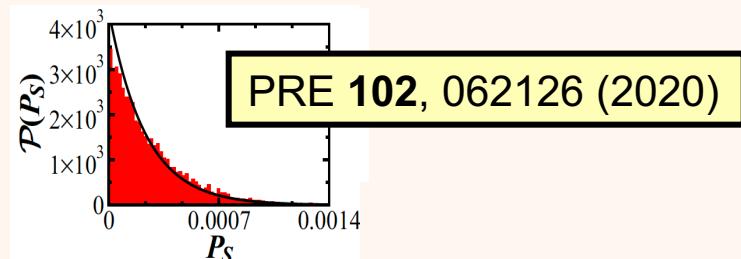


$$\mathcal{R}_{SP}(t) = \frac{\sigma_{SP}^2(t)}{\langle SP(t) \rangle^2} = \frac{\langle SP^2(t) \rangle - \langle SP(t) \rangle^2}{\langle SP(t) \rangle^2}$$

Analytical results: GOE



$$\left\langle \sum_{\alpha \neq \gamma \neq \beta \neq \delta} e^{-i(E_\alpha - E_\beta + E_\gamma - E_\delta)t} |c_\alpha^{(0)}|^2 |c_\beta^{(0)}|^2 |c_\gamma^{(0)}|^2 |c_\delta^{(0)}|^2 \right\rangle$$

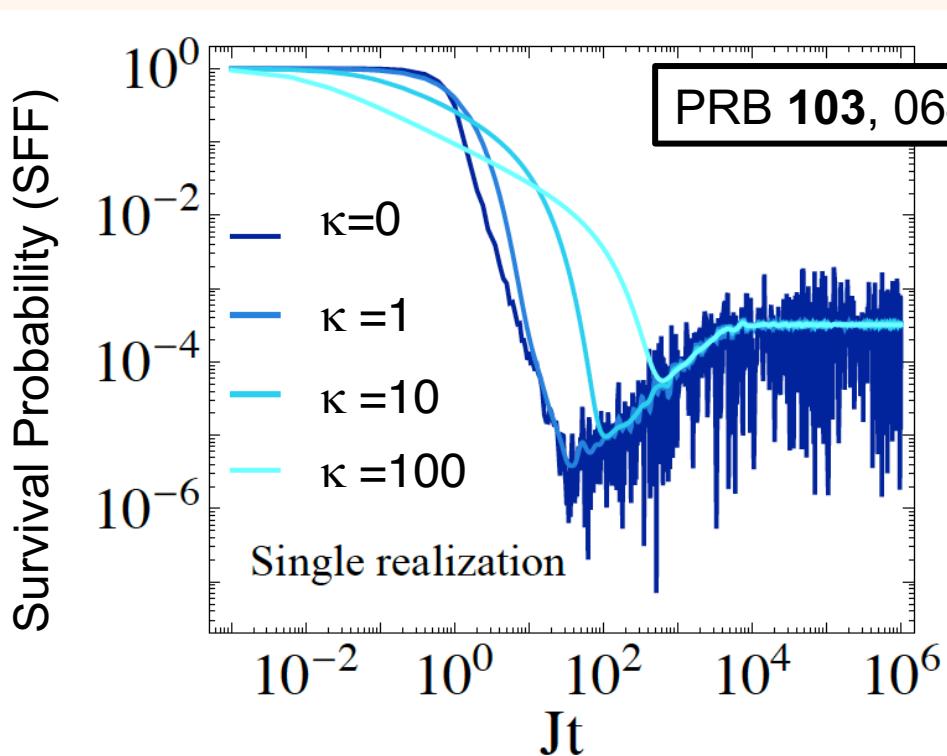


Avoiding averages with decoherence

$$\frac{d\rho}{dt} = -i[H, \rho] - \kappa[H, [H, \rho]]$$

↑
dephasing
strength

Tamestit and Sipe,
*Survival probability and
chaos in an open quantum system,*
PRA **45**, 8280 (1992)



