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# Effective theory approach to neutrinoless double beta decay

#### Vincenzo Cirigliano Los Alamos National Laboratory



### Outline

- Introduction:  $0\nu\beta\beta$  decay and Lepton Number Violation (LNV)
- Effective Field Theory (EFT) framework for LNV
- $0\nu\beta\beta$  from light Majorana  $\nu$  exchange in chiral EFT
  - "Neutrino potential" to LO and N2LO
  - A new leading short-range contribution
  - "Ultrasoft neutrinos" and closure approximation



- B-L conserved in SM  $\rightarrow 0\nu\beta\beta$  observation would signal new physics
  - Demonstrate that neutrinos are Majorana fermions
  - Establish a key ingredient to generate the baryon asymmetry via leptogenesis



Shechter-Valle 1982

Fukujgita-Yanagida 1987

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LNV dynamics at M >> TeV: leaves as the only low-energy footprint light Majorana neutrino



 $A \propto m_{\beta\beta} \equiv \sum_{i} U_{ei}^2 m_i$ 

Clear interpretation framework and sensitivity goals ("inverted hierarchy"). Requires difficult nuclear matrix elements: O(50%) uncertainty (spread)

Only limited class of models!

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Discovery potential and interpretation of null results depend on a different set of (equally uncertain) hadronic and nuclear matrix elements

### Effective theory framework

• Impact of  $0\nu\beta\beta$  searches most efficiently analyzed in EFT framework:

- I. Systematically classify sources of Lepton Number Violation and relate  $0\nu\beta\beta$  to other LNV processes (such as pp  $\rightarrow$  eejj at the LHC)
- Organize contributions to hadronic and nuclear matrix elements
   ⇒ controllable uncertainties



### EFT framework for $0\nu\beta\beta$



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# 0vββ from light Majorana neutrino exchange

V. Cirigliano, W. Dekens, E. Mereghetti, A. Walker-Loud, 1710.01729, to appear in Physical Review C

V. Cirigliano, W. Dekens, M. Graesser, E. Mereghetti, S. Pastore, J. de Vries, U. van Kolck 1802.10097, to appear in Physical Review Letters

### GeV-scale effective Lagrangian

• Weinberg dim-5 operator induces  $\Delta L=2$  operators at dim 3 & 9



 m<sub>ββ</sub> + CC weak interaction → usual "neutrino potential"

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• Weinberg dim-5 operator induces  $\Delta L=2$  operators at dim 3 & 9



•  $m_{\beta\beta}$  + CC weak interaction  $\rightarrow$  usual "neutrino potential"

 Arises from integrating out hard V's and gluons (q<sub>E</sub><sup>2</sup> >µ<sup>2</sup>): first hint that there is "short distance" physics even in the light V<sub>M</sub> mechanism

### From quarks to hadrons

- At  $E \sim \Lambda_{\chi} \sim GeV$ , "integrate out" hard v's and gluons (E,  $|\mathbf{p}| > \Lambda_{\chi}$ )
- Map  $\Delta L=2$  Lagrangian onto  $\pi$ , N operators, organized according to power-counting in  $Q/\Lambda_{\chi}$  (Q ~  $k_F$  ~  $m_{\pi}$ )



V. Cirigliano, W. Dekens, E. Mereghetti, A. Walker-Loud, 1710.01729, to appear in Physical Review C
 V. Cirigliano, W. Dekens, J. de Vries M. Graesser, E. Mereghetti 1708.09390, published in JHEP

### From hadrons to nuclei

• Integrate out V's and  $\pi$ 's with  $(E,|p|) \sim Q$  and  $(E,|p|) \sim (Q^2/m_N, Q)$ 





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Strong interactions  $\begin{aligned} \text{``Ultra-soft'' (e, V) with } |\mathbf{p}|, \mathbf{E} << \mathbf{k}_{\mathsf{F}} \text{ cannot be integrated out} \\ H_{\text{Nucl}} = H_0 + \sqrt{2}G_F V_{ud} \,\bar{N} \left(g_V \delta^{\mu 0} - g_A \delta^{\mu i} \sigma^i\right) \tau^+ N \,\bar{e}_L \gamma_\mu \nu_L + 2G_F^2 V_{ud}^2 \,\bar{e}_L e_L^c \, V_{I=2} \end{aligned}$ 

