

Hydro+

M. Stephanov



What is hydrodynamics?

- Coarse-grained finite T QFT.

Physics: evolution towards equilibrium.

Time-scale hierarchy:

- 1) local thermodynamic equilibration – fast;
- 2) achieving uniformity – slow.

Hydrodynamics – the description of that slower process.



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- This time-scale hierarchy is **controllable** (by wavenumber k).

The hydro degrees of freedom are **controllably** slow at long wavelengths (small k) because they are conserved.

- Let us focus on this scale hierarchy and see what happens when it breaks, **controllably**.

Parametrically slow local relaxation processes

What if there is a local process (or processes), whose relaxation rate Γ_s is *finite* but *parametrically*, i.e., **controllably**, small compared to typical local rate Γ ?

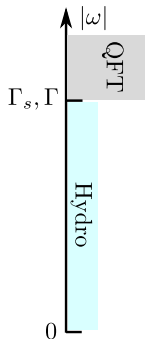
$$\Gamma_s \ll \Gamma$$

Examples:

- slow chemical processes
- slow e/w processes in QGP
- approximately conserved charge (axial, isospin, etc.)
- would-be Goldstone field of spontaneously broken approximate symmetry
- spin-orbit interaction for nonrelativistic spin
- equilibration at the critical point

Two regimes

- Hydrodynamic regime: $\omega \ll \Gamma_s, \Gamma$.
Breaks down when $\omega \sim \Gamma_s$.

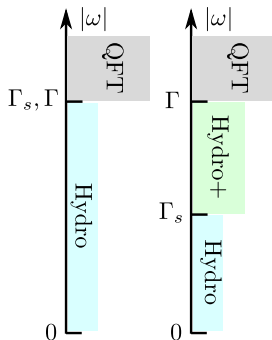


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for an effective theory with additional degree(s) of freedom, a.k.a. **Hydro+**
(Hydro+ description is also valid in hydrodynamic regime, of course.)



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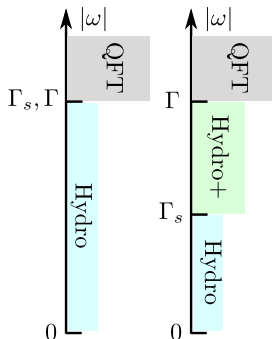
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- Unlike hydro variables these additional d.o.f. are not diffusive, i.e., they relax locally. But *very* slowly.
- E.g., Israel-Stewart hydrodynamics is *not* a Hydro+ theory unless the rate $1/\tau_{\Pi}$ is *parametrically/controllably* small.



- Let us introduce generic notation ϕ for such local field.
- On fast time scales $\omega \gg \Gamma_s$: driven by entropy $s_{(+)}(\varepsilon, \phi)$.

$$ds_{(+)} = \beta d\varepsilon - \pi d\phi, \quad \pi - \text{thermodynamic "force"}.$$

$$\pi = 0 \text{ in equilibrium and } s_{(+)}(\varepsilon, \phi)|_{\pi=0} = s(\varepsilon).$$

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 $\pi = 0$ in equilibrium and $s_{(+)}(\varepsilon, \phi)|_{\pi=0} = s(\varepsilon)$.
- New equation of motion (Second Law dictates $\gamma_s \geq 0$):
 $(u \cdot \partial)\phi = -\gamma_s \pi + \text{gradients}$
i.e. ϕ relaxes to equilibrium ($\pi = 0$) at rate $\Gamma_s = \gamma_s / \chi_s$,
where $\chi_s = (\partial\phi / \partial\pi)_\varepsilon$ is susceptibility.

Bulk viscosity

- However, the equilibrium value of ϕ could depend on ε , which evolves:

$$(u \cdot \partial)\varepsilon = -w(\partial \cdot u).$$

As a result bulk mode (expansion $\partial \cdot u$) and ϕ mix:

$$(u \cdot \partial)\pi = -\Gamma_s \pi - \frac{\beta p_\pi}{\chi_s} (\partial \cdot u)$$

where $p_\pi \equiv (\partial p_{(+)} / \partial \pi)_\varepsilon = -T w (\partial \phi / \partial \varepsilon)_\pi$ (Maxwell relation).

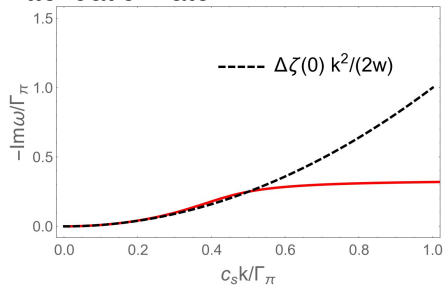
- Therefore, pressure is kept away from equilibrium:

$$p_{(+)} = p + p_\pi \pi = p - \frac{\beta p_\pi^2}{\chi_s} \frac{1}{\Gamma_s - i\omega} \underbrace{(\partial \cdot u)}_{\text{expansion rate}}$$

- Bulk viscosity: $\Delta\zeta = \frac{\beta p_\pi^2}{\chi_s \Gamma_s}$. In Hydro+: $\Delta\zeta(\omega) = \frac{\beta p_\pi^2}{\chi_s} \frac{\Gamma_s}{\Gamma_s^2 + \omega^2}$.