Adolfo del Campo

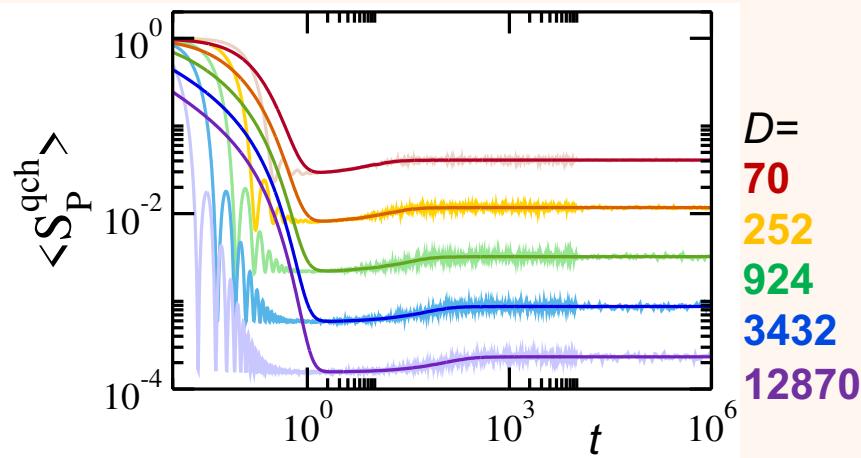
Initial Gibbs states

$$|c_n^{(0)}|^2 = \frac{e^{-\beta E_n}}{\sum_m e^{-\beta E_m}}$$

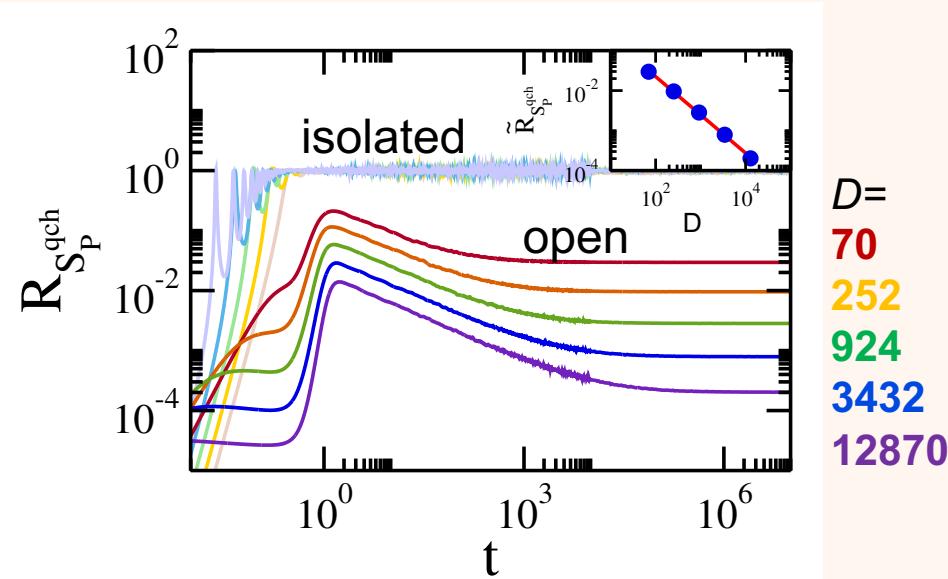
PRA **108**, 062201 (2023)

Self-averaging in GOE matrices

$$\mathcal{R}_{SP}(t) = \frac{\sigma_{SP}^2(t)}{\langle SP(t) \rangle^2} = \frac{\langle SP^2(t) \rangle - \langle SP(t) \rangle^2}{\langle SP(t) \rangle^2}$$



$$\overline{R_{SP}^{\kappa \neq 0}} = \frac{\sigma_{\text{IPR}_0}^2}{\langle \text{IPR}_0 \rangle^2}$$



PRA 108, 062201 (2023)

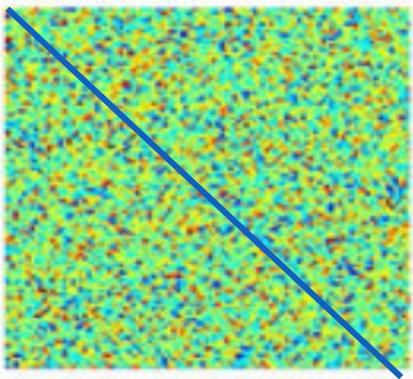
Gibbs

PRB 110, 075138 (2024)

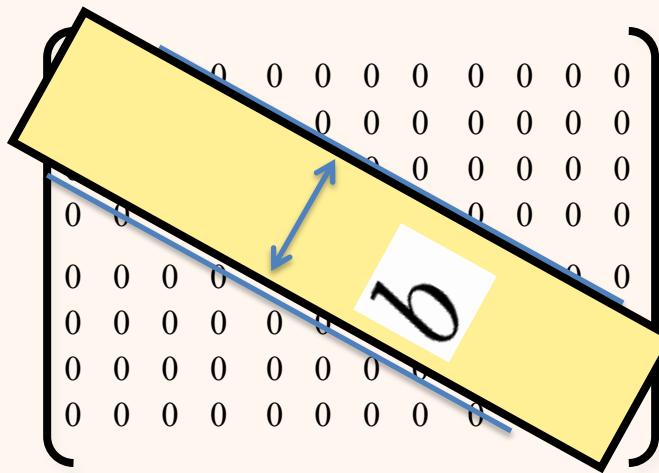
quench

Random matrices models

Full random matrices



Wigner Band Random Matrix



Diagonal elements: integers
 $\dots, -2, -1, 0, 1, 2, \dots$

Off-diagonal elements

$$|v_{mn}| = v$$

the signs of the v_{ij} are random

- Random real numbers
- Sparsity

Fyodorov, Casati, Izrailev, Prosen

Power-law banded random matrices

$$\langle H_{ij} \rangle = 0 \quad \text{Gaussian random numbers}$$

$$\langle H_{ij}^2 \rangle = \begin{cases} 1, & i = j \\ (1 + |i - j|^{2\alpha})^{-1}, & i \neq j, \end{cases}$$

$\alpha < 1$ Ergodic (chaotic) phase

Rosenzweig-Porter ensemble

$$\langle H_{ij}^2 \rangle = \begin{cases} 1, & i = j \\ \frac{1}{2N^\gamma}, & i \neq j, \end{cases}$$

$\gamma < 1$ Ergodic (chaotic) phase

Two-Body Random Ensembles

Two-body random ensembles (1970)

French, Wong, Flores, Bohigas, Brody, Mello, Guhr,
Weidenmüller, Izrailev, Flambaum, Kota, Zelevinsky, Horoi,
Volya, Alhassid, Prosen, Seligman, ...