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It can be identified to a given order in  $Q/\Lambda_x$  by computing 2-nucleon amplitudes



• Leading Order:

$$V_{\nu,0}^{(a,b)} = \tau^{(a)+} \tau^{(b)+} \left\{ \frac{1}{\mathbf{q}^2} \left\{ 1 - g_A^2 \left[ \boldsymbol{\sigma}^{(a)} \cdot \boldsymbol{\sigma}^{(b)} - \boldsymbol{\sigma}^{(a)} \cdot \mathbf{q} \, \boldsymbol{\sigma}^{(b)} \cdot \mathbf{q} \, \frac{2m_\pi^2 + \mathbf{q}^2}{(\mathbf{q}^2 + m_\pi^2)^2} \right] \right\}$$

Hadronic input is g<sub>A</sub>



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Assume for the moment Weinberg counting for contact 4N interactions 
$$(1/\Lambda_X^2)$$



• N<sup>2</sup>LO:

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I. Corrections to I-body currents (radii, magnetic moments, ...) usually taken into account via nucleon form factors



• N<sup>2</sup>LO:

$$V_{\nu,2}^{(a,b)} = \tau^{(a)+} \tau^{(b)+} \left( \mathcal{V}_{VV}^{(a,b)} + \mathcal{V}_{AA}^{(a,b)} + \tilde{\mathcal{V}}_{AA}^{(a,b)} \log \frac{m_{\pi}^2}{\mu_{us}^2} + \mathcal{V}_{CT}^{(a,b)} \right)$$

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2. Pion loops & local interactions: new, non-factorizable piece

V. Cirigliano, W. Dekens, E. Mereghetti, A. Walker-Loud, 1710.01729

Representative loop diagrams



• N<sup>2</sup>LO:

$$V_{\nu,2}^{(a,b)} = \tau^{(a)+} \tau^{(b)+} \left( \mathcal{V}_{VV}^{(a,b)} + \mathcal{V}_{AA}^{(a,b)} + \tilde{\mathcal{V}}_{AA}^{(a,b)} \log \frac{m_{\pi}^2}{\mu_{us}^2} + \mathcal{V}_{CT}^{(a,b)} \right)$$

$$\mathcal{V}_{VV}^{(a,b)} = -\frac{g_A^2}{(4\pi F_\pi)^2} \frac{\sigma^{(a)} \cdot \mathbf{q} \, \sigma^{(b)} \cdot \mathbf{q}}{m_\pi^2} \times \left\{ \frac{2(1-\hat{q})^2}{\hat{q}^2(1+\hat{q})} \log\left(1+\hat{q}\right) - \frac{2}{\hat{q}} + \frac{7-3\hat{q}L_\pi}{(1+\hat{q})^2} + \frac{L_\pi}{1+\hat{q}} \right\}$$
$$\hat{q} = -q^2/m_\pi^2 \qquad \qquad L_\pi = \log\frac{\mu^2}{m_\pi^2}.$$

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• To define  $V_{\nu}$ , need to subtract contribution from ultrasoft V's





• N<sup>2</sup>LO:

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• Loops are UV divergent: need LECs encoding physics at  $E \ge GeV$ 

$$\mathcal{V}_{CT}^{(a,b)} = \frac{g_A^2}{(4\pi F_\pi)^2} \frac{\boldsymbol{\sigma}^{(a)} \cdot \vec{q} \, \boldsymbol{\sigma}^{(b)} \cdot \vec{q}}{m_\pi^2} \left[ \frac{5}{6} g_\nu^{\pi\pi} \frac{\hat{q}}{(1+\hat{q})^2} - g_\nu^{\pi N} \frac{1}{1+\hat{q}} \right] - g_\nu \mathbf{1}^{(a)} \times \mathbf{1}^{(b)}$$

 $g_v \sim I/(4\pi F_{\pi})^2$ in NDA / Weinberg counting

### Scaling of contact 4N operators

- We know that Weinberg counting is not consistent for NN scattering
- $m_{\pi}$  dependence of short-range nuclear force should be N<sup>2</sup>LO

$$\mathcal{L} = -C \bar{N}N\bar{N}N - \frac{m_{\pi}^2}{(4\pi F_{\pi})^2} D_2 \bar{N}N\bar{N}N$$
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• But UV divergence of the LO amplitude requires promoting it to LO!