Sound attenuation and sound speed

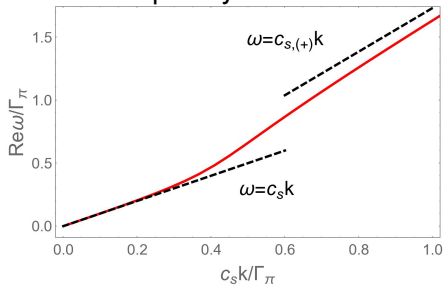
Attenuation rate



Hydro

Hydro+

Sound frequency



Hydro

Hydro+

When sound frequency and attenuation rate are both $\sim \Gamma_s$, hydrodynamics breaks down. Crossover to Hydro+ regime.

Attenuation rate $\Delta\zeta(\omega)k^2$ saturates, since $\Delta\zeta(\omega) \sim 1/\omega^2$.

Equation of state “stiffens”: $c_{s,(+)}^2 = c_s^2 + \Delta c_s^2 > c_s^2$.

Fluctuations and Hydro+

- Fluctuations at wavenumber q equilibrate at rate $\Gamma_s(q) \sim q^2$. They act as Hydro+ variables. Continuous spectrum of them.

- Each q contributes to $\Delta\zeta$ and the total contribution is **non-analytic** in ω due to small- q fluctuations:

$$\Delta\zeta(\omega) \sim \int d^3q \frac{\Gamma_s(q)}{\Gamma_s(q)^2 + \omega^2} \sim \underbrace{\Delta\zeta(0)}_{\xi^3 \text{ near C.P.}} - \underbrace{\mathcal{O}(\omega^{1/2})}_{\text{long-time tail}}$$

- Hydrodynamics with fluctuations (“hydrokinetics”) is a Hydro+ theory which accounts for these effects.
- Note: these non-analytic contributions to dissipation are of order $\Delta\zeta k^2 \sim \omega^{1/2} k^2 \sim k^{3/2} \gg k^2$.

I.e., fluctuation effects are larger than 2nd order gradients.

Real-time bulk response: hydro vs hydro+

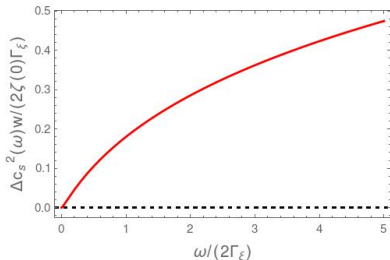
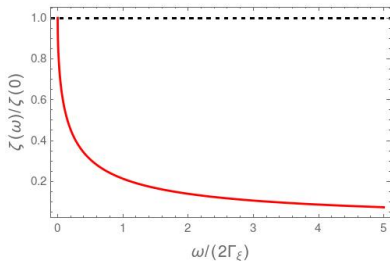
Characteristic Hydro-to-Hydro+ crossover rate $\Gamma_\xi = D\xi^{-2} \sim \xi^{-3}$.

● Dissipation is overestimated in hydro (---):

Only modes with $\omega \ll \Gamma_\xi$ experience large ζ .

● Stiffness of eos (sound speed) is underestimated (---):

Only modes with $\omega \ll \Gamma_\xi$ are critically soft ($c_s \rightarrow 0$ at CP).



Approximately conserved axial charge

● Constitutive equations:

MS, Yin, [1712.10305](#)

$$\partial_t n_V = \underbrace{\mathcal{O}(\nabla^2)}_{\text{diffusion}}; \quad \partial_t n_A = \underbrace{-\gamma_A \mu_A}_{\text{local relaxation}} + \mathcal{O}(\nabla^2)$$

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- But consider magnetic field \mathbf{B}

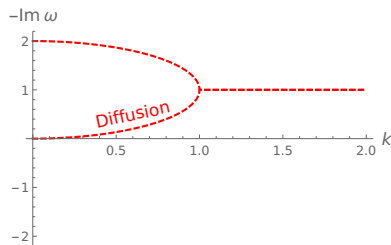
$$\partial_t n_V = -\nabla(C\mu_A \mathbf{B}); \quad \partial_t n_A = -\gamma_A \mu_A - \nabla(C\mu_V \mathbf{B});$$

Now n_A mixes with n_V . Well-known CMW phenomenon.

- The slow non-hydro rate is $\Gamma_s \equiv \Gamma_A = \gamma_A/\chi_A$.

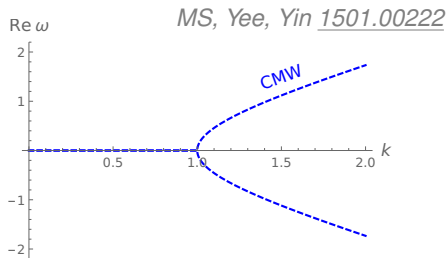
When $v_{\text{CMW}} k_{\parallel} \gg \Gamma_s$: $\omega_{\text{CMW}} = \pm v_{\text{CMW}} k_{\parallel} - i\Gamma_s/2$.