$$H = \sum_k \varepsilon_k a_k^\dagger a_k + \lambda \sum_{k \leq l, p \leq q} \langle pq | V | kl \rangle a_p^\dagger a_q^\dagger a_l a_k,$$



Embedded Random Ensembles

SYK model

Sachdev & Ye

PRL 70,3339 (1993)

We consider the ensemble of Hamiltonians

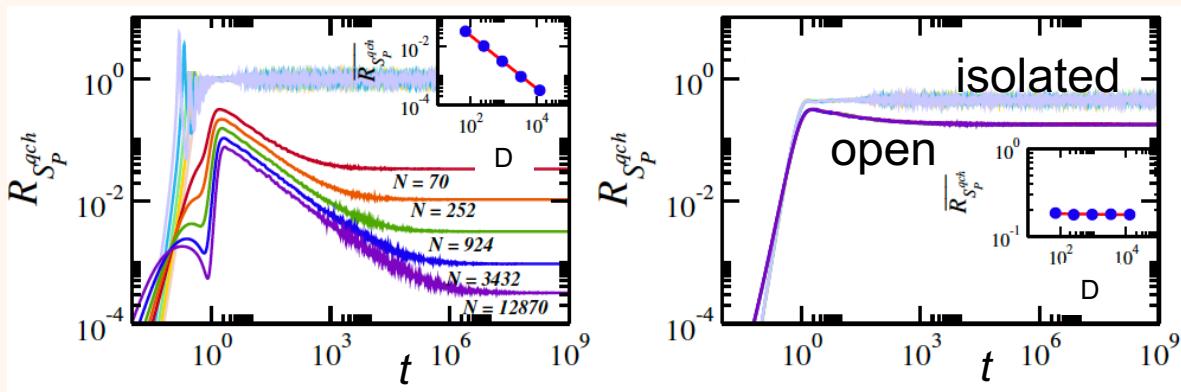
$$\mathcal{H} = \frac{1}{\sqrt{NM}} \sum_{i>j} J_{ij} \hat{\mathcal{S}}_i \cdot \hat{\mathcal{S}}_j, \quad (2)$$

where the sum over i, j extends over $N \rightarrow \infty$ sites, the exchange constants J_{ij} are mutually uncorrelated and selected with probability $P(J_{ij}) \sim \exp[-J_{ij}^2/(2J^2)]$, the $\hat{\mathcal{S}}$ are the spin operators of the group $SU(M)$, and the states on each site belong to a representation labeled by the integer n_b [$n_b = 2S$ for $SU(2)$; more generally n_b is the

Self-averaging in power-law banded random matrices

$$\mathcal{R}_{SP}(t) = \frac{\sigma_{SP}^2(t)}{\langle SP(t) \rangle^2} = \frac{\langle SP^2(t) \rangle - \langle SP(t) \rangle^2}{\langle SP(t) \rangle^2}$$

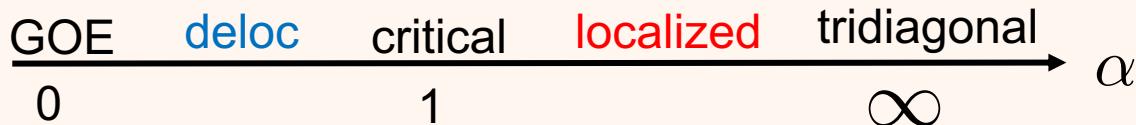
PRB 110, 075138 (2024)



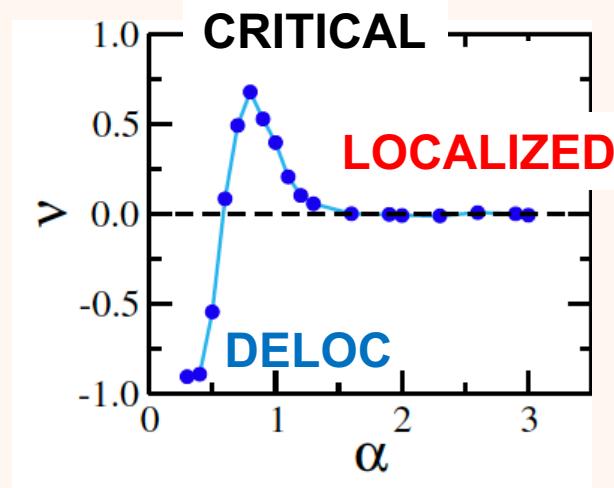
Power-law banded random matrices:

LOCALIZATION for $\alpha > 1$

$$\langle H_{ij}^2 \rangle = \begin{cases} 1, & i = j, \\ \left(1 + |i - j|^{2\alpha}\right)^{-1}, & i \neq j, \end{cases}$$