Kaplan-Savage-Wise nucl-th/9605002

#### PHYSICAL REVIEW LETTERS VOL..XX, 000000 (XXXX)

**Editors' Suggestion** 

Featured in Physics

#### New Leading Contribution to Neutrinoless Double- $\beta$ Decay

Vincenzo Cirigliano,<sup>1</sup> Wouter Dekens,<sup>1</sup> Jordy de Vries,<sup>2</sup> Michael L. Graesser,<sup>1</sup> Emanuele Mereghetti,<sup>1</sup> Saori Pastore,<sup>1</sup> and Ubirajara van Kolck<sup>3,4</sup>

• Study UV divergences in  $nn \rightarrow ppee$  amplitude, with LO strong potential

$$V_{\text{strong}}(r) = \tilde{C}\,\delta^{(3)}(\mathbf{r}) + \frac{g_A^2 m_\pi^2}{16\pi F_\pi^2} \frac{e^{-m_\pi r}}{4\pi r}$$



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• Renormalization requires contact LNV operator at LO!



• The coupling scales as  $g_v \sim 1/F_{\pi^2} >> 1/(4\pi F_{\pi})^2$ , same order as  $1/q^2$  from tree-level neutrino exchange

### If you don't like Feynman diagrams...

- Same conclusion obtained by solving the Schroedinger equation
  - Use smeared delta function to regulate short range strong potential

$$\delta^{(3)}(\mathbf{r}) \rightarrow \frac{1}{\pi^{3/2} R_S^3} e^{-\frac{r^2}{R_S^2}}$$

Compute amplitude

$$\mathcal{A}_{\nu} = \int d^3 \mathbf{r} \psi_{\mathbf{p}'}^{-}(\mathbf{r}) V_{\nu}(\mathbf{r}) \psi_{\mathbf{p}}^{+}(\mathbf{r})$$

• Logarithmic dependence on  $R_S \Rightarrow$ need LO counterterm  $g_v \sim 1/F_{\pi^2} \log R_S$  to obtain physical, regulatorindependent result



### Estimating the LECs (I)



V. Cirigliano, W. Dekens, E. Mereghetti, A. Walker-Loud, 1710.01729

- LECs can be fixed by matching  $\chi$ EFT to lattice QCD calculation
- Need to calculate matrix elements of a non-local effective action

$$S_{\text{eff}}^{\Delta L=2} = \frac{8G_F^2 V_{ud}^2 m_{\beta\beta}}{2!} \int d^4x d^4y \ S(x-y) \times \bar{e}_L(x) \gamma^{\mu} \gamma^{\nu} e_L^c(y) \times T\left(\bar{u}_L \gamma_{\mu} d_L(x) \ \bar{u}_L \gamma_{\nu} d_L(y)\right)$$
  
Scalar massless propagator 
$$g^{\mu\nu} \bar{e}_L(x) e_L^c(x) + \dots$$

### Estimating the LECs (2)

• LECs can be fixed by relating them to EM LECs (hard  $\gamma$  exchange)

V. Cirigliano, W. Dekens, E. Mereghetti, A. Walker-Loud, 1710.01729

$$\langle e_1 e_2 h_f | S_{\text{eff}}^{\Delta L=2} | h_i \rangle = \frac{8G_F^2 V_{ud}^2 m_{\beta\beta}}{2!} \int d^4 x \ \langle e_1 e_2 | \bar{e}_L(x) e_L^c(x) | 0 \rangle \int \frac{d^4 k}{(2\pi)^4} \frac{g^{\mu\nu} \hat{\Pi}_{\mu\nu}^{++}(k,x)}{k^2 + i\epsilon} ,$$
  
$$\hat{\Pi}_{\mu\nu}^{++}(k,x) = \int d^4 r \ e^{ik \cdot r} \ \langle h_f | T \Big( \bar{u}_L \gamma_\mu d_L(x+r/2) \ \bar{u}_L \gamma_\mu d_L(x-r/2) \Big) | h_i \rangle .$$