Two regimes



Hydro

Hydro+



Hydro

Hydro+

- $\omega \ll \Gamma_s$ – hydrodynamic regime (proper).

Diffusion: $\omega_V = -i \underbrace{\frac{v_{\text{CMW}}^2}{\Gamma_s}}_{\Delta D} k^2$, and non-hydro mode $\omega_A = -i\Gamma_s$.

- Similarity: $\Delta\zeta = w \frac{\Delta c_s^2}{\Gamma_s}$ and $\Delta\lambda = \chi_V \Delta D = \chi_V \frac{\Delta v_{\text{CMW}}^2}{\Gamma_s}$.

Spin hydrodynamics

- σ^i – spin density. EOM: $\partial_t \sigma^i = \epsilon^{ijk} \Theta^{[jk]}$.

Stress tensor has antisymmetric part:

$$\Theta^{ij} = p\delta^{ij} - \dots - \underbrace{\eta_s}_{\text{rotational viscosity}} \left(\underbrace{\partial^{[i} v^{j]}}_{\text{vorticity}} - \underbrace{\mu^{ij}}_{\text{spin chem. potential}} \right)$$

$\partial \mu^{ij} / \partial \sigma^k = \epsilon^{ijk} / \chi_s$ – where χ_s is spin susceptibility.

- Spin relaxation rate: $\Gamma_s = 2\eta_s / \chi_s$.

For heavy quarks: $\Gamma_s \sim g^4 \log(1/g) T^3 / M^2 \sim (T/M)^2 \Gamma \ll \Gamma$,

so there is Hydro+ regime

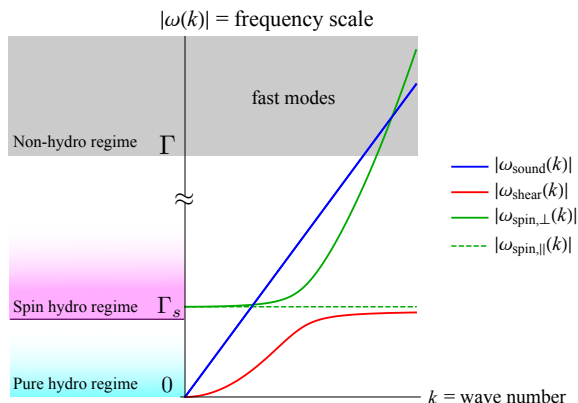
Hongo et al, [2201.12390](#)

- Linearised e.o.m.:

$$\left. \begin{aligned} (\partial_t + \Gamma_s) \boldsymbol{\sigma} &= \eta_s \nabla \times \mathbf{v}_\perp, \\ (\partial_t + \frac{\eta + \eta_s/2}{w} \nabla^2) \boldsymbol{\pi}_\perp &= \eta_s \nabla \times \boldsymbol{\mu}, \end{aligned} \right\} \text{Spin } (\boldsymbol{\sigma}) \text{ and shear } (\boldsymbol{\pi}_\perp) \text{ modes mix.}$$

Linear response spectrum

Hongo et al, [2107.14231](#)



Mixing is maximal when rates of shear diffusion and spin relaxation are similar, i.e., on the boundary of Hydro regime.

Hydro regime of spin hydrodynamics

- Unlike previous examples, no $1/\Gamma_s$ corrections to η , the limit of $\Gamma_s \rightarrow 0$ is smooth. (Mixing $\sim \eta_s \sim \Gamma_s$.)
- In Hydro regime spin d.o.f. can be removed by pseudo-gauge transformation. Stress tensor becomes symmetric.
- Certain 2nd order coefficients in constitutive relations must also change. For example:

$$\Delta T^{ij} = a_0 \delta^{ij} (\nabla \times \mathbf{v})^2 + a_1 \nabla^{[i} v^{k]} \nabla^{k} v^{j]}$$

These coefficients are nondissipative.

Li et al, [2011.12318](#)

Summary

- Hydrodynamics is a low-frequency **effective theory** and its validity is limited by the local relaxation rate $\omega \ll \Gamma$.
- If **controllably** slow local relaxation degrees of freedom exist, one can extend hydrodynamics into **Hydro+** regime $\Gamma_s \ll \omega \ll \Gamma$.
- Examples: (generic) bulk mode, fluctuations and long-time tails, approximate chiral symmetry, heavy quark spin.
- In the hydro regime ($\omega \ll \Gamma_s$) the presence of slow modes is manifested in contributions to transport coefficients $\Delta\zeta$, $\Delta\lambda$, etc. Typically singular (as $1/\Gamma_s$). But not always (see spin hydro).
Depends on how hydro modes mix with the slow hydro+ mode.