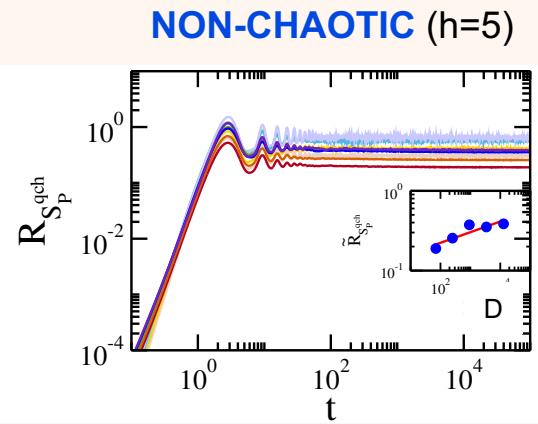
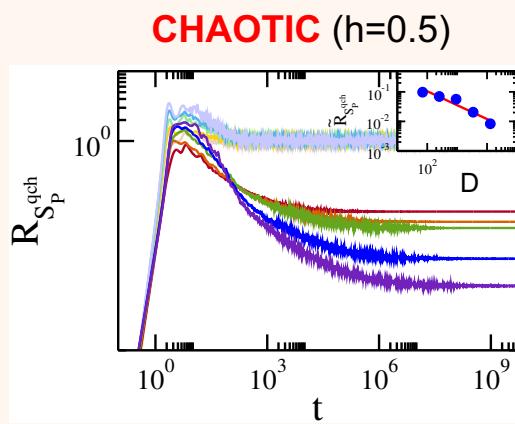


$$R_{SP}^{\kappa \neq 0} \propto D^\nu$$



Self-averaging in open physical systems

$$\mathcal{R}_{SP}(t) = \frac{\sigma_{SP}^2(t)}{\langle SP(t) \rangle^2} = \frac{\langle SP^2(t) \rangle - \langle SP(t) \rangle^2}{\langle SP(t) \rangle^2}$$

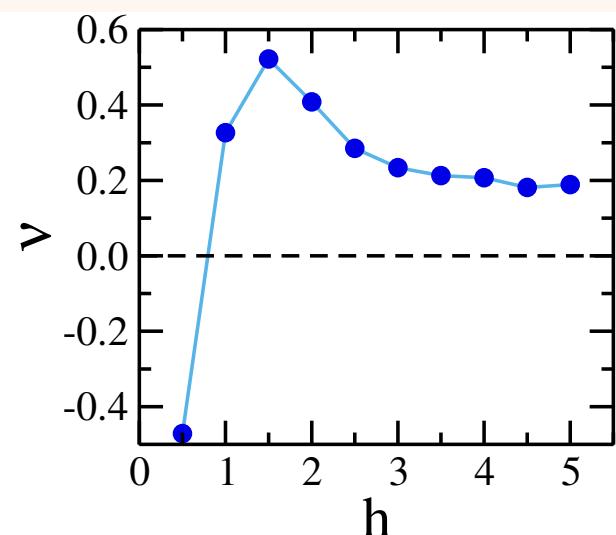


$L =$
8
10
12
14
16

$$\overline{R_{SP}^{\kappa \neq 0}} \propto D^\nu$$

$$H = \sum_{n=1}^L \frac{h_n}{2} \sigma_n^z + \sum_{n=1}^L \frac{J}{4} [\sigma_n^z \sigma_{n+1}^z + (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y)]$$

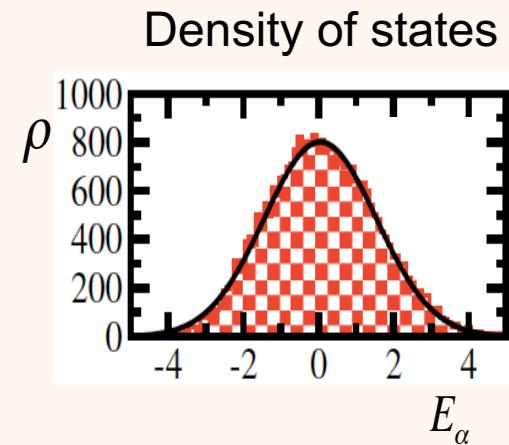
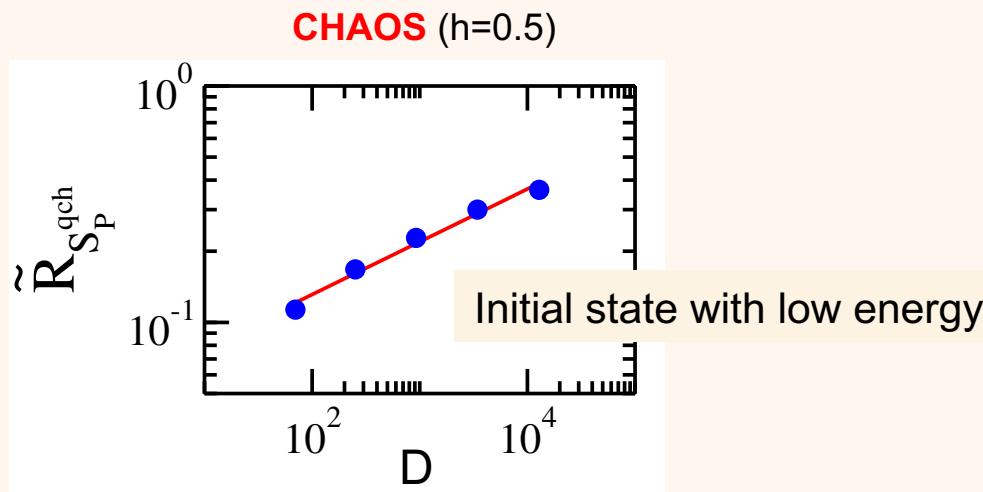
$$\overline{R_{SP}^{\kappa \neq 0}} = \frac{\sigma_{\text{IPR}_0}^2}{\langle \text{IPR}_0 \rangle^2}$$



Lack of self-averaging vs initial state

$$\mathcal{R}_{SP}(t) = \frac{\sigma_{SP}^2(t)}{\langle SP(t) \rangle^2} = \frac{\langle SP^2(t) \rangle - \langle SP(t) \rangle^2}{\langle SP(t) \rangle^2}$$

$$\overline{R_{SP^{qch}}^{\kappa \neq 0}} \propto D^\nu$$



Summary

- The time to reach thermal equilibrium in a chaotic system depends on the quantity, model and initial state.
- Polynomial increase with L .
Quantities with **correlation hole**: Exponentially long time in L to equilibrate.