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- Neutrino propagator  $\Leftrightarrow \gamma$  propagator in Feynman gauge
- ΔL=2 amplitude related by chiral symmetry to I=2 component of electromagnetic amplitude ( JEM × JEM )

### $0\nu\beta\beta$ vs EM isospin breaking



 $Q_L =$ 



Two I=2 operators involving four nucleons
 (See also Walzl-Meißner-Epelbaum nucl-th/0010109)

$$\begin{array}{l} \mathsf{EM case} \\ = \frac{\tau^z}{2}, \mathcal{Q}_R = \frac{\tau^z}{2} \end{array} \left| \begin{array}{c} e^2 C_1 \left( \bar{N} \mathcal{Q}_L N \bar{N} \mathcal{Q}_L N - \frac{\mathrm{Tr}[\mathcal{Q}_L^2]}{6} \bar{N} \tau N \cdot \bar{N} \tau N + L \to R \right) \\ e^2 C_2 \left( \bar{N} \mathcal{Q}_L N \bar{N} \mathcal{Q}_R N - \frac{\mathrm{Tr}[\mathcal{Q}_L \mathcal{Q}_R]}{6} \bar{N} \tau N \cdot \bar{N} \tau N + L \to R \right) \\ \end{array} \right| \begin{array}{c} \mathcal{Q}_L = u^{\dagger} \mathcal{Q}_L u \\ \mathcal{Q}_R = u \mathcal{Q}_R u^{\dagger} \\ u = 1 + \frac{i\pi \cdot \tau}{2F_{\pi}} + \dots \end{array}$$

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 $\Delta L=2 \text{ case}$  $Q_L = \tau^+, Q_R = 0$ 

$$8G_F^2 V_{ud}^2 m_{\beta\beta} \bar{e}_L e_L^c \ g_{\nu} \left( \bar{N} Q_L N \bar{N} Q_L N - \frac{\mathrm{Tr}[Q_L^2]}{6} \bar{N} \tau N \cdot \bar{N} \tau N + L \to R \right)$$

• Chiral symmetry  $\Rightarrow g_{v} = C_{I}$ 

### $0\nu\beta\beta$ vs EM isospin breaking

 NN observables cannot disentangle C<sub>1</sub> from C<sub>2</sub> (need pions), but provide data-based estimate of C<sub>1</sub>+C<sub>2</sub>

- C<sub>1</sub> + C<sub>2</sub> controls IB combination of <sup>1</sup>S<sub>0</sub> scattering lengths a<sub>nn</sub> + a<sub>pp</sub> - 2 a<sub>np</sub>
- Fit to data, including Coulomb potential, pion EM mass splitting, and contact terms confirms that  $C_1 + C_2 \sim 1/F_{\pi^2} >> 1/(4\pi F_{\pi})^2$





- Assume  $C_1=C_2$  and hence  $g_{\nu}=(C_1+C_2)/2$  at some scale  $R_s$ between 0.02 and 0.8 fm, with  $C_1+C_2$  fit to NN data
- $A_{NN}+A_{v}$  is  $R_{s}$  (or  $\mu$ ) independent
- $A_{NN}/A_{v} \sim 10\%$  (30%) at  $R_{s}\sim 0.8$  fm (0.3 fm) \*\*
- \*\* Actual correction will be different because in general C1≠C2

$$A = \int dr \rho(r)$$

$$nn \rightarrow pp$$

∆I=0



- Anatomy of this result: look at "matrix-element density" as function of inter-nucleon distance
- What about nuclei?
- We explored the impact on light nuclei with wavefunctions obtained via Variational Monte Carlo from AV18 (NN) + U9 (NNN) potentials