Summary

- The time to reach thermal equilibrium in a chaotic system depends on the quantity, model and initial state.
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Quantities with **correlation hole**: Exponentially long time in L to equilibrate.
- **Correlation hole**: Dynamical manifestations of spectral correlations.
It could be **detected experimentally** (quench: SP, spin autocorrelation function).

PRR 7, 013181 (2025)



Summary

- The time to reach thermal equilibrium in a chaotic system depends on the quantity, model and initial state.
- Polynomial increase with L .
Quantities with **correlation hole**: Exponentially long time in L to equilibrate.

- **Correlation hole**: Dynamical manifestations of spectral correlations.
It could be **detected experimentally** (quench: SP, spin autocorrelation function).

PRR 7, 013181 (2025)

- Lack of **self-averaging**: PRB 110, 075138 (2024)
Avoided by **opening** the system to a dephasing environment (**chaotic** systems).
- Opening the system **reduces fluctuations**.



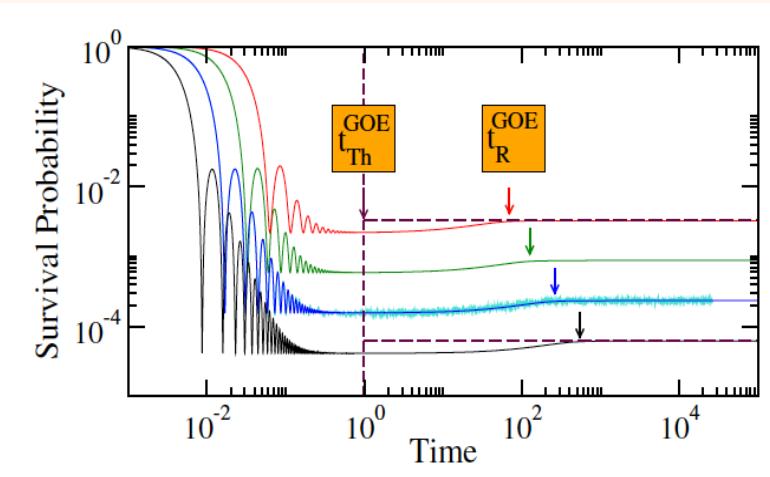
Additional Slides

Correlation Hole and System Size

Survival probability for GOE matrices:

$$\overline{SP} = 3/D$$

$$SP_{min} = 2/D$$



Relative depth of the correlation hole:

$$\kappa = \frac{\langle \overline{O} \rangle - \langle O \rangle_{\min}}{\langle \overline{O} \rangle}$$

$$\kappa = 1/3$$

Correlation Hole for the Survival Probability

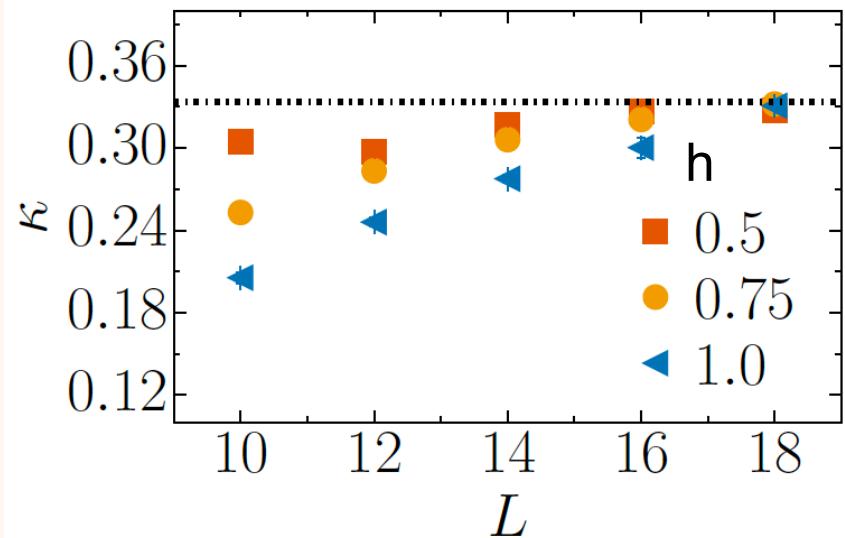
Relative depth of the correlation hole:

$$\kappa = \frac{\langle \bar{O} \rangle - \langle O \rangle_{\min}}{\langle \bar{O} \rangle}$$

Survival probability for
realistic chaotic systems:

$$\kappa = 1/3$$

$$h \leq J = 1$$



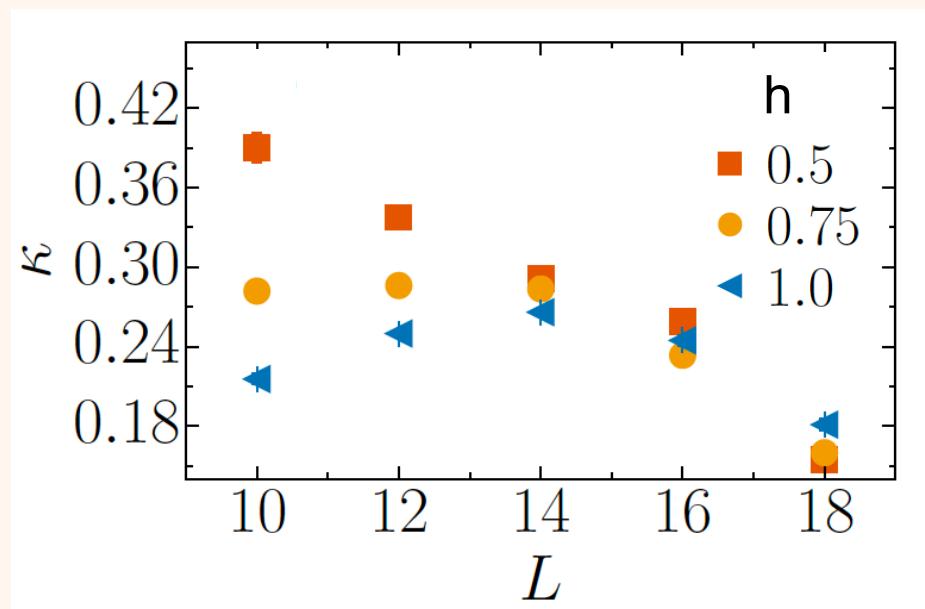
Correlation Hole for the Spin Autocorrelation Function

Relative depth of the correlation hole:

$$\kappa = \frac{\langle \bar{O} \rangle - \langle O \rangle_{\min}}{\langle \bar{O} \rangle}$$

Spin autocorrelation function for
realistic chaotic systems:

$$h \leq J = 1$$



What is Many-Body Quantum Chaos?

1D Spin-1/2 Systems

Integrable system:

XXZ model

Poisson

$$H = \sum_{n=1}^{L-1} \frac{J}{4} (\Delta \sigma_n^z \sigma_{n+1}^z + \sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y)$$

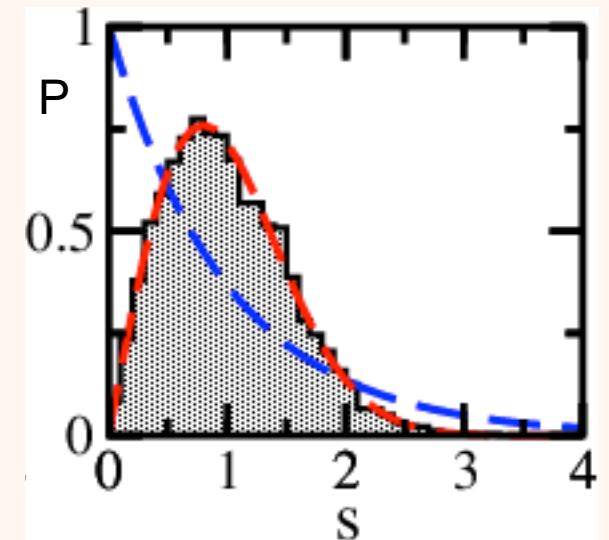
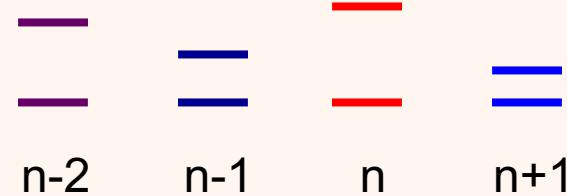
Ann. Phys. 529, 1600284 (2017)

Wigner-Dyson via disorder, further couplings...

$$H = \sum_{n=1}^L \frac{h_n}{2} \sigma_n^z + \sum_{n=1}^L \frac{J}{4} (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y + \Delta \sigma_n^z \sigma_{n+1}^z)$$

Random numbers

$$h_n \in [-h, h]$$



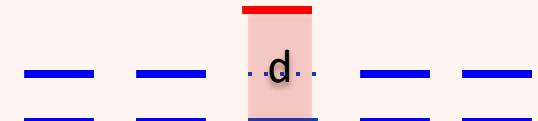
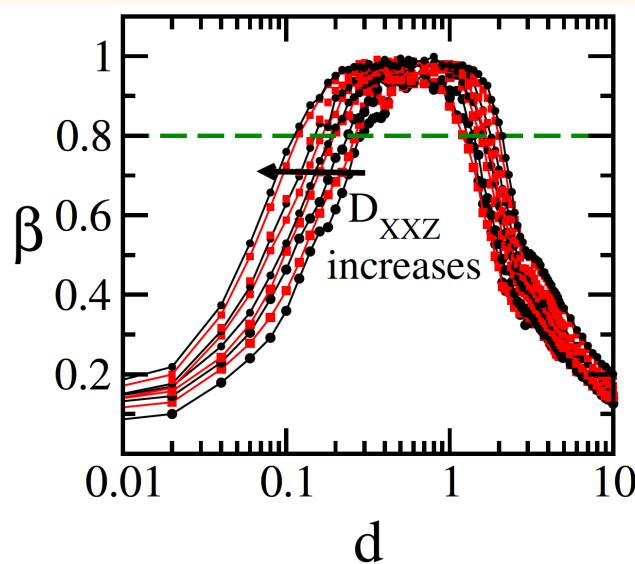
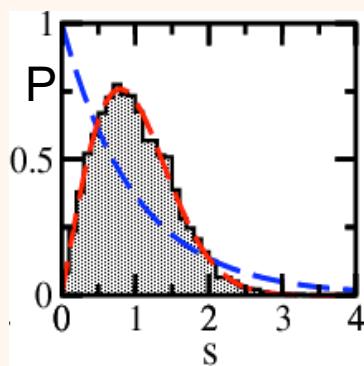
Speck of Chaos