- Hybrid calculation at this stage: can't expect R<sub>s</sub>-independence
- $g_v \sim (C_1 + C_2)/2$  taken from fit to NN data (ours vs Piarulli et al. 1606.06335)



Transitions of experimental interest (<sup>76</sup>Ge  $\rightarrow$  <sup>76</sup>Se, ... ) have  $\Delta I=2$  $\Rightarrow$  m<sub>\beta\beta\beta phenomenology can be significantly affected!</sub>

# Anatomy of 0vββ amplitude in chiral EFT

Figure adapted from Primakoff-Rosen 1969



• Leading amplitude controlled by ground state matrix element of  $V_{v,0}$ 



New short range contribution

Figure adapted from Primakoff-Rosen 1969



- Leading amplitude controlled by ground state matrix element of  $V_{\nu,0}$
- Modulo contact term, standard analysis agrees with  $V_{\nu,0}$  if use closure and neglect  $\overline{E}$   $E_i$

$$\sum_{n} \frac{\langle f | J^{\mu}(\mathbf{q}) | n \rangle \langle n | J_{\mu}(-\mathbf{q}) | i \rangle}{|\mathbf{q}| (|\mathbf{q}| + E_n - E_i)} \longrightarrow \frac{\langle f | J^{\mu}(\mathbf{q}) J_{\mu}(-\mathbf{q}) | i \rangle}{|\mathbf{q}| (|\mathbf{q}| + \bar{E} - E_i)} \longrightarrow \langle f | \frac{J^{\mu}(\mathbf{q}) J_{\mu}(-\mathbf{q})}{|\mathbf{q}|^2} | i \rangle$$

$$|\mathbf{q}| \gg E_n - E_i$$

Figure adapted from Primakoff-Rosen 1969



- N2LO amplitude (1):
  - Factorizable corrections to I-body currents (radii,, ...)
  - Ground state matrix element of  $V_{\nu,2} \sim V_{\nu,0} (k_F/4\pi F_{\pi})^2$ New non-factorizable effects as large as form-factor effects\*\*

\*\* S. Pastore, J. Carlson, V. Cirigliano, W. Dekens, E. Mereghetti, R. Wiringa 1710.05026, published in PRC

#### Figure adapted from Primakoff-Rosen 1969



• N2LO amplitude (2): ultrasoft V loop suppressed by  $(E_n - E_i)/(4\pi k_F)$ 

$$T_{\text{usoft}}(\mu_{\text{us}}) = \frac{T_{\text{lept}}}{8\pi^2} \sum_{n} \langle f|J_{\mu}|n\rangle \langle n|J^{\mu}|i\rangle \left\{ (E_2 + E_n - E_i) \left( \log \frac{\mu_{\text{us}}}{2(E_2 + E_n - E_i)} + 1 \right) + 1 \leftrightarrow 2 \right\}$$

- Ultrasoft neutrinos couple to nuclear states: sensitivity to  $E_n E_i$ and  $\langle f | J_{\mu} | n \rangle \langle n | J^{\mu} | i \rangle$  that also determine  $2\nu\beta\beta$  amplitude
- $\mu_{us}$  dependence cancels with  $V_{v,2}$ . Non-trivial consistency check!

#### Figure adapted from Primakoff-Rosen 1969



Note: 2-body x I-body currents terms start at N3LO



From J. Engel's talk at INT, March 2018

### Conclusions

- Chiral EFT analysis of light  $V_M$  exchange contribution to  $0\nu\beta\beta$ 
  - Identified potential to LO and N<sup>2</sup>LO
  - Key new result: leading order contact nn  $\rightarrow$  pp operator. LEC enhanced by  $(4\pi)^2$  versus naive dimensional analysis. O(1) impact on sensitivity to m<sub>\beta\beta</sub>
  - Corrections to "closure approximation" from "ultrasoft" neutrinos parameterized in terms  $E_n E_i$  and  $\langle f ||\mu|n \rangle \langle n||\mu|i \rangle$
- Outlook / future work:
  - Determination of LO coupling: match to lattice QCD, I=2 EM observables, models...
  - Scaling of contact nn  $\rightarrow$  pp operators with derivatives