Wigner-Dyson with a single defect!

$$H_{one} = \frac{d_{L/2}}{2} \sigma_{L/2}^z + \sum_{n=1}^{L-1} \frac{J}{4} (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y + \Delta \sigma_n^z \sigma_{n+1}^z)$$

$\beta \sim 1$ **chaos**

$$P_{WD}(s) = \frac{\pi s}{2} \exp\left(-\frac{\pi s^2}{4}\right)$$



LFS,
JPA **37**, 4723 (2004)

(local perturbation)

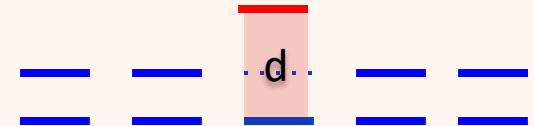
Gubin & LFS
AJP **80**, 246 (2012)

$$P(s) = (\beta + 1) b s^\beta \exp(-b s^{\beta+1})$$

Speck of Chaos
PRR **2**, 043034 (2020)
LFS, Bernal, Torres

Speck of Chaos

$$H_{one} = \frac{d_{L/2}}{2} \sigma_{L/2}^z + \sum_{n=1}^{L-1} \frac{J}{4} (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y + \Delta \sigma_n^z \sigma_{n+1}^z)$$



LFS,
JPA **37**, 4723 (2004)

Chaos: Level statistics, chaotic eigenstates,
diagonal and off-diagonal elements of \mathcal{O}

Chaos is the mechanism for **thermalization**

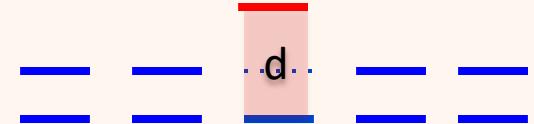
Chaos is the condition for the validity of ETH

Torres & LFS
PRE **89**, 062110 (2014)

Speck of Chaos
PRR **2**, 043034 (2020)
LFS, Bernal, Torres

Speck of Chaos

$$H_{one} = \frac{d_{L/2}}{2} \sigma_{L/2}^z + \sum_{n=1}^{L-1} \frac{J}{4} (\sigma_n^x \sigma_{n+1}^x + \sigma_n^y \sigma_{n+1}^y + \Delta \sigma_n^z \sigma_{n+1}^z)$$



LFS,
JPA **37**, 4723 (2004)

Chaos: Level statistics, chaotic eigenstates,
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Chaos is the condition for the validity of ETH

Torres & LFS
PRE **89**, 062110 (2014)

Ballistic quantum transport

Brenes, Mascarenhas,
Rigol & Goold
PRB **98**, 235128 (2018)

For instance, a small local perturbation suffices to make a system “chaotic” according to the LSD [level spacing distribution], despite transport remaining that of an integrable model (ballistic).

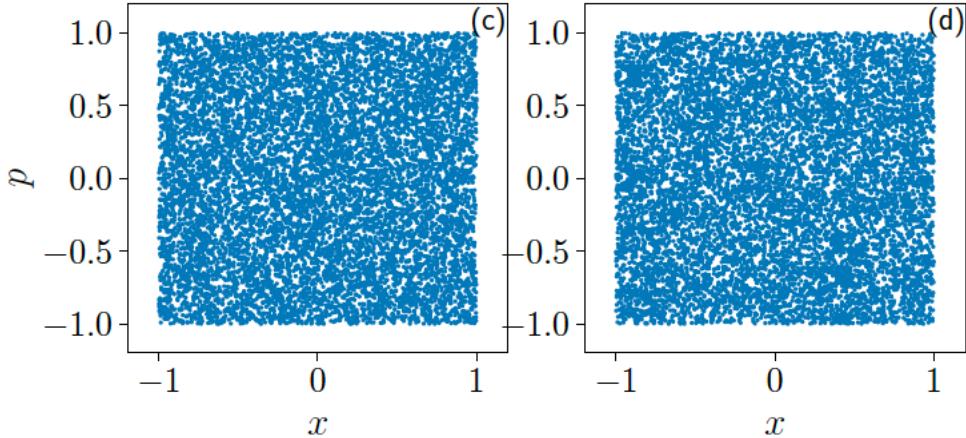
M. Znidaric
PRL **125**, 180605 (2020)

Wigner-Dyson vs Ergodicity

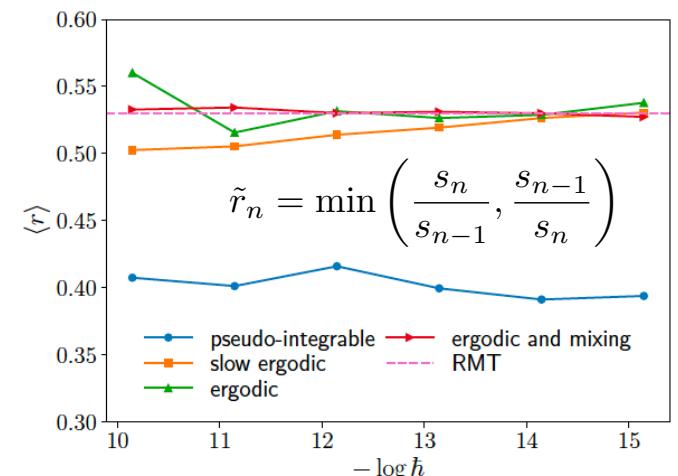
Statistical and dynamical properties of the quantum triangle map
Jiaozi Wang, Giuliano Benenti, Giulio Casati, Wen-ge Wang
JPA **55**, 234002 (2022)

We study the statistical and dynamical properties of the quantum triangle map, whose classical counterpart can exhibit ergodic and mixing dynamics, but is never chaotic. Numerical results show that ergodicity is a sufficient condition for spectrum and eigenfunctions to follow the prediction of Random Matrix Theory, even though the underlying classical dynamics is not chaotic.

Classical map is ergodic,
but Lyapunov exponent = zero



Quantum map shows
Wigner-Dyson distribution



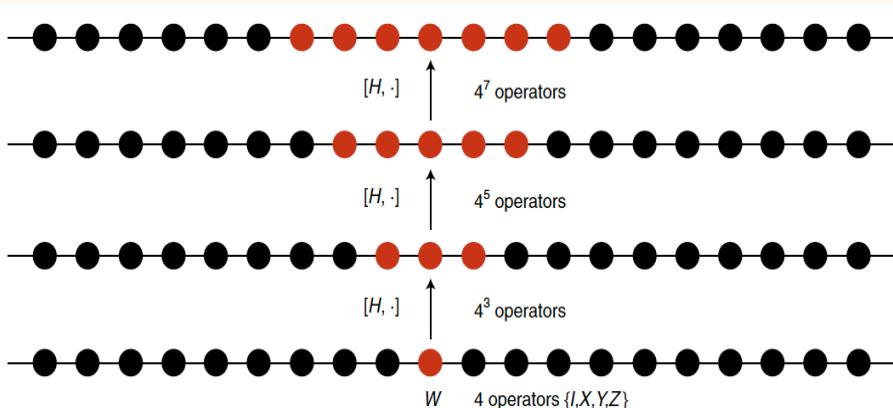
Spread of quantum information: OTOC

$$C(t) = \langle |[W(t), V(0)]|^2 \rangle$$

$$W(t) = \sigma_k^x(t); \quad V = \sigma_k^x$$

$$W(t) = e^{iHt} W e^{-iHt} \quad H = \dots \sigma_{k-1}^z \sigma_k^z + \sigma_k^z \sigma_{k+1}^z \dots$$

$W(t)$ spreads over many sites



(nested commutators)

$$W(t) = \sum_{\ell=0}^{\infty} \frac{(it)^{\ell}}{\ell!} [H, \dots [H, W], \dots]$$

OTOC measures this growth

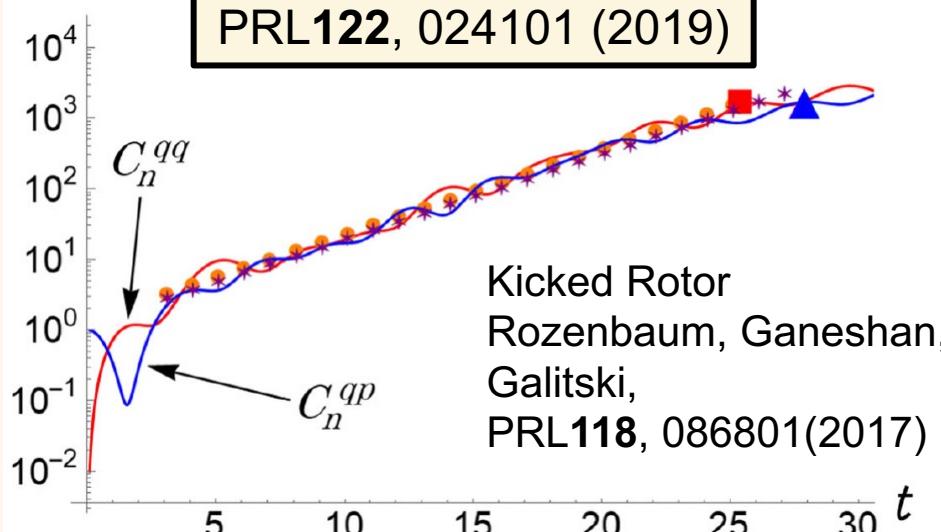
Out-of-time-ordered four-point correlator: OTOC

$$C(t) = \langle |[W(t), V(0)]|^2 \rangle$$

Spread of information

Exponential growth
due to **chaos**

Dicke Model
Chávez et al,
PRL **122**, 024101 (2019)



REGULAR system

Exponential growth at
critical points

PRB **98**, 134303 (2018)
PRL **123**, 160401 (2019)
PRE **101**, 010202(R) (2020)
PRL **124**, 140602 (2020)
JHEP **11**, (2020) 068

What is many-body quantum chaos?

Level statistics as in random matrix theory.

Diffusion.

Exponential growth of the OTOC.

Adiabatic Complexity.

Fidelity susceptibility: How sensitive a system's eigenstates are to small changes in the Hamiltonian.